

THE PROFESSIONAL EXCHANGE IE-CAMFT

IE-CAMFT Newsletter August 2011

California Association of Marriage & Family Therapists — Inland Empire

Monthly Meeting times and Location

08:30-09:00 am Coffee and Networking: ←

09:00-11:00 am Program

11:00-11:30 am Board Meeting

LLU Behavioral Health Institute 1686 Barton Rd., Redlands, CA. 92373

Directions: Exit the I-10 Fwy at Alabama St. Go South (right for most of us!) to Barton Rd. Go Right (West) on Barton Rd. BHI is at the corner of Barton Rd. and Iowa St.

Park ONLY in the parking area around the BHI

Friday, August 26, 2011

Surviving Psychosis: Providing the Best Care for Reality-Impaired Clients, Their Families, and Yourself. Presented by Alana Hendrix

This sometimes funny, always frank, and vitally important discussion covers all the basic principles on how to deal clinically and compassionately with the client who is out of touch with reality. It includes how to recognize the subtle signs that psychosis may be present in your client, how to help the family cope and provide appropriate support for the client, and how to provide clinically solid treatment for both client and their family while keeping your own sanity intact. It includes a wealth of good clinical information as well as lots of examples from Alana's own case files.

Note: New meeting time: half hour later than in past. Gives time to deliver kids to school, etc., since many of our members have that responsibility. Promptness is urged and presence required during the two hour presentation to earn your 2 CEUs.

IE-CAMFT Meeting August 26, 2011

Surviving Psychosis: Providing the Best Care for Reality-Impaired Clients, Their Families, and Yourself.

Objectives:

- How to recognize subtle signs that psychosis may be present.
- How to assist clients and their family in accepting that part of their diagnosis involves reality impairment, and how to help them find the right support for it.
- How to develop basic treatment plans for psychotic clients, and how to motivate them for treatment.
- Steps to keeping your own sense of sanity alive while dealing with psychotic clients and their families.

Speaker:

Alana Hendrix, MS, LMFT Marriage & Family Therapist Licensed by CA BBS, MFC#50048

2 CEUs available for full attendance at IE-CAMFT meeting.

IE-CAMFT members: No additional cost. It's a benefit.

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Non IE-CAMFT members: \$10.00.

IE-CAMFT Mission Statement:

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, and couple and family relationships.

President's Message:

Journal writing is a happy habit. Though it's no diary, it still supports orientation as to date through sequential organization, preserving recent memory, which otherwise erodes so much faster than remote memory. Without my personal journal I might have been at a loss to share with you the essence of our July IE-CAMFT board meeting. When I was a kid, we said summer was half over after the 4th of July, probably a reflection of the inevitable school schedule. Today's floating schedules are cited as efficient for administrators and teachers, but were I a kid I'd like it a lot less. Back when I lived in Greenock, PA - not Scotland - our daily journey to school at the big city of McKeesport was a long dull ride, only seven miles, but like a railroad local train with a series of whistle stops, it takes longer than you'd imagine to get somewhere.

I was frustrated at lost time, for I never had enough. I feel sorry for kids today whose bussing robs them as it had me. I should lament the fate of adult commuters too. In this urban area we function without small schools, small churches, or small communities. In my nostalgia I grieve over our loss, for 'small' yields contact in depth offering a better-balanced education. This applies to the 29 local chapters of CAMFT, which serve up what our huge professional meetings cannot.

In no sense am I 'bad mouthing' our annual state meetings. What we gain here we can share with them there. From there, sensitized by our own local programming, we select seminars to take us to higher levels and return home better informed. At our last annual CAMFT meeting in L.A., I was appalled to discover we were so poorly represented. I don't know how to interpret that. Is the glass half full or half empty? Are we doing such a great job here we fail to see a need to go there? If so, shouldn't we be there to enhance their program?

When we get into a professional routine, what happens to us? Most MFTs who work in the Inland Empire haven't joined us, or if they once had, they're with us no longer. Have you noticed that the majority who come to our local meetings have joined in the last three years. I became a regular when Sheri was president,

President's Message (continued):

and I see only a few faces from that era still with us. If you agree with my impression that this is a trend, it's high time we find what we're doing right, and correct where it is we've gone astray. The board's interest should be yours too.

