



THE PROFESSIONAL EXCHANGE IE-CAMFT

IE-CAMFT Newsletter
August 2009



California Association of Marriage & Family Therapists—Inland Empire Chapter

Monthly Meeting: August 28, 2009

Coffee and Networking 8:00 am
Program: 8:30 am—10:30 am

Hands on Interventions for Children and Families

By Ruth Dusenberry M.S., LMFT

Come ready to get involved! This hands on workshop will provide you with a wealth of ready-to-use interventions and activities. Ruth Dusenberry graduated in 2004 from California State University San Bernardino with a Master of Science degree in Clinical Psychology. She has a background in Early Childhood Education and has worked extensively with children and families for over 30 years. Ms. Dusenberry has a private practice in Redlands, is a Therapist with Catholic Charities, and is the current president of IE-CAMFT.

Objectives

To provide attendees hands on experience with interventions

Practice skills developed for use with children and families

Practical applications in counseling settings

Use in building self esteem and family communication

All meetings are held at:

Loma Linda University
Marriage & Family Therapy Clinic
164 W. Hospitality Lane
San Bernardino, CA. 92408
909.558.4934

2 CEU hours (free to IE-CAMFT members; \$10 to non-members)

SAVE THE DATE!

September 25, 2009: *Self Injury by Adolescents Using DBT Interventions* by Susan Hagerman, M.A. MFT

October 23, 2009: *Couples Therapy Tools* by Cathie Wheeler, PhD. MFT

November 20, 2009: *From the Frying Pan to the Jacuzzi* by Vernon R. Bradley, M.A. MFT

February 26, 2010: *Law & Ethics* with David Jensen

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QUOTABLE QUOTE

Can you guess who said this?

"I, not events, have the power to make me happy or unhappy today. I can choose which it shall be. Yesterday is dead, tomorrow hasn't arrived yet. I have just one day, today, and I'm going to be happy in it." (answer in next month's newsletter)

Answer for July's Quotable Quote:

"The reason that the all-American boy prefers beauty to brains is that he can see better than he can think."

Farrah Fawcett

BOARD OF DIRECTORS

Past President: James Billings
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951.961.4792

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Board Member at Large: Carol Bouldin

PRESIDENT'S MESSAGE

Please join me in welcoming a new member to our Board. Carol Bouldin, our newsletter editor, has agreed to also be our Board Member-at-Large. I would also like to welcome Iris Cruz who will be handling memberships at our meetings; be sure to give her your renewals at our next meeting.

In July, the Board met for our annual retreat at the lovely Marie Calendar's in Redlands, that was very accommodating to us; we had a very productive meeting. Some of the issues discussed include creating a Chapter Speakers' Bureau, which we will be looking into this year, as well as ways to generate more memberships. It was decided we will focus on bringing in more pre-licensed members. We will be making efforts to have a presence at more local campus events and get the word out that our chapter can provide a wonderful training and networking opportunity.

The Board also reviewed and updated our bylaws to bring them into line with State CAMFT bylaw changes. We also reviewed our Mission Statement, which will remain the same. The decision was also made to return to a monthly newsletter and have it professionally prepared.

Plans for our annual Law and Ethics Workshop are taking shape, so be on the lookout for information in the next few months.

I would like to wish you all a safe and happy summer; I'm looking forward to a cool fall with its many opportunities to network and grow.

Warmly,
Ruth Dusenberry, MS, LMFT

CAMFT NEEDS YOUR HELP

Having problems getting reimbursed by a managed health care plan?

Has the Insurer or Plan lost your claim one too many times?

Dropped by a plan for requesting a higher reimbursement rate?

CAMFT continues to work with the Department of Managed Health Care ("DMHC") to resolve ongoing provider-plan administrative problems, complexities, and unfair business practices that violate the law ... BUT CAMFT NEEDS YOUR HELP! Next time you file an appeal with a health care plan you contract with and/or file a grievance with the DMHC or Department of Insurance, PLEASE also fax a copy of this letter to CAMFT so that we can utilize this information as empirical data when fighting for your rights. NOTE: We will redact (or blackout) any and all identifying information that relates to you and your client (if not already redacted).

