

# THE PROFESSIONAL EXCHANGE



## INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage Family Therapists)

DECEMBER 2007



### MONTHLY MEETING

December 14, 2007

Coffee and Networking: 8:00 am  
Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic  
164 W. Hospitality Ln. Suite 15  
San Bernardino, CA. 92408

#### Self-Esteem and Depression

by Ronald Mah, M.A.

Ronald Mah, M.A. is a licensed Marriage & Family Therapist. His experiences include: author of "Difficult Behavior in Early Childhood, Positive Discipline for PreK-3 Classrooms and Beyond" (Corwin Press, 2006), trainer/speaker of 10 dvds on child development and behavior. Education experiences include 16 years in ECE, elementary & secondary teaching credentials, community college instructor, Masters of Psychology instructor, and is on the Ethics Committee of the California Association of Marriage & Family Therapist and the Board of Directors of the California Association of Marriage & Family Therapist and the Board of Directors of the Kindergarten Association.

Mr. Mah uses his wealth of experience, diverse education and humor to inspire work by therapists. Attendees at this training will learn:

1. The role that Self-Esteem plays in our lives and society.
2. Abuse, Neglect, and Depression- Fundamental Messages
3. Where Self-Esteem begins and is lost.
4. Acceptance, Power & Control, Moral Virtue and Competence.
5. The foundation of Self-Esteem.
6. The Building of Self-Esteem.
7. The Trap & the message of being the perfect Therapist.

Two (2) hours CEUs (free for members - \$10 for non-members)

### CHAPTER EVENTS TO REMEMBER

December 14, 2007      Ronald Mah Presents and Annual Christmas Lunch  
January 25, 2008      Significant Events for MFTs by Mary Riemersma, Executive Director, CAMFT  
February 15, 2008      Annual Law and Ethics workshop by David Jensen, CAMFT  
March 23, 2008      The Latest in Court Dispute Resolution Services by Hiram

#### BOARD OF DIRECTORS

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### *Happy Holidays*

*'Tis the season for at least four actions:*

*\* looking forward to fun and education at Ronald Mah's presentation on the 14<sup>th</sup>*

*\* getting a gift to exchange and sending us a message that you will be at the Olive Garden for the Chapter Lunch...*

*especially you that say you can't make the regular meetings because they are too early on Fridays! Besides, if more people attend maybe I can share the title of the person that doesn't know how to shop*

*\* thinking of information and questions you hope to get answered by Mary on January 25<sup>th</sup> or Dave on February 15<sup>th</sup>.*

*\* send questions or subjects of interest to Sheri or I and we could give them time to research*

*\* decide to be assertive and join a committee or the board so that the Chapter will move in directions beneficial to all.*

*State CAMFT recently conducted a survey. They received a huge response and forwarded those related to each chapter. I must confess that my message back reflected my annoyance that professional people would complain about stuff that is from before I was a member of this chapter, or things like geography that are literally "set in stone". The chapter will*

*have to be a few million years old (and the earthquake faults move in the desired direction) for us to be at a more central and convenient location!*

*On the other hand, we did have some comments that might be instructive. We are a large area and do need to look at ways to improve networking...the backbone of our chapter. The wonderful programs at our monthly meetings, newsletter and website are tools we've used. If you wrote the response expressing your disappointment that we can't get large numbers to the monthly meetings, call and let's talk about what we can do. If you are in a distant location and know a cadre of like minded MFTs that want to try to start a local chapter or extension of IE-CAMFT, call and let's plan.*

*Our board is practicing our mission statement (see page 11). We are all volunteers. Be the Change.*

*Best Wishes for the Season,  
Garry*

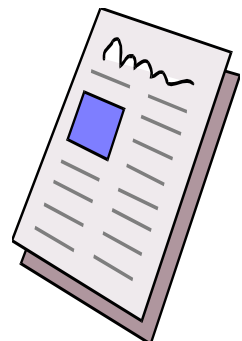
### **PRESIDENTS MESSAGE**



## NEWSLETTER ARTICLES

As a reminder, if you have an article you would like to submit to the newsletter, please e-mail it to the newsletter editor by the last day of the month. Send to:

[garra1@sbcglobal.net](mailto:garra1@sbcglobal.net) The newsletter is e-mailed (unless a hard copy has been requested) to all members.