The July board meeting of IE-CAMFT was great fun and fully productive, topped off with an excellent cuisine. I was a bit nervous because it was the first July meeting with me in charge, but as we closed an elder statesman said I'd done well. His characteristic kindness let me breathe easier afterward. Makes one try all the harder, doesn't it? We fought our way through the agenda sheet. No problem getting people to talk. They are both critical and supportive of one another. I felt pressed to hasten through the reading of the minutes, for my printed agenda lacked an item or two I'd overlooked. Our new secretary does a very thorough and straightforward report with his comments, which prompt pertinent responses from us.

How interested is the membership in the 'nuts and bolts' of our functioning? We issue an open invitation at the close of our regular meetings, but only a very few ever accept. Does this mean you're satisfied, or you don't care? Can we count on hearing from you when you're discontent? Inasmuch as our service is voluntary, perhaps you imagine we'd 'pick up our marbles and go home.' We're not so thin-skinned as all that. We value your feedback.

The balance between openness and privacy is hard to negotiate. I welcome the former but I also practice the latter, because I'm aware of our human vulnerability to shame. It pervades psychotherapy. Therapists time interpretation to support the emerging insight patients can tolerate. We aim to facilitate client discoveries. Freud warned against "wild analysis," which rides rough shod over necessary defenses. First we interpret defense before interpreting the next level of awareness, which defense has been covering up. The fruit of therapy (often masked as supervision) all of us had to endure should allow us to let down our guard that communication may flow freely.

One of the benefits of receiving the by-laws was reading the 'job-descriptions.' For example, when I pondered aloud whether 'hospitality' and 'luncheon' should be a single committee rather than two, I had to acknowledge my naiveté, for past function shows it works better the way we've been doing it. I was pleased to reassure the concerned persons present that we liked what they have been doing and want them to continue in the same way. Another issue requiring clarification was our relationship with the speaker's bureau. Was it an arm of our activity, or were they moving ahead so rapidly our board couldn't keep up with it?

President's Message (continued):

Better that the founder take full control and not wait for our approval. We give her our blessing, expect to cooperate, but leave that project entirely within her hands. We lack the will to extend ourselves as far as her energy and resourcefulness takes her.

We considered the suggestion we separate newsletter ads from the body of the newsletter. I thought we were already doing that, and was wary we may undermine speaker motivation and the networking aim of our chapter. The proponent offered to do this both ways next time as a test. Our able newsletter producer said it would not be a lot of extra work—indeed, fun for him. He's so much at home in the computer. I worry that those disinclined to go to the web site to pick out the relevant advertising may not bother to look for it at all. Now it stands at the end of our newsletter, like a bibliography.

A recent speaker asked for a list of those present, but the board was reluctant to give it, for the sake of membership privacy. They said the speaker could circulate a list of her own, as some have done in the past. We collect a nearly complete listing as people sign in on the spreadsheet when they come through the door. People complain about signing one more list. We recommended that the speaker who anticipates such a need to openly offer a sign-up sheet on the way out the door. That will avoid confusing it with the one required of us at the beginning in order to confer two CEU hours, free to members of the Inland Empire Chapter but a ten-dollar charge to anyone else that wants the credit.

It was announced that our newly elected president-elect will return to us in September. Our program chairman outline whom she'd already secured months ahead and discussed a special six hour program for the near future, where she herself will be one of the presenters. Our newsletter producer, new to many, is an active participant, outspoken and helpful. He made some positive suggestions about innovations we've

"Whenever a man does a thoroughly stupid thing, it is always from the noblest motives."

- Oscar Wilde

President's Message (continued):

agreed to look into.

I offered my appreciation for the faithful performance of the enormous task of keeping track of those coming through the door at our monthly program meetings. The spreadsheet we sign keeps us legal with regard to CEU accreditation. But in the same vain our program chairman reminded us we should give a full two hours to our speakers, and we agreed to a slight alteration in timing which may accomplish the desired result without limiting the networking at the onset, including advertising what each one is doing. We recognize this is an incentive for professionals to attend. Thus we proposed announcing our beginning at 8:30 this next time, though many in the group would have been content with 9:00 am. Our younger members must get their kids to school before coming to the meeting, but on the other hand many leave early. Another suggested our board and volunteers from the program meet to go for luncheon together afterward, but we wondered how many would come. Our program chairman's goal is to let the speaker count on the two hours between 9 and 11 am. The impact of this on our board meeting we shall evaluate at our next meeting.

