



THE PROFESSIONAL EXCHANGE IE-CAMFT

IE-CAMFT
Newsletter
April 2012

California Association of Marriage & Family Therapists — Inland Empire

IE-CAMFT Meeting Friday April 27, 2012

"Take It From The Top" Yearly CAMFT update

Speaker: Jill Epstein, JD

Objectives of Presentation:

1. Gain an overview of efforts currently receiving focus and energies of CAMFT
2. Gain an understanding of how you might participate directly in CAMFT.
3. Use this event as an opportunity to directly tell the management of CAMFT your concerns as an LMFT.
4. Take this excellent opportunity to listen to and interface directly with Jill Epstein, the Executive Director of CAMFT.

IE-CAMFT Speaker April 27, 2012



Jill Epstein, J.D., Executive Director of CAMFT, is characterized as creative, adaptable, and enthusiastic in her role as CEO of CAMFT. She has a unique background working with members from the medical, finance, senior citizen, and healing arts communities. Picture at left appears on the CAMFT website from which it was, shall we say, "appropriated." Jill and her family relocated to San Diego in 2010 and is happy to trade the brutal Chicago winters

for the to-die-for, or should I say, to-move-for, wonderful all-round fantastic weather of Southern CA. More info about her appears on the CAMFT.ORG website.

Did you know that as CAMFT CEO, Jill leads this professional, statewide organization representing the interests of 30,000 licensed and pre-licensed marriage and family therapists? (Wow! That's a lot of LMFTs in CA. Almost one therapist for every ten, or so, CA families in distress.)

Monthly Meeting times and Location

08:30-09:00 am Coffee and Networking:
09:00-11:00 am Program
11:00-11:30 am Board Meeting

LLU Behavioral Health Institute
1686 Barton Rd.,
Redlands, CA. 92373

Directions: Exit the I-10 Fwy at Alabama St. Go South (right for most of us!) to Barton Rd. Go Right (West) on Barton Rd. BHI is at the corner of Barton Rd. and Iowa St.

Park ONLY in the parking area around the BHI

*** 2 CEUs available for full attendance at IE-CAMFT meeting.**

- * IE-CAMFT members: No additional cost. It's a benefit.
- * Non IE-CAMFT members: \$10.00.

Note: Meeting time gives time to deliver kids to school, etc., since many of our members have that responsibility. Promptness is urged and **presence required** during the two hour presentation to earn your 2 CEUs.

As CAMFT CEO, Jill Epstein:

- * Oversees daily operations for a \$4 million budget
- * Coordinates and implements industry advocacy efforts, including representing CAMFT before state and federal regulatory agencies and legislators
- * Cultivates and manages state and federal PACs
- * Fosters alliances with other mental health organizations
- * Serves as Editor of "The Therapist", which entails writing, editing and approving articles for publication

IE-CAMFT Mission Statement:

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, and couple and family relationships.

President's Message:

One Man's Opinion

Forty years ago I heard Moreno say, "Group Psychotherapy is psychodrama with the action left out." When I do individual psychotherapy today, I must do so with both the group and the action left out. We're in an austere economy. The irony is that both psychodrama and group psychotherapy are said to be more cost-effective than insurance practices designed to streamline therapy to the public. Consequently people don't get the help they need, and the companies don't make the profit they expect. How can this be? Apparently corporations have lost sight of 'recidivism.' If you budget for the short term, say one year at a time, hospitalizations are extremely costly, and paying for group treatment within them must seem like a luxury. To extend the 'luxury' to after-care seems unnecessary when the goal is minimal functioning.

What is unnoticed is that patients return home, and more often than not, go back to the same old situations which led to their hospitalization the first time. Besides we now have laws designed to keep in-patient therapists from profiting from the relationship begun in the hospital by having them continue with it on the outside. Unscrupulous therapists may press for premature discharge, just so when after-care patients go home, they can continue making money at the expense on the same patients' insurance.