## TRAUMA RESPONSE NETWORK

### Thinking about joining the IE-CAMFT's Trauma Response Network?

If you are interested in donating your time and energy please consider if Trauma Response is right for you. We have available a private survey to help you with your own decision making process. Trauma response is not for everyone and we all have times in our lives or with families when the timing does not work. But events like the recent fire storms causes us to reconsider priorities. We can help by providing this aid to you for your own use.

If you think you might be ready (with training) there is a definite need. The following statistics highlight the need:

Following the Oklahoma City Bombing -

8898 individuals received psychological first aid or support group services

53 people received counseling for every one death (mathematical ratio)

186,000 people received additional services\* -

Contacts by outreach workers

"Debriefing" sessions

Educational services

Trial support services

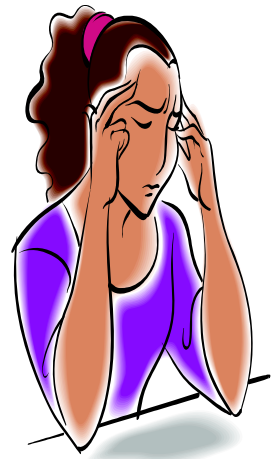
\* Mathematically, this number equals about 1000 mental health contacts per death. If you are not ready to commit but you are interested please send an email to:

[cdodd@ie-camft.org](mailto:cdodd@ie-camft.org)

Email is the most efficient method of responding - cuts down on phone tag. I can send the same message to several members at once, and all get the other's questions/ comments.

I look forward to hearing from you and developing a successful trauma response team,

Carolyn Dodd



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## December Program

A Christmas gift to IE-CAMFT members!

Join us on December 14th for a special presentation by Ronald Mah. We do not typically meet in December, but decided to have this special meeting at the usual place and time...just an unusual date. Mark your calendar.

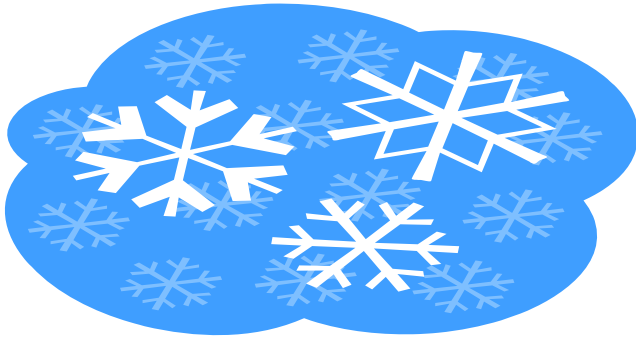
The presentation will be immediately followed by our annual holiday lunch. The cost for members is "0". Just bring a gift to be shared with others present (\$15-\$20). Contact a board members to make reservations and join us at the Olive Garden at 11:30 am.





### Give An Hour

Therapists who wish to donate counseling services to a veteran may do so by accessing [www.giveanhour.org](http://www.giveanhour.org). Veterans receive services provided pro bono by the therapist and in exchange the veteran chooses from a list of community agencies where they may volunteer their time.



### SAVE THIS DATE

May 22, 2008

### Conference on Teens

by:

FSA & California Baptist College

951-686-3706

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#### CALL for RESOURCES

If you have experience treating families with military service (with or without PTSD expertise) call or email State CAMFT to provide contact information and services you provide.

### HELP WANTED

**IE-CAMFT NEEDS YOU!**

**HAVE YOU NOTICED THAT BOARD MEMBERS ARE DOING DOUBLE-**

**DUTY? ARE YOU WILLING TO HELP? PLEASE SIGN UP FOR ANY OF THE FOLLOWING BY CONTACTING GARRY RALEY OR ANY BOARD MEMBER:**

SECRETARY

NEWLETTER

ADVERTISEMENTS

PROGRAMS

SPECIAL PROJECTS (e.g. Law and Ethics)

**YOU DON'T NEED PRIOR EXPERIENCE. CURRENT OFFICERS WILL WORK WITH YOU TO TRANSITION. PLEASE STEP UP FOR THE CHALLENGE TODAY.**

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### Psychodrama Classes

Wesley Lounge of the University United Methodist Church

940 E. Colton Ave., Redlands

Friday evenings: 7:30 PM

Free to attendees. CEU credits available.