Do we have a mission statement? We considered alternatives, including whether we actually needed an alternative. There must be a balance between comprehensiveness and plain speaking. We continue to mull it over. To end on a positive note, we congratulate our financial officer for his succinct and optimistic report, showing we're in better shape than the national economy.

- Don Miller

4donellmiller@gmail.com; 909-798-2765) (Let it ring several times. We take a while getting to the phone. I'm not as fast as I used to be.)

I don't get high, but sometimes I wish I did. That way, when I messed up in life I would have an excuse. But right now there's no rehab for stupidity. -Chris Rock

IE-CAMFT Meeting Speaker August 26, 2011

Our speaker will be Alana Hendrix, MS, LMFT Marriage & Family Therapist Licensed by CA BBS, MFC#50048

Alana has a rich history of counseling experience in the Inland Empire area and beyond. Her love for counseling began when she found herself in treatment as a teenager trying to deal with her father's alcoholism and her brother's drug & alcohol use.

This interest in "managing realities" has continued over the years in the venue of lay-counseling when she worked with families of murder victims. Since she becoming a professional therapist she has been assisting people of all ages and life paths to cope with their issues and to thrive in spite of those challenges.

She received both her Bachelor of Science and Master of Science from California Baptist University in Riverside, CA. She is near completion of her PhD in Marriage & Family Therapy from Capella University. She works in private practice with New Hope Christian Centers in Covina and Moreno Valley offices. She specializes in family relationship issues, parenting concerns, addiction problems, grief & loss, and good self-care. She especially advocates good self-care for those in the helping professions, such as pastors, nurses, and mental health care providers.

Alana is often described as "honest, inviting, and very funny." Her warm and engaging styles have contributed to her success as a therapist and as a speaker at community events, spiritual retreats, and other venues where she conveys a variety of techniques available to help one live life to its fullest.

Dear Members:

One of the best known ways to build your practice is to get into the community and speak about your expertise. And, your local association of therapists is interested in learning new theories, skills, tools, and approaches to treatment. Share your knowledge, experience and wisdom with us!

I am looking for presenters for these future

IE-CAMFT meetings in 2012:

Friday May 25 8:30 am-11:00 am Friday June 22 8:30 am-11:00 am

I'd be thrilled with 1) your self-nomination, or 2) recommendations of other talented folks.

The more recommendations the merrier! Call or text me at 951-347-1837, or e-mail me at Doreen@ABetterWayCenter.com

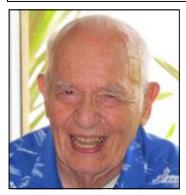
Doreen Van Leeuwen, LMFT Program Chair

PROGRAM OUTLINE FOR IE CAMFT AUGUST 2011 - JUNE 2012

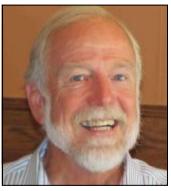
DATE	SPEAKER	TOPIC	TIME/LOCATION	COST
8/28/2011	Alana Hendrix	Surviving Psychosis: Providing the Best Care for Reality-Impaired Clients	8:30 am Loma Linda BMI	\$10 CEUS for non-members
9/23/2011	Tom Kavanaugh	Mind Mapping and Photo Reading	8:30 am Loma Linda BMI	\$10 CEUS for non-members
10/28/2011	Patrick Poor	Trauma and Dissociation	8:30 am Loma Linda BMI	\$10 CEUS for non-members
12/2/2011	Barbara Griswold and Doreen Van Leeuwen	Managed Health Care and Practice Building	9 am- 3:30pm Citrus Park – Orange Crest	Cost TBD
1/27/2012	Dr. Pejman Katiraei	The Stress Cycle: physiological links with "psychological" disorders	8:30am Loma Linda BMI	\$10 CEUS for non-members
2/24/2012	David Jenkins	Law and Ethics	8:00am-4:00 pm Venue TBD	Cost TBD
3/23/2012	Linda Shestock	Collaborative Divorce	8:30am Loma Linda BMI	\$10 CEUS for non-members
4/27/2012	Jill Epstein	Take It From The Top!	8:30am Loma Linda BMI	\$10 CEUS for non-members
5/25/2012			8:30am Loma Linda BMI	\$10 CEUS for non-members
6/22/2012			8:30am Loma Linda BMI	\$10 CEUS for non-members

IE-CAMFT BOARD OF DIRECTORS (B) and COMMITTEE Chairpersons (C)

Pictures are of board and chair members who were present at the July 2011 board meeting.



