



CHAPTER MEETING

Friday, April 25, 2014

FROM THE TOP: LEGISLATIVE UPDATE



JILL EPSTEIN, JD

Jill Epstein will present an update on the current status of state and federal legislation affecting MFTs based on her regular visits to Sacramento and Washington, DC. and will also address regulatory issues from the BBS.

Ms. Epstein will then review the 2014 CAMFT priorities and discuss her vision for working with CAMFT chapters and answer questions regarding the recent bylaw controversy. The meeting will conclude with a Q+A.

Attendees will:

1. Gain an overview of efforts currently receiving focus and energies of CAMFT
2. Gain an understanding of how you might participate directly in CAMFT.
3. Use this event as an opportunity to directly tell the management of CAMFT your concerns as an LMFT/get answers regarding the bylaws issue, direction of the organization, and related questions.

MONTHLY MEETING TIME & LOCATION

8:30am – 11:00am

Program begins at 9:00am.

All are welcome to stay for the board

Meeting from 11-12 noon

LLU Behavioral Health Institute
1686 Barton Road, Redlands, CA 92373

Directions: Exit the I-10 FWY at Alabama Street. Go South to Barton Road. Go West (right) on Barton Road. BHI is at the corner of Barton Road and Iowa Street. Park ONLY in the parking area around the BHI

2 CEUs available for full attendance
at IE-CAMFT meeting.

IE-CAMFT members: No additional cost.

Non IE-CAMFT members: \$10.00.

DON'T FORGET TO REGISTER ONLINE: [HERE](#)

Note: Promptness is urged and presence is required during the two hour presentation to earn your 2 CEUs.

[Map](#)

TABLE OF CONTENTS

Workshop/Presenter Highlight.....	1
President's Message.....	2
Workshop/Presenter Bio	3
At our last meeting	4
NEW IE-CAMFT.ORG PAGES/Welcome New Members.....	5
Upcoming Programs & Events/Call for Presenters.....	6
Board Member Contact Info/Newsletter/Ad Info.....	7
Membership Information/Thank you from Chair	8
Display and Classified Ads.....	9-10



“PRESIDENT’S MESSAGE”

When We Unite, We Can Effect Positive Change

BY JANINE MURRAY, LMFT

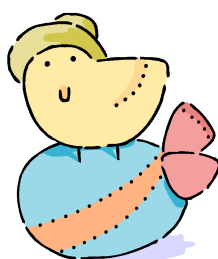
As the new Inland Empire CAMFT President, I want to invite you to be involved in this amazing profession we have by joining us in our monthly meetings.

This is the most important time in CAMFT’s history, considering last year’s bylaw debate. As you may know, the CAMFT Board attempted to change the CAMFT association into one that was for “all” mental health professionals. Instead, therapists across the state unified together, with “SAVECAMFT.ORG” leading the way, to preserve our profession. As I write this, I do not yet know if we successfully brought in the SAVE CAMFT candidates to help promote the vision for CAMFT to remain as it was.

One of things we learned was that as members, we can be unified and effect change. As the CAMFT Board had not been transparent about their intent to change the focus, we members came together in a large turnout and stated what we want: every other mental health profession has representation, and we need CAMFT to solely represent our interests!

As I think over our profession and how we facilitate a new vision for our clients, I think of a quote by Maya Angelou, “When we know better, we do better.” We help people “do better” in their relationships. We therapists play that very important instrumental role of reflecting hope. We listen, reflect, instruct, reframe, validate, affirm, laugh with and encourage, all the while inspiring with words that say change is possible. Our presence resonates that the client has value and that she or he has the answer within.

At this time, stop and slowly let the many clients who have come through your office come to your mind, all those clients representing families, marriages, and precious lives in need of restoration. And then think of all the estimated 30,000 members of CAMFT, who also do this essential work. Let’s applaud one another and hold each other up. We need each other’s support. I am personally thankful for a sense of a renewed strength springing from the unified belief that this profession is not only vital, but is worthy of having its own association. We need to value one another as well as what we do.



Happy Easter!

IE-CAMFT MISSION STATEMENT:

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, and couple and family relationships.



Presenter/Workshop Info (continued from page 1)

JILL EPSTEIN, JD

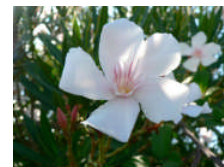
Jill Epstein became the Executive Director of the California Association of Marriage and Family Therapists (CAMFT) in May, 2011. CAMFT is an independent professional organization representing the interests of licensed marriage and family therapists. CAMFT has more than 30,000 members, 19 employees and a budget of nearly \$5 million.