For information, contact Don Miller at 909.798.2765

**CLASSIFIED ADS****Office Space**

Serene private inner office for lease in Corona with waiting room, utilities included and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066

\*\*\*\*\*

**Therapist Needed**

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680 Cell

\*\*\*\*\*

**Olive Branch Counseling**

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030

\*\*\*\*\*

**Licensed MFT, LCSW, or Ph.D.**

For clinical position in Apple Valley, CA Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511

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**Office Space**

521 W. Citrus Ave., Redlands

Small house in downtown Redlands on the West side of the Mall. The house has two offices, a small waiting room, kitchen, secretary/copier/filing area, and bathroom. Office for rent is 11'3" X 15'3". The house is networked for computer, fax/ copier/printer/scanner in the secretary's area. Pleasant yard with trees. Clients seem to enjoy the "homey" atmosphere. Parking for two clinicians. Not much traffic, so good sense of privacy for clients. Single renter preferred. Sublet possible. Call Beth McGuire at 909.793.7064 or 909.831.6377

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**Reasonable Rates**

**References Available**

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Contact:

Liz Scudder @ [Escudder4@aol.com](mailto:Escudder4@aol.com)

(562) 335-7167 – Mobile

(951) 778-0149 - Office

**Office Space**

Furnished office space available, Fri & Sat. \$65.00 a day. Unfurnished small office \$600.00 a month, A Redlands location near the Citrus Plaza

Call (909) 226-5541

**DISPLAY ADS RATES**BUSINESS CARD SIZEMembers      Non-members

\$10      \$20

1/4 PAGE:

\$20      \$40

**CLASSIFIED AD RATES**

MEMBERS:      FREE

NON MEMBERS

ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF - \$90

12 MONTHS: 40% OFF - \$144

All advertisements are provided by the subscriber or purchasing party. IE-CAMFT does not warrant or guarantee any party or advertisement.



## IE-CAMFT PRE-LICENSED EXCHANGE

### ASK BEN

**My name is Ben Zinke and I'm a pre-licensed board member at large for IE-CAMFT. The board is interested in starting up a pre-licensed section of the monthly newsletter. The purpose of the Pre-Licensed page will be to give interns and trainees a forum to discuss issues that they often face.**

Dear Ben,

I am an MFT Trainee and work at an agency. I had a reasonable suspicion that one of my clients, a 10 year-old boy, had been abused. When I told my supervisor, she told me not to report it to CPS because at the agency they try to handle those matters directly with the parents. I remember from my Law & Ethics class, I'm supposed to report all suspicions of child abuse. Should I listen to my supervisor, since she told me to not report, or should I report, as I learned in my Law & Ethics class?

- Cecile, Riverside

**Dear Cecile,**

You were right in asking your supervisor before you do anything, especially because you are operating under her license. However, you are also right about the fact that you are supposed to make a CPS report if you are reasonably suspicious. I understand how confusing this must be for you. Personally, I would contact CPS and ask for their advice as to whether this is a reportable incident. If they think it is reportable I would finish the phone report and send a written report immediately.

I want you to be aware that you could be fired for doing this, but it's the right (not to mention legal) thing to do. Your supervisor could lose his license and you could be criminally prosecuted and have complications with ever getting your license if it was discovered that you were not reporting when you should have. I assume your supervisor was worried that a report to CPS would damage your relationship with the client and that the clinic would lose business if they reported every time. While this is a legitimate concern, an agency that is worried about losing too much business because of CPS involvement might not have the right moral attitude. As a therapist it is your duty to protect children. In every case you must do what is ethical and legally required, and hopefully this is "in the best interests of the child". CPS is there for a reason and they have resources that your agency does not. Their mission is not to just pull kids out of homes. To the extent they can, they provide services to keep families united and to reunite the family if a child was removed.

If you are still having doubts about what you should do, keep in mind that for every day that goes by that child might be enduring abuse and thinks they told YOU. It might be a good idea to see if you can get some support on this issue from your school and from you classmates. No matter what happens here it would be good for you to have support. If a member of CAMFT, you may call their attorney for consultation.