Balance that against the outpatient system having to duplicate the investigative work and actual experience already done. In the process, the delay involved increases the chances the patient may break down and have to return to the hospital. On the other hand, patients, male in particular, are highly motivated to stay outside. With Herculean effort they manage to do so, simultaneously bringing severe disruption to everyone and everything else in their lives. This can't be measured in dollars. Meanwhile wives of such men grit their teeth, put up with a frustrat-

President's Message (continued-1):

ing spouse not tuned into their specific needs, find the domestic relationship intolerable, until someone sues for divorce, separation, or whatever else is equivalent. Consider the impact on their kids, who grow into adults likely to repeat their parent's miserable history.

After care treatment, now inadequate due to the delays imposed by the combined effect of cost cutting insurance companies and well-intentioned legislators (who don't understand the situation) aggravates the original problem. In the long run this undermines the original treatment and eventually costs the public a lot more to repeat the process. True, the evidence doesn't show up immediately. Old problems are now regarded as new, and society continues to pay for costly, now ineffective treatment policies.

Isn't it common sense to say that "if you do it right in the first place, then you may not have to repeat?" Or "if you do adequate maintenance, good results last longer." But the system works against using group and family treatment in favor of individual treatment, which is like running a race with a sprained ankle. Must we avoid a treatment system which maximizes patient willingness to help oneself and one another?

Add to this that we suffer from a cultural bias in favor of individualism. After a passing nod to the big picture, medicine, psychology, and law all hone in on the individual as if he or she were the only one responsible for his current condition. Consider: an individual has an illness then frequency counts in academic research (allegedly) show the effect of individuals on society (rather than the other way around). The male who sits in jail awaiting trial represents the broad chaos that prevails where he happens to live because he cannot afford to live elsewhere. I realize that many patients may hasten to agree with me to shift a portion of blame or responsibility away from themselves. But when they are alone they have to cope with pangs of guilt they can't openly acknowledge. Those of us who manage the "system" wonder where their depressions come from and blithely prescribe a pill for them so we can ignore their and our larger social realities.

President's Message (continued-2)

This is the picture as I see it. I've said my piece, and am forced to admit it's too big for me. All I can do is adapt to the circumstances thrust upon me. It's what present reality requires. Unless there is a silent majority out there who see what I see, it's up to me to cope with it as best I can. I am not opposed to individual encounters in hospital, school and correctional institutions. We do what we can, even though we know a better way, but the choice is not ours.

Group therapy, psychodrama, family therapy, couples counseling all let the light from the big picture come in, showing how important interaction is for therapy to succeed. Insurance companies, corporations and society at large don't seem to know this. They see advocates like me as self-serving, without realizing how poorly they serve themselves---all the way to the bank.

As I do individual therapy within the field of marriage and family therapy, I do more than hope for the best. I incorporate what I've learned about context from other disciplines, thankful that the space still exists here to operate to my fullest capacity, for the benefit of all concerned.

- Don Miller, PhD, LMFT

4donellmiller@gmail.com ; 909-798-2765)

(Let it ring several times. We take a while getting to the phone. We're not as fast as we once were.)

IE-CAMFT Meeting March 23, 2012

In our March IE CAMFT meeting we were pleased to learn from Joyce Tessier, LMFT; Linda Shestock, LMFT, SEP; and Delilah Knox Rios, Attorney At Law, APLC. These articulate women told us about the divorce process and alternative divorce resolutions arising through efforts of doing Collaborative Divorce.

Joyce Tessier, LMFT, is a Collaborative Divorce Coach who has been in private practice in Upland since 1990. She has done extensive Marital Therapy and Collaborative Divorce coaching, and has written articles on adoption, child custody, divorce and conciliation from a legal perspective. Joyce is a founding board member of the Collaborative Divorce Professionals of the Inland Empire (CDPIE), which is a group of attorneys, mental health professionals and financial specialists who work in teams to help families through divorce in the most dignified and respectful manner possible.

IE-CAMFT Meeting March 23, 2012, Continued-1

It is common knowledge that achieving a divorce can easily be a long, exhausting, and expensive process that leaves families torn apart in a jumbled mess of difficult emotions. Couples often divorce through litigation which, by nature, is a damaging and adversarial process. In litigation, parties relinquish their control to attorneys and judges, who decide the fate of their family assets in a long, public court process.