Prior to joining CAMFT, Ms. Epstein was the Chief Operating Officer of the California Massage Therapy Council (CAMTC), an organization created by the California Legislature to develop and implement statewide voluntary certification for massage therapists.

While living in Chicago, Ms. Epstein spent 7 years as the Chief Executive Officer of the Chartered Financial Analysts (CFA) Society of Chicago, the country's oldest financial analysts' society and the world's 6th largest financial analysts' society. She also served as Chief Operating Officer of Physicians for Responsible Negotiation (PRN), a physicians-only labor organization created by the American Medical Association.

During Ms. Epstein's 11 years in Washington, DC, she worked for the American Medical Association, the National Committee to Preserve Social Security and Medicare, and AARP.

Ms. Epstein received her bachelor's degree in Political Science from the University of Michigan – Ann Arbor. She received her Juris Doctorate from the American University – Washington College of Law in Washington, DC.



Making Friends with Technology: Utilizing the Internet Effectively

by Carol A. Bouldin, LMFT, IE-CAMFT Webmistress

The presentation covered:

How to Take Full Advantage of our New Wild Apricot IE-CAMFT.org Website
Why Every Therapist in Private Practice Should Have an Internet Presence

Objectives:

1. Attendees would gain an understanding of how to navigate, access information, and utilize features of the IE-CAMFT website
2. Attendees would gain an understanding of how a professional website helps them reach potential clients and expand their influence
3. Attendees would gain greater user friendliness with technology (or at least strike up a promising acquaintance)!

Carol demonstrated how to navigate the various pages on the Wild Apricot ie-camft.org website, including how to log in, apply for membership, register for a workshop, start a forum thread, edit a member profile, find information on previous presentations, participate in discussions on related topics, access the current and previous newsletters, review upcoming events, and showcased and demonstrated the Therapist and Member Directories. She also included a quick overview of her own professional websites, one utilizing WordPress and the other Wild Apricot, pointing out how one can feature one's own articles s/he has written and include reference materials, an appointment booking calendar, etc., demonstrating how a professional website for therapists in private practice is an invaluable tool in presenting oneself to potential clients.

For more information on the presentation, see the new workshop presentation pages under the Members Only section at www.ie-camft.org

Carol A. Bouldin, M.S., LMFT has been working in the field of mental health for thirty-five years. She has worked in inpatient and outpatient settings, community mental health, drug abuse, corrections, and private practice.

Recently, her work has focused on consultation, particularly with regard to website development; she maintains and develops several websites and is the webmistress for IE-CAMFT chapter. She is available for consultation regarding developing websites for therapists and non-profit groups.

THERAPIST AND MEMBER DIRECTORIES AND WORKSHOP PRESENTATION PAGES LAUNCHED IN MARCH!

Build referrals and network with your free personalized listing on www.ie-camft.org!
Learn more about recent presentations and discuss related topics!
Discuss timely and controversial issues in our forum!

The new therapist directory has been officially launched on the new website! In order to take full advantage of the directory, which will allow potential clients to find you by name, location, or specialty and will allow clients to contact you directly from the website, make sure that you utilize the bio, expertise, additional information, comments, and classified ad sections available and that you upload a logo or picture. The Therapist Directory is a benefit specifically for IE-CAMFT chapter members and you will now find it in the public section of the website under the heading, "Marriage & Family Therapy" where you will also find the ads.

The member directory has also been developed and is under the "Members" section of the website. The member directory includes all of the members, some of whom are CAMFT only members, and provides additional information such as interest in being a presenter or being a member of the board. Also check out the "News" section and the "Forum" section, where you can weigh in on existing forum threads or add your own!

