

THE PROFESSIONAL EXCHANGE



INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage Family Therapists)

FEBRUARY 2007

MONTHLY MEETING

WHAT DOES THE LAW EXPECT OF ME? PART II

Featured Speaker
CAMT Staff Attorney
Dave Jensen, J.D.

DATE: FRIDAY
February 23, 2007

TIME: 9:00 am -- 4:00 pm

PLACE: San Bernardino Hilton
Ballroom
285 E. Hospitality Lane
San Bernardino, CA 92408



SEE PAGE 9 TO REGISTER

CHAPTER EVENTS TO REMEMBER

February 23, 2007 David G. Jensen, J.D. Law & Ethics, Part II
March 23, 2007 Bill LaTour, PhD., J.D. Social Security
April 27, 2007 Mary Moline on EFT with Couples
May 17-20, 2007 CAMFT Conference in Santa Clara

The board meeting is open to all members and held immediately following the regular presentation.

BOARD OF DIRECTORS

Past President
Marjorie Lucas – Moved to Ventura!

President
Sheri Rambharose – (951) 778-3970

President Elect
Garry Raley – (951) 640-5899

Membership
Pam Hart – (760) 900-3852

Financial Officer
Pam Hart – (760) 900-3852

Secretary
Wendy Hallum – (909) 239-8051

Board Member At Large
Iliana Ramos-Carroll
(909) 798-6431

Board Member At Large
Patrick Griffiths (909) 338-8253

Board Member At Large
Carolyn Dodd (951) 212-5003

INSIDE THIS ISSUE:

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Greetings,

Several of us from the board attended the excellent Chapter Leadership Conference in Ontario on February 3rd. The conference agenda was to disseminate research based information vital to what constitutes a successful practice, cultivate leadership in local chapters, legislative updates and a chance to meet and share ideas with MFT's from all of California. "The Future of the Field" was the keynote presentation made by Scott D. Miller, Ph.D. of the institute for the Study of Therapeutic Change. Some highlights which may nudge you to attend next year are as follows:

1. Study after study, and studies of studies, show the average treated client is better off than 80% of the untreated sample.
2. Top reasons given by those who have needed help but have not gotten help:
 - Cost
 - Lack of confidence that treatment helps
 - Stigma was unimportant
3. Outcome of successful treatment:
 - 60% due to Alliance
 - 30% due to Allegiance to a model/method
 - 8% due to model and technique

In summary, Scott Miller's research indicated that there is no difference in outcome between different types of treatment approaches, what is significant is the therapeutic alliance. Dr. Miller asserts that, if a particular approach delivered in a given setting by a specific provider is going to work, there should be measurable improvement in the first six weeks of care. Therapists sometimes fail to recognize when their approach is not working, which may be the primary reason for 47% average drop out rate. For

further information on Dr. Miller's research, his web site is www.talkingcure.com.

I share the Leadership Conference with you because I think attending next year could re-vitalize your interest in the field and your practice. To be surrounded by the buzz of therapists sharing ideas on treatment and identifying ways our chapter can be an effective resource for our members was truly an exciting learning opportunity. The conference is "FREE" to members and lunch is provided. I encourage you to plan to attend next year.

Another important item to share is that nominations are under way for board positions of President-Elect, Financial Officer, Board Member at large and Pre-licensed Board Member at large. Elections are in March. Participating on a local level with our chapter is a step towards participating on the state level of CAMFT. Participating can support our local chapter, and also benefit you personally and professionally by exposing you to new opportunities and the camaraderie of therapists from all over California.

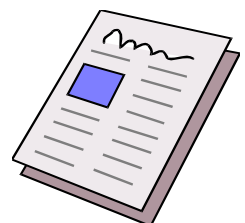
Lastly, our annual Law & Ethics workshop is February 23rd at the Hilton in San Bernardino. Board members will be there assisting with registration. If you have any inquiries about serving on the board or a committee, we invite you to ask. I look forward to seeing you there.

Warm Regards,

Sheri

NEWSLETTER ARTICLES

As a reminder, if you have an article you would like to submit to the newsletter, please e-mail it to the newsletter editor by the last day of the month. Send to garal@sbcglobal.net The newsletter is e-mailed (unless a hard copy has been requested) to all members by the second Friday of every month.





IE-CAMFT President Sheri Rambharose received a special award for her service to the Chapter at the CAMFT Leadership Conference

MEMBERSHIP INFORMATION

Membership to the Inland Empire Chapter of CAMFT requires a membership to CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, contact Pam Hart or any of the board members for assistance. Phone numbers are on the first page of the newsletter.

