



# THE PROFESSIONAL EXCHANGE



## INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage and Family Therapists)

APRIL 2008

### MONTHLY MEETING

April 25, 2008

Coffee and Networking: 8:00 am  
Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic  
164 W. Hospitality Ln. Suite 15  
San Bernardino, CA. 92408

### **Autism Spectrum Disorder(ASD): How to interview, assess, differentiate and treat within the family system.**

Tony Brandon, PhD.

Antonius D. Brandon was educated in Theology, Marriage and Family Therapy and Psychology. Dr. Brandon is a Psychologist with specializations in Marital & Family Therapy and Pediatric Neuropsychological. He was a teacher in the Marriage and Family Therapy Program at Loma Linda University from 1980 to 1998 and has maintained a private practice since 1979. Dr. Brandon is an international lecturer who has presented specialized topics on marital and family matters on four continents. This presentation will focus on current significant factors for MFTs working directly with clients or assisting family support systems.

#### Objectives:

1. Clarify the essential features of the disorders identified under the heading of Autism Spectrum Disorders (ASDs)
2. Review the current ways and means of diagnosing ASDs
3. Explore challenges encountered by a family living with a member with an ASD
4. Overview the multidimensional demands of a systemic therapeutic response to ASD

2 hours CEUs (free for members—\$10 for non members)

#### CHAPTER EVENTS TO REMEMBER

April 25, 2008	New Officer's Installation Lunch Join us at the Olive Garden
May 1-4, 2008	CAMFT's Annual Conference
May 23, 2008	Psychotherapy with men - Issues and Interventions by Tom Elliott
June 27, 2008	Using the Myers Briggs Personality Inventory in therapy by Lu Ann Ahrens, LMFT

#### BOARD OF DIRECTORS

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Garry Raley (951) 640-5899

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## *Welcome James!*

Our new board has been elected and we are privileged to have James Billings as our new President. Our chapter is organized such that we have opportunities for formal and informal positions. Our by-laws specify that the BOARD will include:

Past President

President

President Elect

Secretary

Membership Chair(s)

Financial Officer

Board Members at Large (2 Licensed)

Board Member at Large (1 Licensed)

Our chapter is fortunate to have James, Ruth, Tomoko, Pam/Ginger, Ben, Carolyn and Sarah committing their time and skills to advance our profession in the Inland Empire.

There are other key positions that are critical to our Mission. These include:

Newsletter: Heather

Trauma Response Team: Carolyn

Program Chair: Sheri

Webmaster: Do you want to contribute?

## Networking/Hospitality: Wendy

One of the areas of expertise not covered in all the mandated training for MFTs is "Leadership". State CAMFT tries to bridge the need by offering Leadership Conferences FREE for all members. The next one is in Southern CA in February. If you have adjusted your life and thinking to only allow CLINICAL processes, consider attending and being a chapter leader as "advanced practicum in case management and coordination with collateral services".

This is my last column, but I'm not going anywhere as long as the Force be with me. We have noted that there are certain tasks and responsibilities that are most critical to our special chapter. My thanks to Pam, Sheri, James, Ben, Carolyn, Wendy, Patrick, Tomoko, and Ginger for all your hard work and support this year. Also, a special thanks to Heather Bryga for taking on the responsibility of the newsletter. My wish is that you get this news earlier and better next month!

See you on the 25th.

*Best Wishes*

*Garry*

## **PRESIDENTS MESSAGE**

## NEWSLETTER ARTICLES

As a reminder, if you have an article you would like to submit to the newsletter, please e-mail it to the newsletter editor by the last day of the month. Send to: [hbryga@familyservicervca.org](mailto:hbryga@familyservicervca.org)

The newsletter is e-mailed (unless a hard copy has been requested) to all members.





# Trauma Response Network

Diane Myer's

*In the Eye of the Storm...Essentials for Disaster Mental Health*

Update and outcome -- Want good news or bad news first? I'll do the bad first:

There were a few irritating things about the hotel (e.g. ladies bathroom didn't work the second day and we had to use designated empty guest rooms, had to ask for tables to put our used dishes on, etc L ). But we were able to work with the hotel and they were apologetic and willing to work with us. They offered, and we accepted to receive cookies both afternoons. I asked for and received a partial refund for their set up charges, so it all worked out and everyone rolled with the hiccups. Oh wait, this turned out to be good news! Guess there isn't any bad news! J And as Diane commented, if we can't handle these situations we need to rethink our readiness to be doing disaster response work!