As a reminder, you may now conveniently join IE-CAMFT, renew your membership, register for events, and pay for membership and events online. **Don't forget to update your profile!**

Hope you enjoy the new features!
Your Webmistress,

Carol A. Bouldin, LMFT



Welcome
New Members
Avis Attaway, Lanicee Causly,
Aline Scott

UPCOMING CHAPTER PROGRAMS AND EVENTS

DATE	SPEAKER	TOPIC	TIME/LOCATION	COST
APRIL 2014				
Friday 4/25/14 Monthly Meeting	Jill Epstein, JD	"From the Top"	8:30 –11 a.m. LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00
MAY 2014				
Friday 5/23/14 Monthly Meeting	Jennifer O'Farrell, Anti-Human Trafficking Director	"The Vortex of Seduction—the exploitation of our Youth"	8:30 – 11 a.m. LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00
JUNE 2014				
Friday 6/27/14 Monthly Meeting	Ruth Lester, LMFT	"Meeting the Emotional Needs of Children and Youth in Foster Care"	8:30 – 11 a.m. LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00

****DON'T FORGET TO REGISTER ONLINE SO WE KNOW TO EXPECT YOU!****

A Message from the Program Chair:

One of the best known ways to build your practice is to get into the community and speak about your expertise. IE-CAMFT is interested in learning new theories, skills, tools, and approaches to treatment. Share your knowledge, experience, and wisdom with us!

We are looking for **presenters** for future IE-CAMFT meetings. We urge you to consider sharing with us.

IE Board (B)/Committee (C) Members

Co-Presidents Elect: (B)

Janine Murray: (951) 452-1185, jmurraymft@aol.com

Betty Odak: (562) 522-8008, ccmftcc@gmail.com

Past Presidents: (B)

Dan Totaro: dtotaro3@gmail.com

Doreen Van Leeuwen: (951) 847-7742,
doreen4u2@sbcglobal.net

Financial Officer: (B)

Garry Raley: (951) 640-5899, garra@sbcglobal.net

Secretary: (B)

Janell Gagnon: (909) 633-7714, jonell419@yahoo.com

Program Chair: (B)

Ilse Aerts: (909) 945-9947, ilse.aerts76@gmail.com

Membership Chair: (B)

Carol A. Bouldin: consultant@carolabouldinmft.com

Hospitality Co-Chairs: (B)

Annette Compton: ac2360@msn.com

Jeanne Joslin: (951) 922-8799, Jeanne_joslin@yahoo.com

Janeta Peltz: (951) 922-0442, psy_hlp_5cents@hotmail.com

Board Members At Large: (B)

Marie Louise Bosin: (909) 809-8012,

MarieLouise.Bosin@gmail.com

Donell Miller: (909) 798-2765, 4donellmiller@gmail.com

Website/Newsletter (C)

Carol A. Bouldin: consultant@carolabouldinmft.com

Newsletter Reviewer: (C)

Marie Louise Bosin: (909) 809-8012,

MarieLouise.Bosin@gmail.com

CEU Chair: (C)

Alyssa Giambra: angiambra@hotmail.com

Newsletter Notes & Policy
WE WELCOME YOUR SUBMISSIONS!!

Please submit newsletter items to Janine Murray @ jmurraymft@aol.com and consultant@carolabouldinmft.com

Deadline for submissions is the first of each month (except July and December when we do not publish a newsletter). The newsletter is e-mailed to all members who have given us email addresses.

Please note that articles submitted will be edited for readability.

Notice Regarding Ads: Free Member ads will run continuously for three consecutive newsletters if not cancelled earlier. After three newsletters they will be discontinued unless a renewal request is received.

DISPLAY AD RATES (per month)

BUSINESS CARD SIZE:

MEMBERS: \$10

NON-MEMBERS: \$20

¼ PAGE:

MEMBERS: \$20

NON-MEMBERS: \$40

CLASSIFIED AD RATES:

MEMBERS: free

NON-MEMBERS:

1 month: \$20

3 months: \$54 (10% off)

6 months: \$90 (25% off)

12 months: \$144 (40% off)

WHY JOIN IE-CAMFT?

Membership in the Inland Empire Chapter of CAMFT requires a membership in CAMFT. There are multiple benefits to belonging to both. Membership may be initiated or renewed any time during the year.

For your \$40 yearly investment you can:

- ✓ Network – online and in person
- ✓ Receive 2 FREE CEUs at Each of 9 Monthly Meetings
- ✓ Attend Special Law and Ethics Meeting with 6 CEUs at nearly 50% Reduced Cost
- ✓ Advertise in this Newsletter & Website
- ✓ Develop Peer Relations to Reduce Isolation
- ✓ Give and Receive Consultation and Referrals
- ✓ Stay Connected to Other Therapists
- ✓ Increase Your Knowledge
- ✓ Participate in Directories, Forums, Discussions
- ✓

Join, renew, update, or register online at:

www.ie-camft.org. ♦

Is It Time To Renew Your Chapter Membership?