Welcome New Members

A. Benjamin Zinke
Stan Kemp
John Shannon
Rose Ann Connerley
Betty Odak
Tricia Kaiser
Chris E. St. Clair



NOMINATIONS ARE OPEN !



ELECTIONS ARE COMING!

THE CHAPTER IS LOOKING FOR BRIGHT, ENERGETIC MEMBERS WHO WANT TO BECOME PART OF THE LEADERSHIP. BECOME INVOLVED WITH THE GOALS, DECISIONS, AND DIRECTION OF

IE-CAMFT

The elections of officers will be held at our March meeting. The new officers will take their positions in April, 2007. If you are interested in running for an Open office, please let a current board member know.

2007-2008 Board

Past President (one-year term): Sheri Ramharose

President (one-year term): Garry Raley

President Elect (one-year term): Open

Duties: Succeed to the presidency after one year. Perform the duties of President in his or her absence or incapacity

Board Members At Large (one-year term): One position open.

Duties: Liaison between the membership and the Board of Directors. Available to the President to perform assigned duties as needed.

Financial Officer (two-year term): Open

Duties: Keep financial records and report all monetary activity for the Chapter.

2007-2008 Committee Chairs

CEU Coordinator (one-year term): Carolyn Dodd

Duties: Collect fees from non-members for CEUs, create and distribute CEU certificates, maintain sign-in sheets and speaker resumes in a file.

Hospitality (one-year term): Open

Duties: Call members before meetings to remind them of the meetings and greet members and prospective members and meetings.

Networking Lunches/Socials (one-year term): Wendy Hallum

Duties: Coordinate any networking lunches, parties, etc. and notify members of the events.

Newsletter Editor: (one-year term) Open

Duties: Prepare and distribute the "Professional Exchange"

Program Chair (one-year term): Open

Duties: Coordinate and schedule the presenters for chapter meetings.



IE_CAMFT SURVEY RESULTS

Your chapter distributed survey forms to all members during October and November, 2006.

The results were:

General Meeting: The day, time and location are good.

Comments: The topics and presenters have been valuable

Newsletter: Like the mix of research and news

Comments: 50% prefer the news; 50% prefer the research

Organization: Access to the board and current practices were supported

Comments: One member from Illinois recommended we get a million dollars to advance the chapter!
No support for a fee change.

Web Site: Ideas included 1) More listing of local resources, 2) Link to BBS and 3) Convert to blog type format

Social: Consider a luncheon after the meeting on a quarterly or semi-annual basis

Training: Keep doing it like it is!

Granted, the responses were from current members and lacked input from others for outreach. The results indicate that we should keep doing the current activities and reach out to our colleagues in the profession.

California Coalition on Sexual Offending

Meetings are held on the second Tuesday of each month at the offices of Sharper Future. 1025 S. Mt. Vernon Ave., Ste. B, Colton, CA.

(909)783-1473 mdiehl@sharperfuture.com

8:30 am—10:30 am

Meetings are typically attended by a diverse group of private and governmental representatives.

Open to all professionals—No Charge



**FINANCIAL REPORT**

Balance as of 11/1/06	\$8,860.55
Income	
Advertising	\$20.00
Donation	\$20.00
Dues	\$135.00
Total Income	\$175.00
Expenses	
Postage	\$78.00
PAC drawing gift cards	\$175.00
Website—3 months	\$87.00
BBS CE Provider renewal	\$200.00
CAMFT Federal PAC	\$100.00
CAMFT State PAC	\$100.00
Total Expenses	\$740.00
Closing Balance 11/30/06	\$8,295.55
Submitted by Pam Hart, Financial Officer	

FINANCIAL REPORT

Balance as of 11/1/06	\$8,295.55
Income	
Dues	\$0.00
Total Income	\$0.00
Expenses	
Hilton	\$500.00
Office Max	\$258.60
Christmas Luncheon	\$90.74
CAMFT Federal PAC	\$20.00
Total Expenses	\$869.34
Closing Balance 12/31/06	\$7426.21
Submitted by Pam Hart, Financial Officer	

AAMFT & BBS APPROVED SUPERVISOR COURSE

AAMFT & BBS Approved Supervisor Course will be offered on Friday, April 13th, from 9:00 a.m. – 4:00 p.m. at the Loma Linda University Marriage and Family Therapy Clinic. The clinic is located at 164 W. Hospitality Lane, Suite 15, San Bernardino. The cost is \$95. Barbara Hernandez will be the facilitator for this course. CAMFT members are welcome. For more information or to register, call Betsy (909) 558-4547, ext. 47001, or email: bjones@llu.edu

LOVE

A FOUR YEAR OLD CHILD LIVED NEXT DOOR TO AN ELDERLY GENTLEMAN WHO HAD RECENTLY LOST HIS WIFE. UPON SEEING THE MAN CRY, THE LITTLE BOY WENT INTO THE OLD GENTLEMAN'S YARD, CLIMBED ONTO HIS LAP, AND JUST SAT THERE.