Best of luck,

Ben

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If you would like to Ask Ben any questions, please email him at [ztherapist@gmail.com](mailto:ztherapist@gmail.com)



## WHAT DOES THE LAW EXPECT OF ME? PART 3

### FEATURED SPEAKER CAMFT STAFF ATTORNEY

**Dave Jensen, J.D.**

Dave Jensen has been Staff Attorney with CAMFT since April 2002. Dave graduated from Brigham Young University with a Bachelor's Degree in History, and he received his law degree from the Thomas Jefferson School of Law in San Diego, California. As an attorney with CAMFT, he consults with CAMFT's members regarding their legal and ethical dilemmas, and he is a regular contributor to *The Therapist* magazine. Dave gives numerous chapter, school and agency law & ethics presentations and has developed What Does the Law Expect of Me? Part I, Part 2, and now introduces Part 3.

#### *What Does the Law Expect of Me? Part 3\**

- *Attendees will acquire an in depth understanding of the psychotherapist- patient privilege*
  - *how it differs from other privileges*
  - *how and when it is created*
  - *how and when it is destroyed; and various exceptions to it*
- *Attendees will also be taught the ins and outs of responding to subpoenas*

*Although this is an advanced class, it is not necessary to have attended Parts 1 and 2*

**BENEFITS:** This is a lecture-format course that will satisfy the BBS's on-going requirement of six (6) CEUs in law and ethics.

**COST: \$55.00 IE CAMFT Members    \$75.00 Non-IE CAMFT Members**

#### ***SAVE MONEY on this workshop by joining INLAND EMPIRE CHAPTER of CAMFT!***

Enjoy the benefits of networking with your peers and attend monthly chapter meetings with free CEU trainings from local experts. See back of this brochure for IEC CAMFT Membership Application form. Mail application together with payment to the address below or bring completed application with you to the workshop registration sign-in desk where an IE CAMFT Representative will be happy to assist you.

**DATE: FRIDAY, February 15, 2008**

**TIME: 9:00 a.m. -- 4:30 p.m.**

**PLACE: San Bernardino Hilton – Ballroom**

**285 E. Hospitality Lane – San Bernardino, CA 92408**

**PAYMENT – Make check payable to IE-CAMFT**

**Mail to: 9708 SVL Box, Victorville, CA 92395**

**Questions? Please call Pam Hart at (760) 900-3852 for more information.**



## INLAND EMPIRE CHAPTER

California Association of Marriage and Family Therapists (CAMFT)

**WORKSHOP REGISTRATION**

Name \_\_\_\_\_ Degree \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number ( ) \_\_\_\_\_ Fax Number ( ) \_\_\_\_\_

Contact E-Mail Address - Check here if you would like to be e-mailed about future IE-CAMFT events \_\_\_\_\_

Business Name &amp; Position \_\_\_\_\_

Business Phone Number ( ) \_\_\_\_\_ Cell Number ( ) \_\_\_\_\_

**OPTIONAL - COST OF CHAPTER MEMBERSHIP (YOU MAY ATTEND THE WORKSHOP WITHOUT BEING A MEMBER)**\_\_\_\_\_ **Clinical** (Licensed MFT) .....\$40\_\_\_\_\_ **Prelicensed** (MFT Trainee, MFT Intern, Social Worker Associate) .....\$25\_\_\_\_\_ **Associate** (Licensed in a related mental health field) .....\$40\_\_\_\_\_ **Affiliate** (Practitioner in another field (e.g., RN, Attorney, DOA Counselor) .....\$40

CAMFT Member # \_\_\_\_\_ (The ID number shown on your CAMFT membership card)

*NOTE: Unless you are an Affiliate member of the Inland Empire Chapter of CAMFT (IEC), you must also be a member of the California Association of Marriage and Family Therapists (CAMFT) to join a local Chapter. Dues for membership in CAMFT are paid annually in April and are separate from fees for local chapter membership. To join the Inland Empire Chapter of CAMFT (IEC), please complete this form and make checks payable to IE-CAMFT in amount shown above for the membership category appropriate for your field.*

**Workshop Registration Fee**

\$55.00 for chapter members, \$75.00 for non-chapter members \_\_\_\_\_ \$ \_\_\_\_\_

Membership Fee (if you decide to join now to get the discounted rate on Registration).....\$ \_\_\_\_\_

Total Amount Enclosed.....\$ \_\_\_\_\_

**INLAND EMPIRE CHAPTER of CAMFT***California Association of Marriage and Family Therapists***9708 SVL Box****Victorville, CA 92395**



## In the Eye of the Storm... Essentials for Disaster Mental Health

Presented by  
Diane Myers, RN, MSN, CTS

Sponsored by IE-CAMFT

California is a beautiful state but it also comes to us with earthquakes, fires, mud slides, bio-chemical spills and possible terrorist's attacks. Unfortunately it is not a question of "if" we have a disaster but "when" and will we be prepared?