IE-CAMFT chapter membership is renewed separately from your statewide CAMFT membership and now with the new website, renewal notices are generated automatically! Just click on the link on your invoice in the notification email and pay online for immediate verification of your renewal. **Several members are up for renewal this month** so be sure to check your inbox or go to your profile on the website and renew your membership!



A Note from the Membership Chair:

We now have 107 active members in our chapter!

I wish to welcome our new members and thank all of you who have been renewing their membership and registering for the workshops online. It is a huge help to us as the automated process saves an enormous amount of time, energy, and money. We are also grateful that the newsletter preview/link can now be sent out electronically to all but a few members, saving the chapter printing costs, an environmentally sound practice as it allows us to minimize the use of paper and ink, as well as saves time for board and committee members.

We understand that there are some exceptions at times, but the more the online system is used, the less the chapter has to spend on related printing, postal, and banking costs and activities. It is also very convenient for members and you receive an immediate electronic record. Please submit member applications and workshop registrations online, even if mailing in a check. If you have any difficulty applying, renewing, or registering, don't hesitate to contact me. Thanks again!

Child Sexual Abuse

Law Offices of Joseph C. George, Ph.D.

**Licensed Psychologist (PSY 7480)
Attorney At Law (SBN 119231)**

Legal Representation of Injured Victims
and Survivors

Available for Referral of Clients and
Free Consultation

**633 W. 5th Street
Suite 2600
Los Angeles, CA 90071
(213) 223-2330
www.psyclaw.com**

Practice Accepting New Referrals – Group Counseling
Available for All Ages

909 635 8077

1538 Howard Access Road, Suite B
Upland, CA, 91786

acceptance@live.com

www.ranchocucamongatherapy.com

Accepting Most Health Insurance Company and EAP Referrals,
as well as a Sliding Scale.

Acceptance Counseling Services, Inc. offers counseling services
to Adults, Children, Teenagers, Families, Parents, Couples and
Groups. We are a group of caring, committed, licensed
therapists. There are 5 clinicians within our group with varying
specialty areas.

We also offer the following therapy groups:

- Adult Stress Relief and Coping Skills Therapy Group
- Children's Behavior & Anger Management Therapy Group
- Children's Social Skills & Self-Esteem Building Therapy Group
- Children with Family Issues Therapy Group
- Teen Self-Improvement Therapy Group

Many therapists choose to refer their individual therapy clients
to our groups if they do not offer group therapy in house. It is
understood that the client will remain the client of the individual
therapist for individual therapy.

Office Space. Claremont- Counseling office available part-
time (Mon/Thurs) in attractive 5 office suite with shared
waiting room. Good location. \$220 to \$290 Monthly.
Contact Michelle [\(951\) 522-6766](tel:9515226766) or mdlmft@gmail.com

Office Space. \$10 per hour. Space includes waiting room.
Play room use also available. Email
marielouise.bosin@nsewmec.org if you are interested.
Office in Centennial Plaza in downtown Redlands.

Office Space for Rent in Claremont
Office space available in suite of collegial therapists.
Waiting room, Wi-Fi, great parking and location. Full-time
or part-time Monday through Friday, hourly or daily
reasonable rates. Contact Linda Shestock, LMFT at
lshestock@aol.com or 951-640-1225

Consultation Group in Corona!

Doreen Van Leeuwen, LMFT and Cheryl Ballou, PsyD are
facilitating a pro bono consultation group on the first
Sunday of the month from 4:00 P.M. to 6:00 P.M. We will
share relevant and current research, case consultation, and
encourage networking and referral opportunities.

The group meets at:

1101 California Street, Suite 100
Corona, California, 92881

If you would like to participate please reserve your spot with
Cheryl Ballou, PsyD, www.drballoupsyd.com

drballoupsyd@yahoo.com

Office: [951.264.8714](tel:9512648714) Fax: [951.735.8451](tel:9517358451)

Please park in the front of the building on the address side.
When you arrive, please text or call me ([951.264.8714](tel:9512648714)) and
I will come let you in. You will probably be able to get into
the atrium, but I will have to let you into the office itself.