WHEN HIS MOTHER ASKED WHAT HE HAD SAID TO THE NEIGHBOR, THE LITTLE BOY SAID, "NOTHING. I JUST HELPED HIM CRY".

Inland Empire Chapter of CAMFT News

Licensed MFT or LCSW wanted for clinical position in Apple Valley, CA. Managed care and EAP work. Private Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511.

Supervisor / Clinical Coordinator: Full Time in Redlands Provide case management and therapy for Childhelp Foster Family Agency. Fax Resume to (909) 793-7466

Lutheran Social Services Needs a supervisor for trainees working at two shelter locations. The trainees work with homeless women and children Call: 951-656-6020 Ask for: Cynthia or Sue

DISPLAY ADS RATES**BUSINESS CARD SIZE**

<u>Members</u>	<u>Non-members</u>
\$10	\$ 20

<u>1/4 PAGE:</u>	
\$20	\$40

CLASSIFIED AD RATES

MEMBERS: FREE
 ONE MONTH: \$20
 3 MONTHS: 10% OFF \$54
 6 MONTHS: 25% OFF - \$90
 12 MONTHS: 40% OFF - **\$144**

MEMBERSHIP APPLICATION

Name and Degree _____

Address _____

City _____ State _____ Zip Code _____

Telephone Number () _____ Fax Number () _____

E-Mail Address _____

Business Name _____ Business Telephone Number () _____

MEMBERSHIP CATEGORIES (CHECK ONE)

____ Clinical (Licensed).....\$40
 ____ Prelicensed (Trainee, Intern, Social Worker Associate).....\$25
 ____ Associate (Licensed in a related mental health field).....\$40
 ____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # _____

Must be a member of CAMFT to join the local chapter, unless Affiliate member)

Dues are paid annually in April. MAKE CHECKS PAYABLE TO IEC-CAMFT



WHAT DOES THE LAW EXPECT OF ME? PART II

Featured Speaker
CAMT Staff Attorney

Dave Jensen, J.D.

Dave Jensen has been Staff Attorney with CAMFT since April 2002. He was born in Flint, Michigan, but was raised in Tustin, California. Dave graduated from Brigham Young University with a Bachelor's Degree in History, and he received his law degree from the Thomas Jefferson School of Law in San Diego, California. Dave passed the California bar examination in February 1999. Before joining CAMFT, Dave worked for Foley & Lardner, a large national law firm, where he regularly established and advised nonprofit organizations. As an attorney with CAMFT, he consults with CAMFT's members regarding their legal and ethical dilemmas, and he is a regular contributor to *The Therapist* magazine. Dave gives numerous chapter, school and agency law and ethics presentations and has developed What Does the Law Expect of Me? Parts I and Part 2, which have both garnered rave reviews

DATE: FRIDAY
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285 E. Hospitality Lane
San Bernardino, CA 92408

BENEFITS

- Fulfills MFT California State License renewal requirements
- Provides updates on laws and legal decisions that impact therapists
- Earns 6 Continuing Education Units for completion of Seminar

COST

- \$55.00 IE CAMFT Members
- \$75.00 Non-IE CAMFT Members

**SAVE MONEY on
this seminar by joining the INLAND EMPIRE CHAPTER of CAMFT!**

Enjoy the benefits of networking with your peers and attend monthly chapter meetings with free CEU trainings from local experts. See back of this brochure for IE CAMFT Registration form. Mail form together with payment to the address below.

PAYMENT

Make check
payable to: IE-CAMFT

Mail your check to:
9708 SVL Box
Victorville, CA
92395

**check out our new website at
www.ie-camft.org.**

What Does the Law Expect of Me? Part II

As a psychotherapist you have probably heard references to the "standard of care" or the "reasonably competent therapist," but you may not have a clear understanding of how such concepts affect you on a day-to-day basis. Consequently, you may not have an accurate understanding of what the law expects of you as a psychotherapist. In this six-hour workshop, which is Part II of a multi-course series on this subject, you will learn about what the law expects of you regarding advertising, scope of competence, scope of practice, confidentiality, child abuse reporting, termination of the therapist-patient relationship, and forms of business practice.

This is a lecture-format course that will satisfy the BBS's ongoing requirement of six (6) CEUs in law and ethics.