President: (B)
Don Miller
909-798-2765
4donellmiller@gmail.com



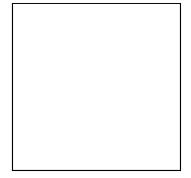
Membership: (B) Garry Raley 951-640-5899 garral@sbcglobal.net



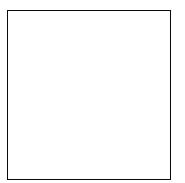
Secretary: (B)
Randy Stier
909-255-2877
rstierImft@earthlink.net



Financial Officer: (B) Benjamin Zinke 626-665-5070 abz10000@aol.com



Past President: (B) Newsletter Editor: (C) Ruth Dusenberry 951-961-4792 RuthD616@aol.com



President Elect: (B) Michelle Martin

michelle8710@netscape.net



Board Member At Large: (B) CEU Chair: (C) Carolyn Dodd 951-212-5003 cdodd1@verizon.net



Board Member at Large (B) Program Chair: (C) Doreen Van Leeuwan 951-847-7742 doreen4u2@sbcglobal.net



Board Member at Large: (B) Hospitality Chair: (C) Judy Jacobsen 909-307-6275 909-556-1276 cell wedlucks@aol.com



Networking Luncheons: (C) Janeta Peltz 951-922-0442 psy_hlp_5cents@hotmail.com



Networking Luncheons: (C) Jeanne Joslin 951-922-8799 Jeanne joslin@yahoo.com

IE-CAMFT Meeting Past (June 24, 2011): By Janell Gagnon

At our June meeting, we had the pleasure of learning a bit about Clinical Hypnotherapy from Marie Louise Bosin, MA, LMFT. Marie has been accumulating tools as a psychotherapist for over 30 years and is well trained as a certified Clinical Hypnotherapist. A more thorough background of Marie and all her accomplishments can be read in the June 2011 IE CAMFT newsletter. A Clinical Hypnotherapist is a psychotherapist who utilizes hypnosis as a primary tool for assisting patients to achieve their goals focusing on the role of the unconscious influences on the client's life; they help clients bring the unconscious to the conscious mind. Marie outlined the format used for Clinical Hypnotherapy so we could see how it would typically be used in sessions with clients.

- The first step (as with most clinical cases) is to complete a clinical assessment including anxiety and depression inventory, trauma assessment, and substance abuse assessment. The BECK inventory is a great assessment tool to use.
- 2. Second, the therapist must develop rapport with the client; developing rapport is critical in hypnotherapy. The therapist must listen carefully to the client's story and enter into the client's world long enough to develop positive regard and compassion for the client. One could use a Rogerian stance of unconditional positive regard and no judgment to develop this rapport.
- 3. Then the therapist should explain how he/she works and what likely benefits the client will experience as a result of the hypnosis work. It is important for the therapist to be completely honest with the clients about the entire treatment process to relieve any anxiety they may have about hypnosis.
- 4. Once the first three steps have taken place and the client is ready for the treatment process to begin, the therapist can test for the client's suggestibility. Testing for the client's suggestibility is a process that takes approximately 3-5 minutes in which the therapist asks the client to close their eyes and become aware of the energy in their body from head to toe. The results are discussed with the client. The point of testing suggestibility is to find out what adjustments the therapist needs to make to connect with the client. It is extremely important to tailor hypnotherapy to the client's needs and level of comfort.