Invo HealthCare is hiring LMFT interns for a school based
program in Moreno Valley. These are 30 hour a week
positions and supervision is provided. If interested contact:

Helen Johnstone, Marketing Director

Invo Healthcare Associates

www.invohealthcare.com

Main : 800.434.4686

Direct: 267.488.5967

**To place an ad, go to: www.ie-camft.org and submit
request on the *Contact Us* page.**

CLASSIFIED ADS



Betty Odak, LMFT (MFC 52001)

535 West State Street, Suite 'C' Redlands, CA 92373.
Tel: [909-335-9700](tel:909-335-9700) or Toll-free [855-824-2999](tel:855-824-2999), Cell [562-846-1269](tel:562-846-1269)
3117 University Avenue, San Diego, CA 92104
Tel: [619-800-2053](tel:619-800-2053) or [562-522-8008](tel:562-522-8008), Fax – [909-335-5991](tel:909-335-5991)
Email: ccmftcc@gmail.com or betty.odak@gmail.com
Website: <http://www.crossculturalcounselingcenter.com>
Email: ccmftcc@gmail.com betty.odak@gmail.com,
www.crossculturalcounselingcenter.com

QUALIFICATIONS & EXPERIENCE

- 15+ years of experience working with abused and neglected children in group homes, foster homes and their families. Provides brief cognitive-behavioral counseling and longer-term psychotherapy
- Specializes in the treatment of:
 - eating disorders
 - recent immigrants / cross-cultural issues & refugees
 - foster parenting/adoption issues
 - Christian counseling
 - delinquent and violent children
 - depression, anxiety and stress related issues
 - clients dealing with financial anxiety and crisis (including bankruptcy and debt)
 - substance abuse and codependency, anger management, anxiety management, and gay and lesbian issues
- Languages: English and Swahili (Spanish and Arabic will be included later)
- Author of two books:
 - Coming to America By Air and How American Food and Lifestyle Led Me To Gain Over 100 Pounds about eating disorders and the emotional issues associated with weight gain/loss.
 - Before, After, and Beyond Bankruptcy, about the connection between emotions and money

PROFESSIONAL DEVELOPMENT. BBS CEU provider #5374. Various interesting topics. Earn hours of CEU credit. Peaceful and comfortable location. Mindfulness included in all trainings. www.nsewmec.org. Didactic and Experiential. Come have FUN with us while you learn. marielouise.bosin@nsewmec.org

Classified ads are FREE for members and are also posted on our website

www.IE-CAMFT.ORG

NSEW Mindfulness Education Center offers low fee/sliding scale based on income and ability to pay counseling for adults, teens, children, couples and families at 101 E. Redlands Blvd, Suite 144, Redlands, CA 91373. Interns supervised by Marie Louise Bosin, MA, LMFT (27703) and Cynthia DellaRipa, MA, LMFT (47975) are available to serve you at a cost you can afford. Call the Center at 909-283-2338 (ext 1#) to make an appointment.

Opportunities to Learn / Practice Psychodrama:

**** Every Monday at 7 PM****

Free 2 1/2 hours of a continuing course on the 24 OPEN STORY models. Newcomers are welcome, but everyone must pledge confidentiality. The didactic comes at the beginning. After that is a psychodrama on whatever concerns people bring with them. University Methodist Church, 940 E. Colton Ave, Redlands, 92374. Park on Division St. and walk from there. Give and receive group support, pursue personal issues, and develop professional expertise. Earn CEU training certificates. We respond to issues you bring with you such as inner and interpersonal conflict, overcoming obstacles, family distress, couple and friendship troubles, discouragement, fears, isolation, rejection, failures, and crisis management. Get more information from Donell Miller: 4donellmiller@gmail.com (909) 798-2765 (let phone ring at least ten times). www.IE-CAMFT.org

Part-time Clinical Supervisor needed at Family Services Agency, Moreno Valley, Riverside, Hemet, Cabazon, or Yucca Valley. Contact Garry Raley at: garry.raleys@sbcbglobal.net or 951-640- 5899

The Soldiers Project is looking for therapists in the IE to volunteer an hour a week to see a vet or a loved one in their own office on an unlimited basis. Training and support are provided to therapists. If interested, contact: Miriam Koenig, MFT, LPCC at: www.miriamkoenig.com or 818.783.4032

DON'T HAVE A WEBSITE YET?

Contact me at: consultant@carolabouldinmft.com and I will design one for you!

Special rates for CAMFT and IE-CAMFT members