We had a terrific group of people (all were women except one man—good for him) who attended our March 14 and 15, 2008 training class. The class consisted of mostly MFTs and MFT interns although the class also included members from the nursing field and a chaplain. All of you who attended were terrific participants and you asked relevant questions. People came with varying levels of training and experience responding to disasters. Some have already done this training and came for a refresher and to learn new/updated information. Some came to check trauma response as a possible interest and still others came to get the training to work in trauma response mental health. Thank you all for attending – you made it a success!

Diane Myers did a wonderful presentation and has a gentle but confident style for presenting the needed information. As she said, she isn't there to shock people and before some slides she told us what we would see. I learned a lot from Diane's class and from comments attendees made to me I know they did too. People were actually thanking me for bringing her to their area and went so far as to say if we have her back for another class to let them know! Clearly Diane is a well received speaker and definitely the expert in traumatology.

I'm proud of our chapter for the risk taken in making this class available. While I was the one there and in line to receive the thanks, the thanks actually go to our outstanding IE-CAMFT chapter. To our board members – THANK YOU!

Carolyn Dodd, LMFT

Trauma Response Network Coordinator



### Give An Hour

Therapists who wish to donate counseling services to a veteran may do so by accessing [www.giveanhour.org](http://www.giveanhour.org). Veterans receive services provided pro bono by the therapist and in exchange the veteran chooses from a list of community agencies where they may volunteer their time.

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### CHECK THIS OUT

May 22, 2008

Conference on Teens

by:

FSA & California Baptist College

951-686-3706

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### CALL for RESOURCES

If you have experience treating families with military service (with or without PTSD expertise) call or email State CAMFT to provide contact information and services you provide.

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### Psychodrama Classes

Wesley Lounge of the University United Methodist Church

940 E. Colton Ave., Redlands

Friday evenings: 7:30 PM

Free to attendees. CEU credits available.

For information, contact Don Miller at 909.798.2765

## CAMFT 2008 Annual Conference

May 1– 4, 2008 Marriott Los Angeles Airport

### Controversy: Current Debates Within a Changing Profession

Chapter members registering simultaneously in a group of 10 or more for the Full Conference (Thurs-Sun) can save up to \$40 per registration.

### Marriott Los Angeles Airport

CAMFT's Group Rate at the Marriott Los Angeles Airport is now \$139. Please make your reservations early, as rooms may sell out quickly. Guest Room Reservations (800)228-9290. Please identify yourself as a CAMFT Conference attendee to receive this special rate. Conference rate deadline is April 9, 2008.

Logon to [www.camft.org](http://www.camft.org) or call (888) 892-2638 to register



### MEMBERSHIP INFORMATION

Membership to the Inland Empire Chapter of CAMFT requires a membership to CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, contact Pam Hart or any of the board members for assistance. Phone numbers are on the first page of the newsletter.



**CLASSIFIED ADS****Office Space**

Serene private inner office for lease in Corona with waiting room, utilities included and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066

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**Therapist Needed**

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680 Cell

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**Olive Branch Counseling**

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030

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**Licensed MFT, LCSW, or Ph.D.**

For clinical position in Apple Valley, CA Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511

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**Volunteer MFT Intern** needed immediately for Claremont Unified High School seeing students during the school day until June. No pay but lots of hours. Flexible schedule available. Contact Catherine at ccaporal@aol.com

**Office Space**

521 W. Citrus Ave., Redlands  
Small house in downtown Redlands on the West side of the Mall. The house has two offices, a small waiting room, kitchen, secretary/copier/filing area, and bathroom. Office for rent is 11'3" X 15'3". The house is networked for computer, fax/ copier/printer/scanner in the secretary's area. Pleasant yard with trees. Clients seem to enjoy the "homey" atmosphere. Parking for two clinicians. Not much traffic, so good sense of privacy for clients. Single renter preferred. Sublet possible. Call Beth McGuire at 909.793.7064 or 909.831.6377

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We deal with your insurance companies

**We make life easier for you!!!!**

Liz Scudder @ [Escudder4@aol.com](mailto:Escudder4@aol.com)

(562) 335-7167 – Mobile

**OFFICE SPACE**

Peaceful and stylish furnished inner office for lease in Redlands with waiting room, utilities included and easy I-10 freeway access. Office can be used 7:00-10:00 mornings, all day Fridays, and weekends at \$65.00 a day. Another office in suite is unfurnished and available for full time use at \$600.00 a month utilities and waiting room included.  
(909)226-5541

**DISPLAY ADS RATES**BUSINESS CARD SIZE

<u>Members</u>	<u>Non-members</u>
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\$10	\$20
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1/4 PAGE:

\$20	\$40
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**CLASSIFIED AD RATES**

MEMBERS: FREE

NON MEMBERS

ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF - \$90

12 MONTHS: 40% OFF - \$144

All advertisements are provided by the subscriber or purchasing party. IE-CAMFT does not warrant or guarantee any party or advertisement.