- Once the therapist has made necessary adjustments, he/she invites the client into a hypnotic interchange and conducts the session.
- 6. Towards the end of the session, the therapist debriefs and discusses the client's experience during the session. It is important to get feedback on your approach and the client's experience. This can be done in verbal or paper form, whichever will encourage the client to be completely honest. It is crucial that you leave time at the end of the session for closing because you do not want someone leaving the office in a trance state. It is also important to implant the idea of hope at the end of the first session.
- 7. Last but not least, send the client away from the session with homework such as mindfulness and self-hypnosis exercises. You should also ask the client to journal dreams, memories, disturbing feelings and thoughts during the time in-between sessions, and bring the journal to the next session to be discussed.

Hypnotherapy can be used for any psychological condition as well as many medical conditions including, but not limited to, irritable bowel syndrome, skin disease, surgical soothing, weight loss, smoking cessation, high blood pressure, child birth, and pain management. In any case, it is important that the therapist be properly trained in a variety of hypnotic techniques and experiential opportunities so that they have the proper tools to adjust to a wide variety of client's and practice ethically.

If you have any questions, or are interested in learning more about Clinical Hypnotherapy, you can contact Marie Louise Bosin at Marielouise.bosin@yahoo.com, or visit her website at marielouisebosin-ma-Imft-27702.com. Some of the other techniques Marie uses include EMDR, DBT, Sand Tray Therapy with adults, teens and children, mindfulness education, Play Therapy with adults, teens and children, and Humor in Therapy. She is also a certified experienced yoga instructor and practitioner. Thank you for sharing this wonderful tool of Clinical Hypnotherapy with us Marie!

- Janell Gagnon

Be the master of your fate, be the captain of your soul, but do not hesitate, should the chance befall you, to be the slave of your heart.

- Robert Brault

Expanding your therapeutic tool-kit with Energy Psychology Practices California Workshops Available Starting Fall 2011 By Dr. Robert Schwarz

In mankind's quest to relieve suffering, the practices of modern Western medicine and psychology have, without question, offered many benefits to humanity.

However, many therapists feel their training hasn't fully equipped them to address the somatic and energetic aspects of a client's affliction, which may, in many cases, be the key to their recovery.

The expanding awareness of the mind-body connection in the west has opened up vast possibilities for healing in our culture. The burgeoning field of Energy Psychology (EP) draws from this insight. Through blending western cognitive processes with eastern physical interventions (those derived from acupuncture, yoga and other ancient systems of healing), EP practitioners have reported rapid breakthroughs with clients where previously minimal progress was being made.

"Energy Psychology is the most exciting advance I have seen in my 30 years of clinical practice."

George J. Pratt, PhD Vice-Chairman of Psychology, Scripps Memorial Hospital

The term "energy" in Energy Psychology refers to the energy system of the human body. This system has three main components: the channels through which energy flows known as the meridian systems described in acupuncture or Qigong, the distribution centers of energy known as the chakras, and the biofield that surrounds the body. Following Eastern traditions, EP asserts the cause of all negative emotions is a disruption in the body's energy system.

EP methods (which include Emotional Freedom Technique (EFT) and Thought Field Therapy (TFT) among others) have demonstrated incredible effectiveness with posttraumatic situations and are currently being employed by several organizations worldwide to provide first response to disasters and conflict. Orphans of the Rwandan genocide, survivors of ethnic cleansing in Kosovo and US combat veterans are among the populations experiencing relief and healing through EP practices.

Clinical reports and scientific research also suggest that EP methods are quick and effective with a broad range of human problems and challenges. EP is used by practitioners for:

- 1.Treating and relieving those suffering from emotional challenges such as addictions and compulsions, anxiety, depression, limiting beliefs, personality disorders, phobias, stress and trauma.
- 2.Maximizing human performance in business, sports and the arts.
- Supporting the healthy development and well-being of individuals and groups.

As this innovative field moves out of infancy, research is being conducted by institutions such as the Kaiser Foundation, the National Institutes of Health and the Veterans Administration. The growing body of clinical research has thus far been very promising. Measurable changes in brain scans following the application of EP techniques imply that EP can bring about rapid, significant and lasting improvement at the neurological level.

Energy Psychology Practices (continued)

With increasing clinical research supporting the past two decades of anecdotal positive outcomes in the practice of EP, the Association for Comprehensive Energy Psychology (ACEP) is expanding its educational and certification offerings throughout the U.S. this year. As the exciting field of EP grows, ACEP's mission is to promote and maintain a high standard of efficacious and ethical practice using these transformational tools.