Arbitration, mediation, and collaborative divorce are processes that can reduce the negative consequences that often arise in divorce by litigation. Unfortunately, most people do not know about these alternative options. About 80% of those unaware of these alternatives do not have the financial means to hire attorneys, so they represent themselves in court in a litigation. This self-representation is generally the least costly up-front. However most individuals who represent themselves don't know the laws, consequently allowing them to easily make mistakes in the process that cost them more in the long run both financially and emotionally.

Joyce and her colleagues told us about arbitration, mediation, and collaborative divorce, and the reasons they favor collaborative divorce as the most beneficial alternative method of divorce.

The major benefit of arbitration is that the process is done outside of court by a private judge or arbitrator, thus avoiding the long wait of the court calendar. However, this option is extremely expensive because the divorcing couple must pay for the private judge. Another down side to this method is that the decisions are made by the judge or arbitrator rather than the couple.

Mediation is also done outside of court, completely privately, and is typically less costly than litigation and collaborative divorce. A mediator does not represent either spouse, but rather facilitates both parties in resolving issues and reaching decisions, avoiding a power imbalance. The mediator refers the parties to an attorney if legal issues arise during the process. A benefit of mediation is that the spouses are making the decisions rather than a judge.

IE-CAMFT Meeting March 23, 2012, Continued-2

Although collaborative divorce can be more costly than mediation, it helps couples to make the most informed decisions because the couple works with a collaboratively-trained interdisciplinary team including attorneys, divorce coaches, financial specialists, child specialists, and other experts (such as business valuation) if necessary. Before the process even begins, the couple must identify their goals in a mission statement so that it is clear throughout the process what all parties are working toward.

In collaborative divorce, the specialists and their roles are:

- Attorneys: Each spouse has an attorney to resolve any legal power imbalance issues. Rather than fight against each other, as in the litigation process, attorneys in collaborative divorce work together with the couple and the rest of the collaborative team to help the couple design a settlement agreement that is most appropriate for the entire family.

- Divorce Coaches: Each spouse has a divorce coach who is a licensed health care professional. The coaches work with their spouse separately, as well as with the rest of the collaborative team to help the couple identify and prioritize concerns; improve communication skills and conflict resolution; reduce misunderstandings; and develop effective co-parenting skills. As each spouse works with a divorce coach and learns the above skills, the family moves through a divorce in a more emotionally healthy manner, reducing the fighting that ends in anger and resentment.

- Child Specialist: This person works with the children to provide them with an opportunity to voice their concerns regarding the changes being brought on by divorce; provides parents with the information and guidance they will need to help their children through the divorce in a healthy manner; and works with the collaborative team to help the parents to develop an effective co-parenting plan.

- Financial Specialist: One neutral financial specialist works with both spouses to take care of all the financial matters in the divorce. The major benefit of the financial specialist in collaborative divorce versus other divorce options, is that the financial specialist

IE-CAMFT Meeting March 23, 2012, Continued-3

educates the spouses on the short and long-term (10 to 20 to 30 years later) consequences of the settlement plan being considered to ensure that the spouses have adequate information to make fully informed decisions that will benefit the entire family in the present and the future.

Overall, collaborative divorce is a great alternative for families going through a divorce because there is a whole team of experts guiding the couple through the process in a civil manner, with all parties committed to treating each other with respect and integrity, and coming up with solutions that both spouses and the children are pleased with. Collaborative divorce lets the couple make all the decisions rather than turning the power over to a judge or attorney, and no one has to go to court; it's a win/win situation from all angles.

If you have any more questions about collaborative divorce, or are interested in more information you can visit the CDPIE website at www.CDPIE.com. You can also reach Joyce by email at joycetessier@yahoo.com, or visit her website at www.joycetessier.com. Thank you, Joyce, for your interesting and informative presentation (including handouts!) about divorce alternatives and the powerful benefits available through doing a collaborative divorce!

- Janell Gagnon

I really like the IE-CAMFT programs offering CEUs to help maintain my LMFT licensure. How about you!



IE-CAMFT Membership Has its Benefits:

Membership in the Inland Empire Chapter of CAMFT requires a membership in CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, see the membership enrollment or renewal form on page 8; or contact Garry Raley for assistance. Membership may be initiated or renewed any time during the year. But keep in mind the membership year runs from April 1 to March 30.