Please fax the copies of your appeals or grievances to Cathy Atkins at 858-292-2666. Thank you for helping CAMFT fight for your rights as providers in the managed health care system!!

WELCOME NEW MEMBERS

Nancy Currie
Tamara Miller
Edna Silva-Aldaz



ETHICS UPDATE – What do the following all have in common?

Did you get your license so long ago that your number begins with “1”?

You haven’t had a complaint in your whole career and you specialize in NOT working with children?

You are a PhD or LCSW and got your MFT, too?

Your school accepted your fingerprint card because you had one from the facility where you worked, so you didn’t have to get the new “Live Scan” record most schools require?

You were a “diplomat” in forensic work, taught child abuse and elder abuse reporting, worked as a social worker and court administrator, and now retired as “inactive” status.

All of the examples above are persons that must comply with the new BBS regulations to have “Live Scan” fingerprints sent to BBS before renewing after October 31, 2009. A recent summary follows for your reference. You may ask, “Why are they requiring me to do this?!” Like Tevye in Fiddler on the Roof, “I don’t know”. Perhaps some cases or research indicated unethical behavior that BBS believes would have been avoided if such record checks were possible. Or, perhaps it is a cost savings at BBS so that they may check records electronically. In any case, do it we must!

The following summary was distributed by CAMFT.

As a result of new regulations (http://www.bbs.ca.gov/bd_activity/regarchive_09.shtml), all licensees and registrants who have previously not submitted fingerprints as a condition of licensure or registration for the BBS, or for whom fingerprints do not exist in the DOJ’s criminal offender record identification database, must do so prior to their next renewal date occurring on or after October 31, 2009. Failure to comply with this requirement can result in disciplinary action or the issuance of a citation, which may include a fine of up to \$5,000.

1. How do I determine when I need to get this done?

The expiration date on your license or registration will determine when you need to comply. For example, if you have an expiration date of March 31, 2010, you need to submit fingerprints by March 31, 2010 since this is your first expiration date after October 31, 2009. If your expiration date *is* October 31, 2009, you must submit fingerprints by October 31, 2009. The language of the regulation specifically refers to renewal dates on or after October 31, 2009.

The BBS is sending out a courtesy notification to all individuals who need to comply approximately 90 days in advance of your expiration date (see question four). **You will be unable to submit fingerprints until you receive your notification from the BBS. Please keep your address of record updated so that you receive the notification.**

2. My license is currently on inactive status. Do I still need to comply?

Yes. Even if your license is on inactive status, you must submit fingerprints before your next expiration date occurring on or after October 31, 2009.

3. I remember getting fingerprinted using the ten-print fingerprint card method with my initial application to the BBS, do I still have to get fingerprinted again using the Live Scan method?

Yes. If you completed fingerprints for the BBS using the ten-print fingerprint card method with your initial application, you will have to fingerprint again for the BBS using the Live Scan electronic submission method in order to establish a record in the DOJ’s criminal offender record identification database.

Continued on page 4

4. Do I need to send the proof of completion in with my renewal? Where do I send the proof of completion?

No. Your renewal date establishes your deadline to submit the required fingerprints, but you will not need to do anything different when you renew your license or registration. Simply complete the application for renewal and send it in with the appropriate fee. **Do not include proof of completion of the fingerprint requirement with your application for renewal.**

You should submit proof of completion of this requirement to the BBS as soon as possible after having your fingerprints taken. You are required to retain a copy of proof of completion for your records for at least three years.

5. How do I get the appropriate forms to complete the requirement?

The BBS will include the appropriate forms in your notification. If you misplace the forms or believe your notification was lost in the mail, please email the BBS at bbswebmaster@bbs.ca.gov to receive the forms. For your reference, the schedule of notification mail-out dates is below. Please reference your current expiration date to determine when you will receive notification.