This workshop will provide training on essential knowledge and skills for intervening effectively with mental health needs in the complex and intense aftermath of disaster. Attendees will learn about: types of disaster, trauma caused by disaster, risk groups, disaster recovery phases, how disaster mental health interventions differ from psychotherapy, and effective mental health interventions to be used in a variety of disaster settings and time phases.

Additionally, self-care and prevention of secondary traumatization for disaster mental health professionals will be emphasized.

Dates: Friday, March 14, 2008 - 8:30 am to 4:30 pm

Registration: 8:00 am

Day two: Saturday, March 15, 2008 - 8:30 am to 4:30 pm

Diane Myers has her Master's Degree in psychiatric nursing from Yale University, she is Board Certified Expert in Traumatic Stress, and holds the credentials of Certified Traumatologist and Master Traumatologist from Florida State University Traumatology Institute.

Because life isn't always balmy weather

It's necessary to be prepared



Register early - seating is limited  
Pre-registration required by February 25, 2008  
No refunds after February 29, 2008

**TWO DAY Trauma Response Network Training meets BBS requirements for 14 CEU's, BBS# PCE2740 and is sponsored by**

**Inland Empire - CAMFT**

**Who Should Attend: Marriage and Family Therapists, Counselors, Social Workers, Psychologists, Clergy, Police, Firefighters, EMT's, etc.**

**IE-CAMFT MEMBERS: \$195**

**ALL OTHERS: \$220**

**Registration form below**

**Where: Courtyard by Marriott, Riverside**

**1510 University Avenue - Riverside, CA 92507**

**Guest Room Rates: \$150 - \$160 Single or Double (For room reservations, call: 951-276-1200)**



Registration Form

**IN THE EYE OF THE STORM**

**March 14 & 15, 2008**

Name \_\_\_\_\_

License/Intern# \_\_\_\_\_

Profession (if not a therapist) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Member ☐ Yes ☐ No Enclosed check for \$ \_\_\_\_\_

Please make check payable to : IE\_CAMFT

Mail payment and registration to Pam Hart, MFT 9708 SVL Box, Victorville, CA. 92395

Questions? Email Carolyn Dodd, MFT (cdodd@ie-camft.org)



**MEMBERSHIP APPLICATION**

**Inland Empire - CAMFT**

Name and Degree \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

Telephone Number ( ) \_\_\_\_\_ Fax Number ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Business Name \_\_\_\_\_ Business Telephone Number ( ) \_\_\_\_\_

**MEMBERSHIP CATEGORIES (CHECK ONE)**

\_\_\_\_\_ Clinical (Licensed).....\$40

\_\_\_\_\_ Prelicensed (Trainee, Intern, Social Worker Associate).....\$25

\_\_\_\_\_ Associate (Licensed in a related mental health field).....\$40

\_\_\_\_\_ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # \_\_\_\_\_

Must be a member of CAMFT to join the local chapter, unless Affiliate member)

Dues are paid annually in **April**. MAKE CHECKS PAYABLE TO IE-CAMFT

Send this form with check to: Inland Empire Chapter of CAMFT  
9708 SVL Box  
Victorville, CA. 92392



**IE-CAMFT Mission Statement**

**We are professional visionaries dedicated to providing training, networking and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.**



INLAND EMPIRE CHAPTER OF  
CAMFT NEWS

Inland Empire—CAMFT  
9708 SVL Box  
Victorville, CA. 92392

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We're on the Web!  
[www.ie-camft.org](http://www.ie-camft.org)

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**COMMITTEE POSITIONS**

**Membership:** Pam Hart- (760) 900-3852

**Hospitality:** Pam Hart – (760) 900-3852

**Networking Lunches/Socials:** Wendy Hallum – (909) 239-8051

**Newsletter Editor:** Garry Raley (951) 640-5899

**Program Chair:** Sheri Rambharose – (951) 778-3970

**Webmaster:**

If you are interested in serving on a committee, please contact Garry Raley or any board member

**Get involved! It's fun and your input helps the chapter stay strong.**

Inland Empire Chapter of CAMFT  
(California Assoc. of Marriage & Family Therapists)  
9708 SVL Box  
Victorville, CA 92392