For your \$40. yearly investment you can:

- Network;
- Receive: 2 gratis CEUs available at each of 9 Monthly Meetings, and
- Attend: Special Law and Ethics Meeting with 6 CEUs at reduced cost.
- Stay Connected to Other Therapists
- Advertise in this newsletter
- Develop Peer Relations to Reduce Isolation
- Give and Receive Consultation and Referrals
- Increase Your Knowledge

Dear Members: Who's next?

One of the best known ways to build your practice is to get into the community and speak about your expertise. And, your local association of therapists is interested in learning new theories, skills, tools, and approaches to treatment. Share your knowledge, experience and wisdom with us!

We are looking for **presenters** for this future IE-CAMFT meeting in 2012:

Friday **August 24** 9:00—11:00 am

Dan Totaro and Ilse Aerts, Program Co-Chairs

IE-CAMFT Benefits, Continued

All the benefits listed to the left arise from, shall we say, "just showing up." It has been said that for much of life, half the job is "just showing up." This might be characterized as the passive approach to involvement with IE-CAMFT. However, even more benefits are available through **active involvement**. **Active** means volunteering your time, talents, and energies by following through after enthusiastically saying YES to answering the following question:

Will you support IE-CAMFT by volunteering to fill one or more of its organizational roles?

Contact **Doreen** to increase your activity with our board. Committees such as Hospitality, Membership, and Trauma Network need added leadership and participation.

Now, you get the benefits for **active** IE-CAMFT participation: Increased self esteem and connection in the relationship healing community. Participation at these levels make nice line items in one's resume showing yourself to be an action oriented, dynamic citizen vs a plodding worker bee or job holder. I bet you can name some more benefits. Give it a try!

PROGRAM OUTLINE FOR IE CAMFT APRIL 2012 – OCTOBER 2012

DATE	SPEAKER	TOPIC	TIME/LOCATION	COST
2012-04-27 April	Jill Epstein	Take It From The Top!	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-05-25 May	Roger Nolan	Mindfulness	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-06-22 June	Dr. Tristan Morgan	Help for Treatment Resistant Teens	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-07-27 July	DARK - NO MEETING	DARK - NO MEETING		
2012-08-24 August	Open How about you?!!	You pick the topic	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-09-28 September				
2012-10-26 October				

IE-CAMFT

BOARD OF DIRECTORS (B) and COMMITTEE Chairpersons (C)

President: (B)

Don Miller 909-798-2765
4donellmiller@gmail.com

Past President: (B)

Newsletter Editor: (C)

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RuthD616@aol.com

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Program Chair: (C)

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Garry Raley 951-640-5899
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Benjamin Zinke 626-665-5070
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Secretary: (B)

Randy Stier 909-255-2877
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Board Member At Large: (B)

CEU Chair: (C)

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Board Member at Large: (B)

Hospitality Chair: (C)

Judy Jacobsen 909-307-6275
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Networking Luncheons: (C)

Jeanne Joslin 951-922-8799
Jeanne_joslin@yahoo.com

Janeta Peltz 951-922-0442
psy_hlp_5cents@hotmail.com

In this newsletter, if you find errors such as name spellings, email addresses, phone numbers; or if you have suggestions you think might refine, make more accurate and improve future newsletters in form or content, convey them to

Theo Smith 951-359-1706
trsmith00@sbcglobal.net

NEWSLETTER NOTES, POLICY

Reminder: Please submit newsletter items to Ruth Dusenberry at ruthd616@aol.com. Deadline for submissions is the first of each month (except July and December when we do not publish a newsletter). The newsletter is e-mailed to all members.

Notice Regarding Ads: Free Member ads will run continuously for three consecutive newsletters if not cancelled earlier. After three NL they will be discontinued unless a renewal request is received.

DISPLAY AD RATES (per month)

BUSINESS CARD SIZE:

MEMBERS: \$10,
NON-MEMBERS: \$20

¼ PAGE:

MEMBERS: \$20,
NON-MEMBERS: \$40

CLASSIFIED AD RATES:

MEMBERS: free

NON-MEMBERS:

1 month: \$20
3 months: \$54 (10% off)
6 months: \$90 (25% off)
12 months: \$144 (40% off)

Esteemed Colleagues,

I'm very excited about taking office as President of IE-CAMFT in April, should I be voted in!