Quarter	First Exp Date	Last Exp Date	Mail-out Date
1	10/31/2009	-	12/31/2009
2	1/31/2010	-	3/30/2010
3	4/30/2010	-	6/30/2010
4	7/31/2010	-	9/30/2010
5	10/31/2010	-	12/30/2010
6	1/31/2011	-	3/30/2011
7	4/30/2011	-	6/30/2011
8	7/31/2011	-	9/30/2011

6. I just got my fingerprints done for a new job. Do I need to get them done again?

Yes. Third parties are not allowed to share confidential information received as a result of a fingerprint submission. You will need to submit fingerprints for the BBS even if you have recently been fingerprinted for employment purposes.

7. What do I do if I have already submitted fingerprints to the BBS using the Live Scan method?

You will not receive a courtesy notification if you used the Live Scan method and currently have a record in the DOJ's criminal offender record identification database. If you believe you need to comply, but did not receive a notification in the mail within 90 days of your expiration date, please contact the BBS at bbswebmaster@bbs.ca.gov or (916) 574 – 7859.

8. I reside outside of California, how will I comply?

If you reside outside of California, you will not be able to complete the requirement using the Live Scan method. You will need to complete the requirement using ten-print fingerprint cards. If you have an address outside of the State of California, your notification will include the hard cards and appropriate instructions to submit your fingerprints.

If you have additional questions or require more information. You can also email the BBS at bbswebmaster@bbs.ca.gov or call the Fingerprint Unit at (916) 574 – 7859.

On Michael Jackson: The Cost of Avoidance

The life and death of Michael Jackson, the King of Pop, offers us cause for reflection on the tragic consequences of avoiding one's core issues, and the high price a person pays when he or she tries to evade his or her personal history. Michael Jackson, in this therapist's opinion, personifies, better than anyone, the dissonance between what John Bradshaw refers to as one's false self, or persona, and one's true self.

The media, though it reports on various information about Jackson's life such as the accusations of abuse as a child, his obsession with constantly changing his physical appearance, his eccentric and reclusive behavior, and the allegations against him of child molestation, do not weave these disparate facts into a coherent, meaningful fabric, instead labeling him as "Wacko Jacko". Many fans, oblivious to these issues, idealize him based on his musical performance skills as if this offered immunity from either being harmed or harming others; the truth, as usual, lies somewhere between these two extremes.

What we know about abuse is that it is cyclical and intergenerational, continuing from one generation to the next, kept in place by secrecy, denial, and pain. Family members who have been abused tend to deny the abuse because of the overwhelming shame, consuming rage, and the emotional desolation and agony they experience when they attempt to unearth it; perpetrators and enablers (who have often been abused themselves when young) tend to deny the abuse because of their shame and guilt.

When one's body integrity is violated by abuse at an early age, it causes severe emotional and psychological damage, self-esteem to be annihilated, the ability to attach appropriately and form meaningful relationships to be compromised, and body image and sexuality to become distorted. The violation of one's self and exploitation of one's helplessness and dependency destroys one's ability to trust and inextricably connects bonding and intimacy to being victimized, rendering one isolated and unsupported.

Those of us who have worked with abuse recognize a pattern of symptoms that often are present including: secrecy, denial, minimization, rationalization, sexual acting out, inability to bond and form close, lasting peer relationships, low self-esteem, isolation, distrust/being overly trusting, anxiety, depression, eating disorders, substance abuse, victimizing others, toxic shame, and self-loathing.

Given what we know about the effects of early trauma and the information the media has supplied about Michael Jackson, it seems clear that his life ended with wounds inflicted in childhood and the resultant split between his true self (the healthy intact self predating the abuse) and his false self (erected in an attempt to protect himself against further injury) were left unresolved; the accumulated shame, guilt, emotional pain and self-loathing generated by both the guarding of the family secret and its public exposure ultimately becoming too hard to bear.