## Assessment Processes for Autism Spectrum Disorders: Purpose and Procedures

Contributed by  
Johanna Lantz  
Graduate Assistant

Considering the heterogeneity of characteristics associated with autism spectrum disorders, it is not surprising that questions often arise about how best to evaluate children with this diagnosis. Thorough assessment depends on information gathered through a variety of methods and relies on the collaboration of many individuals including, professionals, family members, and educators. There is not a single test that when used alone can provide a definitive diagnosis of an autism spectrum disorder, or that can guide effective intervention planning. Assessment is a *process* that may serve a variety of purposes and involve a number of different procedures.

### Purposes of Assessment

The first step in the assessment process is to consider the purpose of the evaluation. The purpose of the assessment will likely depend on the referral question, source of referral (e.g., parent, teacher, other professionals), and setting (e.g., school, clinic, residential placement). Screening for early indicators of autism spectrum disorder is one potential purpose of assessment. Another reason to conduct an evaluation would be for diagnostic purposes. A diagnosis of a Pervasive Developmental Disorder, which includes Autistic Disorder, Asperger Disorder, and Pervasive Developmental Disorder-Not Otherwise Specified, is usually based on criteria from the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV-TR; APA, 2000). Assessment for the purpose of diagnosis typically occurs in clinics or private practices and is led by psychiatrists, psychologists, or physicians. Psychologists employed by schools may also conduct a diagnostic assessment for the purpose of establishing eligibility for special education services. Another purpose of assessment could be to measure a child's cognitive and academic strengths and weaknesses, and/or emotional health. Often this type of assessment provides the best information for intervention and curriculum planning. Finally, assessment procedures may be used to document intervention efficacy or for research purposes. To summarize, the purposes of assessment are as follows:

- Screening
- Diagnosis/Identification
- Qualification for Services
- Assessment of Strengths, Weaknesses, and/or Emotional Health
- Intervention or Curriculum Planning

### Documentation of Intervention Efficacy/Research

The entire article is at: <http://www.iidc.indiana.edu/irca/ServArticles/AccessProcess.html>

REMINDER: IE– CAMFT Dues are Renewed April 1st.

See Page 7 to complete renew your membership for the exciting year.





**MEMBERSHIP APPLICATION**

**Inland Empire - CAMFT**

Name and Degree \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

Telephone Number ( ) \_\_\_\_\_ Fax Number ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Business Name \_\_\_\_\_ Business Telephone Number ( ) \_\_\_\_\_

**MEMBERSHIP CATEGORIES (CHECK ONE)**

\_\_\_\_\_ Clinical (Licensed).....\$40

\_\_\_\_\_ Prelicensed (Trainee, Intern, Social Worker Associate.....\$25

\_\_\_\_\_ Associate (Licensed in a related mental health field).....\$40

\_\_\_\_\_ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # \_\_\_\_\_

Must be a member of CAMFT to join the local chapter, unless Affiliate member)

Dues are paid annually in **April**. MAKE CHECKS PAYABLE TO IE-CAMFT

Send this form with check to: Inland Empire Chapter of CAMFT  
9708 SVL Box  
Victorville, CA. 92392



**IE-CAMFT Mission Statement**

**We are professional visionaries dedicated to providing training, networking and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.**



INLAND EMPIRE CHAPTER OF  
CAMFT NEWS

Inland Empire—CAMFT  
9708 SVL Box  
Victorville, CA. 92392

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We're on the Web!  
[www.ie-camft.org](http://www.ie-camft.org)

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**COMMITTEE POSITIONS**

***Hospitality:*** Pam Hart – (760) 900-3852

***Networking Lunches/Socials:*** Wendy Hallum – (909) 239-8051

***Newsletter Editor:*** Heather Bryga - (951) 369-0773

[hbryga@familyservicerivca.org](mailto:hbryga@familyservicerivca.org)

***Program Chair:*** Sheri Rambharose – (951) 778-3970

***Trauma Response Network Chapter Coordinator:*** Carolyn Dodd

(951) 212-5003

***Webmaster:***

If you are interested in serving on a committee, please contact Garry Raley or any board member

**Get involved! It's fun and your input helps the chapter stay strong.**

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Victorville, CA 92392