Robert Schwarz, Psy D, DCEP, is a licensed Psychologist and Diplomate in Energy Psychology and has been practicing psychotherapy for over 27 years. He is also the Executive Director of the Association for Comprehensive Energy Psychology (ACEP), which provides nationwide EP Certification Training.

For more information about ACEP and the upcoming CA workshops, visit www.energypsych.org or contact

Leslie Primavera: 619-861-2237 <u>admin@energypsych.org</u> Emily Snider: 213-713-1847 <u>acepoffice@gmail.com</u> Vickie Mann: 610-642-0886 <u>acep.eft@energypsych.org</u>.

CE Credits Available: ACEP is a nationally approved CE provider for social workers (ASWB #1048), counselors (NBCC #5868), and alcohol & drug abuse counselors (NAADAC #368)

ACEP is a California Board of Registered Nursing Provider (BRN #14626). ACEP is a California approved CE provider for the California Board of Behavioral Sciences for California MFT & LCSW

The Psychiatrist & The Proctologist

Best friends graduated from medical school at the same time and decided that, in spite of two different specialties, they would open a practice together to share office space and personnel.

Dr. Smith was the psychiatrist and Dr. Jones was the proctologist; they put up a sign reading: "Dr. Smith and Dr. Jones: Hysterias and Posteriors". The town council was livid and insisted they change it.

So, the docs changed it to read: "Schizoids and Hemorrhoids". This was also not acceptable, so they again changed the sign.

"Catatonics and High Colonics" - No go.

Next, they tried "Manic Depressives and Anal Retentives" - thumbs down again..

Then came "Minds and Behinds" - still no good.

Another attempt resulted in "Lost Souls and Butt Holes" - unacceptable again!

So they tried "Analysis and Anal Cysts" - not a chance.

"Nuts and Butts" - no way.

"Freaks and Cheeks" - still no good.

"Loons and Moons" - forget it.

Almost at their wit's end, the docs finally came up with: "Dr. Smith and Dr. Jones - Odds and Ends" Everyone loved it.

FEATURED SERVICE

PLAY THERAPY GAME workshop

When: Saturday, September 17, 2011 10:00 -

2:30

Where: 1800 E. Lambert Rd. # 205 Brea, CA

92821

Who/Contact: Rachel Taylor, LMFT, RPT-S 714-239-5828 childadvocateret@yahoo.com Rachel will email you a registration form.

How Much: \$60.00 per participant (includes \$10.00

materials fee)

What: Participants will create their own Play Therapy Game that can be used with their clients. Step-by-step instructions will be given on how to determine the needs of clients and then create a game addressing those needs. We will brainstorm game questions that address emotion regulation, social interaction, identification of feelings, family relationships or other challenges attendees feel their clients have. Various diagnoses will be discussed in guiding attendees in creating their games. One need not be an artist. There will be patterns, stickers, etc. and support for awakening your creativity.

Why: Course meets the requirements for 4 hours of continuing education credits for LMFT's & LCSW's as required by the California Board of Behavioral Sciences and The Association for Play Therapy. Hours can also be used toward Registered Play Therapist Credential. Workshop information can be used with Children, Adolescents and Adults in outpatient, school- based and community-based programs.



Movers and shakers (IE-CAMFT board members) a movin' and a shakin' at their July get-together at Marie Calendar's in Redlands. May not look like much is shakin', yet they are deliberating all kinds 'a stuff considering the needs of members and resources of IE-CAMFT: money, time, energy, interests, futures, ideas, relationships, calendars, ... Can you correlate the heads and faces in the above picture with the names and faces on page 3? In other words, become a wee bit more familiar with your IE-CAMFT board members.

NEWSLETTER NOTES, POLICY

Reminder: Please submit newsletter items to Ruth Dusenberry at ruthd616@aol.com. Deadline for submissions is the first of each month (except July and December when we do not publish a newsletter). The newsletter is e-mailed to all members.

Notice Regarding Ads: Free Member ads will run continuously for three consecutive newsletters if not cancelled earlier. After three NL they will be discontinued unless a renewal request is received.