I'm excited because IE-CAMFT is a marvelously talented group – heart, soul and mind doctors laboring to help those in pain, coaxing them along as they attempt to repair and rebuild a life scenario or a relationship, word by word, feeling by feeling, neuron by neuron, cell by cell, week by week ...and sometimes, those whose pain is to come to terms with something or someone deemed impossible to repair or rebuild.

It's amazing work! And daunting, tiring, even frustrating. We all need to be replenished from time to time, and I will have fulfilled my personal mandate when you experience this chapter's activities as a source of replenishment, and that you would leave our meetings feeling inspired, more knowledgeable, encouraged and energized!

Each of you is gifted uniquely, and I invite you to share a bit of your particular giftedness with us. If you make dang good chocolate chip cookies, we'll eat 'em, and if you have the gift of schmooze, let's get you on our welcome crew. Everybody's got a little something – thanks in advance for contributing to a radical, epic year for our chapter.

Love and hugs, **Doreen**

CLASSIFIED ADS

Class Now Forming - Trauma and Dissociation Therapy Training

Effectively and efficiently treat acute and chronic trauma and dissociation. 40 CEU training for MFTs and LCSWs; CEU provider #PCE2329 Contact Patrick Poor, MFT, 951-276-0616, for more information.

Office Space for Rent - North Upland

\$100 per day per month, 5 days a week available. 300+ sq ft. (big enough for therapy groups of 8 adults). Fully furnished. Utilities, Internet and phone included. Possibility of referrals.

Contact: Kathryn Vannauker: 909-635-8077 or acceptance@live.com

Therapy groups offered: Upland

- Young Children's Therapy Group (Ages 2 -5)
- Children's Behavior and Emotion Management Therapy Group (Ages 5 - 12)
- Children's Social Skills and Self-Esteem Building Therapy Group (Ages 5 - 12)
- Teen Self-Improvement Group (Social Skills, Self -Esteem Building and Behavior and Emotion Management) (Ages 12 - 18).

Contact: Kathryn Vannauker: 909-635-8077 or acceptance@live.com

Office Space For Rent in Corona, CA

1128 E. 6th ST, Corona CA

Major Cross Streets: 6th ST at Rimpau AV
Close to downtown Corona; convenient to Norco, Eastvale, Riverside, South Corona

Specifics: Fully-furnished offices available for sub-lease full or part-time; bi-monthly cleaning service; small kitchenette for tenant use only; facsimile and limited copy machine services; conveniently located near 15 and 91 freeways; waiting room with bell to alert you of next clients; amicable work environment; on site ample free parking; utilities pro-rated; flexible terms and rates. Contact Susan at 909-957-4357 or Kleszewski@aol.com for further details on Suite 8. For Suite 7 contact Doreen Van Leeuwen at 951-347-1837, or Doreen@ABetterWayCenter.com

Classes for Counselors: LPCC Required Classes

Available Online Through CE at Alliant

Contact: ce@alliant.edu; or 415-955-2029

Free consultation for MFTs who want to qualify for LPCC!!

Possible Classes Needed

- Psychopharm Survey
- Career Counseling Theories and Techniques
- Ethics for LPCC Licensure
- Group Counseling Theories and Techniques
- Understanding and Treating Addictive Disorders
- Domestic Violence: Assessment, Treatment, Evaluation
- Understanding Health and Illness in Older Adults
- Clinical Approaches to Addressing Human Sexuality in Couples
- Child Abuse: Introduction, Assessment, Treatment
- Grief and Trauma Counseling

Feeling Lost About Working With Couples?



What if couples therapy was actually "fun" for couples to come to every week?

If you've ever wanted a thriving couples therapy practice based on a research-proven method, then come learn Level 1 and 2 of Gottman Method Couples Therapy

Level 1 Gottman Couples Training: Bridging The Couple Chasm

San Diego, CA - March 16 & 17, 2012
Palm Springs, CA - April 27 & 28, 2012

Level 2 Gottman Couples Training: Assessment and Intervention

Los Angeles, CA - May 21-24, 2012

Presented by Salvatore Garanzini, MFT
Certified Gottman Method Couples
Therapist and Gottman Instructor



Early Bird Registration: \$380 | Standard Registration: \$425
13 CEUs: APA/BBS/NBCC

Additional Discounts:

10% off all Gottman couples therapy products and materials.