It is a sad commentary that few people appreciate this real tragedy, rather than the loss of a popular icon, and that the legal system and his family, friends, and medical personnel appear to have colluded, intentionally or not, in the avoidance of Michael Jackson's core issues. But therapists can see this as confirmation of the tremendous importance of our work that empowers our clients to grapple with and resolve such hard, painful truth because in order to heal the true self, one must receive emotional support and validation of one's emotional and psychological trauma. In therapy a client can finally unburden painful secrets and heal the crippling shame that keep the abusive system in place, begin to practice awareness rather than denial, and gain the courage to confront the issues rather than avoid them.

Member Editorials and Articles represent the opinions and ideas of the author and do not represent IE-CAMFT or CAMFT.

COMMITTEE POSITIONS

Hospitality: Open

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Carol Bouldin (therapist@carolabouldinmft.com)

Program Chair: Garry Raley (951) 640-5899

Trauma Response Network Chapter Coordinator: Carolyn Dodd (951-212-5003)

Webmaster: Garry Raley (951) 640-5899

If you are interested in serving on a committee, please contact Ruth or any board member

Call for Resources

Donate counseling to veterans—they receive pro-bono services and, in exchange, the veteran chooses from a list of community agencies where they may volunteer their time. See www.giveanhour.org.

If you have experience treating families with military service (with or without PTSD expertise), call or email State CAMFT.

Mental Health Network Government Services is also recruiting professionals as Marriage and Family Life Consultants — <http://www.camft.org/mhnsevices.htm>.

Paid MFT Internships

Fulltime positions with Temecula area residential treatment facilities for male/female populations, ages 6-17.

Supervision and training provided. Paid vacation and medical/dental benefits.

Contact Bob Weck at 1-800-404-5516 ext. 213 for details.

CALENDAR OF EVENTS

Redlands Psychodrama Classes

Wednesdays at 7:30 p.m. in the WESLEY LOUNGE. As you enter the church complex at the University United Methodist Church, 940 E. Colton Ave., Redlands at the corner of Division and Colton, it is the first building on your left. Free to attendees. Guests welcome. CEU and

psychodrama credits available .For information, contact Don Miller at (909) 798-2765, or at 4donellmiller@gmail.com



International Conference on Violence, Abuse and Trauma, "Promoting Peace in the Home, Your Community, and the World: Linking Practice, Research, and Policy Across the Lifespan"

September 21 - 26, 2009, San Diego Contact information: 858-527-1860, ext. 4030 or ivat-conf@alliant.edu

NEWSLETTER POLICY

NEWSLETTER ARTICLES

As a reminder, if you have an article you would like to submit to the newsletter, please e-mail it to the newsletter editor by the last day of the month. The newsletter is emailed to all members.

A Note from the Editor:

SUBMISSIONS FOR ARTICLES, EDITORIALS ARE VERY WELCOME!! Member Editorials and Articles represent the opinions and ideas of the author and do not represent IE-CAMFT or CAMFT.

DISPLAY ADS RATES

BUSINESS CARD SIZE:

MEMBERS: \$10, NON-MEMBERS: \$20

¼ PAGE: MEMBERS: \$20, NON-MEMBERS: \$40

CLASSIFIED AD RATES: Members: free

CLASSIFIED AD RATES: NON-MEMBERS:

ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF \$90

12 MONTHS: 40% OFF \$144

IE-CAMFT Mission

Statement: We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.

Sandra Keller

Support Services For Mental Health Providers

- Claim Submission/Tracking
- Client Benefit Inquiry
- Apply to Join Insurance Panels
- And Much More

For more information...
Cell: 714-454-1030
E-mail: jasaha@charter.net
www.mentalhealthinfo.com

CLASSIFIED ADS

Apple Valley. Part-time Clinical Position

Located in the high desert. Must be licensed a minimum of 2 years and be credentialed with at least one insurance company. Fax resume to 760-946-1511.

Office Space Available — Desert Area

Beautifully decorated, sound-proofed office with window in a professional building occupied by other therapists and psychiatrists. The office has a call-light and privacy exit. Possibility of group room use. Call Janet Rhodes 760-946-2070.