DISPLAY AD RATES (per month)

BUSINESS CARD SIZE:

MEMBERS: \$10, NON-MEMBERS: \$20

1/4 PAGE:

MEMBERS: \$20, NON-MEMBERS: \$40

CLASSIFIED AD RATES:

MEMBERS: free

NON-MEMBERS: 1 month: \$20

3 months: \$54 (10% off) 6 months: \$90 (25% off) 12 months: \$144 (40% off)

Column to "Strut your stuff"

We now have a column, "Featured Service". Each month we want to feature a service or business associated with one of our members. Submissions should describe your business, special focus, or service offered.

One of the benefits of IE-CAMFT Chapter membership is the opportunity to promote your business; this column will give members an opportunity to go beyond a small business card ad (which is free to members) by giving you the forum to describe in more detail the business or service you provide. Take advantage of this new feature!

Ruth Dusenberry, LMFT IE-CAMFT Newsletter Editor

INLAND EMPIRE activities or services of interest:

Maternal Adolescent Family Services:

Are you pregnant or parenting?
In need of services & support?
Contact Maternal Adolescent Family Services
951-358-5250 or
http://www.rivcoph.org/mcah/

IE-CAMFT Membership Has its Benefits:

Membership in the Inland Empire Chapter of CAMFT requires a membership in CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, see the membership enrollment or renewal form on page 10; or contact Garry Raley for assistance. Membership may be initiated or renewed any time during the year. But keep in mind the membership year runs from April to March 30.

Benefits: You get to

- Network
- Receive at no cost, 2 CEUs at each of 9 Monthly Meeting, and
- Attend special Law and Ethics Meeting and receive
 6 CEUs at reduced cost.
- Stay Connected to Other Therapists
- Advertise for Free
- Develop Peer Relations to Reduce Isolation
- Give and Receive Consultation and Referrals
- Increase Your Knowledge

In this newsletter, if you find errors such as name spellings, email addresses, phone numbers; or if you have suggestions you think might refine, make more accurate and improve future newsletters in form or content, convey them to

Theo Smith 951-359-1706 trsmith00@sbcglobal.net

CLASSIFIED ADS

Class Now Forming - Trauma and Dissociation Therapy Training

Effectively and efficiently treat acute and chronic trauma and dissociation. 40 CEU training for MFTs and LCSWs; CEU provider #PCE2329 Contact Patrick Poor, MFT, 951-276-0616, for more information.

Office Space for rent - Victorville/Hesperia. Fully furnished window office, with copy and fax machine, play therapy games, parking, and a waiting room. Fully disabled/wheelchair accessible. Available on weekdays, evenings, and/or weekends. Pay by the day or evening. Cross street Bear Valley Road and Hesperia Road. Call Pam Hart 760-900-3852

\$450 for your own private office, Corona (300 sf inc. utils). A great deal! Share the waiting area with another therapist, free parking, weekend-evening hours, is restaurant and fwy close! Atmosphere is quiet and up-scale...Do it! Start your own practice—take advantage of the low rent! Contact Catherine at: shrinkin@sbcglobal.net

Office for rent - North Claremont

Two office suite. Includes bathroom and waiting

area. Nice location.

Contact Michelle: 951-522-6766

mdmft@netzero.com

Office Space in Redlands

Homey & green. Fios. Fax/copier/printer/ scanner. Kitchen. Good parking. Billing available. Beth McGuire: 909-831-6377

Office Space For Rent in Corona, CA

1128 E. 6th ST, Suite 7, Corona CA

Major Cross Streets: 6th ST at Rimpau AV Close to downtown Corona; convenient to Norco, Eastvale, Riverside, South Corona

Specifics:157.5 ft² fully-furnished room; office available for sub-lease part-time; can be easily added to existing Vonage DSL-enabled telephone, voicemail, fax, e-mail and internet system; bi-monthly cleaning service; small kitchenette for tenant use only; facsimile and limited copy machine services; conveniently located near 15 and 91 freeways; waiting room with bell to alert you of next clients; amicable work environment; on site ample free parking; utilities pro-rated; flexible terms and rates – RATES NEGOTIABLE. Contact Doreen at 951-847-7742 or Doreen@ABetterWayCenter.com for further details and to schedule a tour.

Name and Degree			
Address	Ctata	7:n	<u> </u>
City		•	
•			
E-Mail Address			
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