IE-CAMFT members use the coupon code "IECAMFT" to save \$25.

Pre-licensed (student/intern/psych-assistant) get another \$55 off regular tuition

More Info on the Method, Workshop, & To Register, go to:
<http://www.GayCouplesInstitute.org/gottman.training.htm>,
or call 877-424-1221.

CLASSIFIED ADS, cont.

Help needed:

I am looking for someone willing to do approximately 7 hours per week clinical supervision with MFT and LPCC students (masters & doctoral students) at the CFS Clinic at the BHI in Redlands. The person would need to have already taken the required BBS supervision course and be licensed as an MFT for two years.

The pay is \$45/hour. Hours must be during the day and would include two hours of group supervision. The person would also need to be willing to participate in a quarterly supervisors' meeting, which lasts about 90 – 120 minutes. The person would need to become credentialed by medical staffing on campus to be able to access the electronic medical record.

Ideally, the person would be able to speak Spanish. If you know of anyone, have them contact me directly at 909-558-9568.

Randall Walker, M.S., MFT, Director
Counseling & Family Sciences Clinic
Loma Linda University Behavioral Health Institute
1686 Barton Rd., Box B
Redlands, CA 92373
909-558-9568; fax 909-558-9593
Extension 39568; fax 39593
rrwalker@llu.edu

Mental Health Professional needed:

The University of Redlands Student Counseling Center is looking to hire a licensed mental health professional with significant experience working with clients with substance abuse or substance dependence diagnoses. certified substance abuse training is strongly preferred. This position is for five to ten hours per week to provide therapy for college students with substance abuse and dependence disorders in individual and group therapy.

This position is funded through May 2012 and is paid at \$25 per hour; guaranteed five hours per each week worked with payment for no-shows. The position will very likely be renewed in September contingent upon funding.

The University of Redlands, located in Redlands, California, is a private liberal arts college with approximately 2500 undergraduate students. The Counseling Center provides psychotherapy, psychiatric services and psycho-education to approximately 10 – 15% of the student population as well as training to faculty, administrators and staff.

Mailing address:

University of Redlands
The Counseling Center Student Development
Center P.O. Box 3080
1200 E. Colton Avenue Redlands, CA 92373
Phone: (909) 748-8108 Fax: (909) 335-5297
Business hours: Monday through Friday, 8 a.m. to 5 p.m.

Director of Counseling - Lorraine Young, Ph.D. Lorraine is a licensed psychologist and a licensed marriage and family therapist, and has been a practicing therapist in the Inland Empire for many years. She has been a therapist at the University for six years. Before coming to the University of Redlands, she worked extensively in community counseling settings and in medical psychology. She is also a researcher in the area of sexual abuse.

Associate Director of Counseling - Matt Gragg, M.S., MFT Matt is a licensed marriage and family therapist and has worked with adolescents for seventeen years. He has been a therapist at the University for eight years. He is trained in EMDR therapy which is helpful in treating past traumas.

Inland Empire CAMFT MEMBERSHIP APPLICATION

Name and Degree _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

E-Mail Address _____

Business Name _____ Business Telephone _____

MEMBERSHIP CATEGORIES (CHECK ONE)

_____ Clinical (Licensed).....\$40

_____ Prelicensed (Trainee, Intern, Social Worker Associate).....\$25

_____ Associate (Licensed in a related mental health field).....\$40

_____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # _____

Must be a member of CAMFT to join the local chapter (unless Affiliate member).

Dues are paid annually in April.

MAKE CHECKS PAYABLE TO: IE-CAMFT

Mail to:

Inland Empire Chapter of CAMFT (California Assoc. of Marriage & Family Therapists)

P.O. Box 11846, San Bernardino, CA 92423

ADDRESS CORRECTION REQUESTED

Inland Empire Chapter of CAMFT
(California Association of
Marriage & Family Therapists)
P.O. Box 11846
San Bernardino, CA. 92423



ADDRESS CORRECTION REQUESTED