Office Space Available — Claremont

Share office in Claremont. Other office in suite is occupied by Psychologist. Nice quiet location. Newly painted and carpeted. Includes waiting area. For more information contact: Michelle Donaldson, MFT at (951)522-6766.

Office Space Available — Corona

Serene private inner office for lease in Corona with waiting room, utilities included , and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6606

Office Space Available – Corona - Furnished, tranquil offices available for lease full-time or part-time @1128 E. 6th St, Suite 7, Corona – Flexible, reasonable rates and easy access to 15 and 91 Fwy's! Collegial atmosphere with 5 therapists in adj. offices and ample on-site parking. Features include: Vonage DSL-enabled phone, voicemail, fax, e-mail and internet, waiting room, kitchenette for tenant use only, bi-monthly cleaning service, limited on-site fax/copy machine use Contact Doreen Van Leeuwen 951-3471837

Office Space Available – Riverside

Share office for part-time practice in great location, Magnolia Center, close to freeway, easy to find. Includes waiting room and private restroom - newly painted, close parking. Call Annette Compton at 951 682 8837 or 951 780 8654.

Class Now Forming - Trauma and Dissociation Therapy Training

Effectively and efficiently treat acute and chronic trauma and dissociation. 40 CEU training for MFTs and LCSWs; CEU provider #PCE2329 Contact Patrick Poor, MFT, 951-276-0616, today for more information.

New Practice and Groups — Upland

New private practice accepting referrals, no waiting list. Specializing in therapy for children and adolescents. Sliding scale available, rates offered for low income. Kathryn Vannauker, Licensed Marriage and Family Therapist. (909) 635-8077, 1538 Howard Access Rd, Ste. C, Upland, CA, 91786, acceptance@live.com, www.ranchocucamongatherapy.com Therapy Groups available at a low cost: Adult Coping Skills and Stress Relief; Teen Self-Improvement, ages 12– 18; Children's Behavior and Anger Management, ages 5 - 12; Children's Self-Esteem and Social Skills Building, ages 5 – 12; Children with Family Issues Therapy ages 5-12.

Office Space Available — Upland - Licensed MFT with office space to rent. Nicely furnished large office (about 300 square feet) in North Upland (just off the 210, near the intersection of Baseline and Benson) with hardwood floors and a view of the mountain Close to the 10, 210 and 15 fwys. I only use this space a few times a week and would like to find a therapist / social worker /psychologist to share with. Unlimited internet usage, full use of the conference room (good for groups up to 10 people), and kitchen and utilities are included in monthly rent. Large waiting room just outside the office. I am flexible re: which days the other therapist uses the office. Rent \$400/month, full time, negotiable.

Willing to negotiate part-time rate. Hourly rent would be \$20. If you, or a professional that you know, are interested, please contact me at (909) 635-8077, Kathy.

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companies*

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Liz Scudder@Escudder4@aol.com,
(562) 335-7167-Mobile or (951)778-0149-Office

Inland Empire CAMFT MEMBERSHIP APPLICATION

Name and Degree_____

Address_____

City_____ State_____ Zip Code_____

Telephone Number ()_____ Fax Number ()_____

E-Mail Address_____

Business Name_____ Business Telephone Number ()_____

MEMBERSHIP CATEGORIES (CHECK ONE)

Clinical (Licensed).....\$40

Prelicensed (Trainee, Intern, Social Worker Associate).....\$25

Associate (Licensed in a related mental health field).....\$40

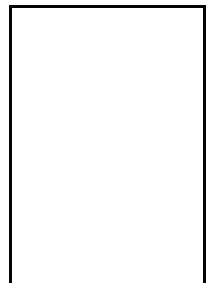
Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member #_____

Must be a member of CAMFT to join the local chapter (unless Affiliate member). Dues are paid annually in April.

MAKE CHECKS PAYABLE TO IEC-CAMFT

Inland Empire Chapter of CAMFT
(California Assoc. of Marriage & Family Therapists)
9708 SVL Box
Victorville, CA 92392



ADDRESS CORRECTION REQUESTED