DIRECTIONS

TO SAN BERNARDINO HILTON

From the 215 freeway, go East on the 10 freeway (towards Redlands).

Exit North Waterman and follow it under the freeway.

Take a left on Hospitality Lane. Hilton will be on the left-hand side, at 285 E. Hospitality.

SEMINAR INFORMATION

Please call Pam Hart at (760) 900-3852 for more information



INLAND EMPIRE CHAPTER

California Association of Marriage and Family Therapists (CAMFT)

WORKSHOP REGISTRATION

Name _____ Degree _____

Street Address _____

City _____ State _____ Zip Code _____

Phone Number () _____ Fax Number () _____

Contact E-Mail Address - Check here if you would like to be e-mailed about future IE-CAMFT events _____

Business Name & Position _____

Business Phone Number () _____ Cell Phone () _____

MEMBERSHIP CATEGORIES (please check one)

- _____ **Clinical** (Licensed MFT) \$40
- _____ **Prelicensed** (MFT Trainee, MFT Intern, Social Worker Associate) \$25
- _____ **Associate** (Licensed in a related mental health field) \$40
- _____ **Affiliate** (Practitioner in another field (e.g., RN, Attorney, DOA Counselor) \$40

CAMFT Member # _____ (The ID number shown on your CAMFT membership card)

*NOTE: Unless you are an Affiliate member of the Inland Empire Chapter of CAMFT (IEC), you must also be a member of the California Association of Marriage and Family Therapists (CAMFT) to join a local Chapter. Dues for membership in CAMFT are paid annually in April and are separate from fees for local chapter membership. To join the Inland Empire Chapter of CAMFT (IEC), please complete this form and make checks payable to **IE-CAMFT** in amount shown above for the membership category appropriate for your field.*

Registration Fee (\$55.00 for chapter members, \$75.00 for non-chapter members).....\$ _____

Membership Fee (if you decide to join now to get the discounted rate on Registration).....\$ _____

TOTAL AMOUNT ENCLOSED.....\$ _____

****Registration Deadline: 2/15/07. Please add \$20 to the fee for registrations received after the deadline or on-site registrations.**

INLAND EMPIRE CHAPTER of CAMFT

California Association of Marriage and Family Therapists

9708 SVL Box

Victorville, CA 92395

SEVEN STEPS TO A HAPPY MARRIAGE BY MAHER SELIM, MFT, PhD.

1. Love and Care

Consider each others needs and opinions
 Love is an emotion that will feel different at different times in your relationship
 Caring for someone is a decision you make and a commitment you choose to keep

2. Honest

Never lie to each other
 Trust is the cornerstone of your relationship and is very difficult to repair if broken
 Conflict early in a relationship is important because it allows people to learn about one another
 Never lie to avoid conflict—common reason for making little lies

3. Financial Security

Don't get into a serious relationship unless you have financial security
 Steady reliable income
 Ability to provide food, shelter, clothes, medical insurance, schooling
 Have the ability and desire to improve your situation and make future plans

4. Equality and Fairness

What applies to one applies to the other
 Equality causes less anger, less stress, less frustration
 In a relationship, no one person can be superior

5. Negotiate Boundaries

You will need to negotiate boundaries all of the time—and sometimes renegotiate as situations change
 What are the rules going to be? What do we do? What don't we do?
 What is important to each of you?
 What are the boundaries going to be in your social lives? Family? Religion? Politics?

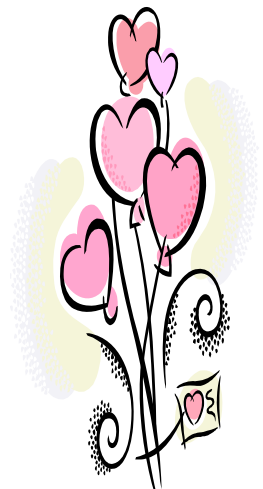
Agree to disagree on certain things

6. Common Goals

You will need to know what the future holds for both of you
 Where/how will you advance emotionally, socially, in work, towards retirement?
 Who will go to school first?
 Do you want children?
 Will both of you work?
 Hobbies and interests?
 Goals towards life and the future

7. Support System

A support is the foundation for every step above to stand on
 Good mutual love making
 Includes sex and intimacy
 Each person is responsible for their own sexual satisfaction and needs to be met by communicating to their partner
 Relatives and Friends
 Keep those people close to you
 Recreational activities
 Allow your life to take place
 Common Dreams
 Spiritual life (as you define it)
 What is your belief system?
 How will you practice it?



Maher Selim, M.A., PhD is the Clinical Director of New Day Institute in Chino, Fontana and Rancho Cucamonga. The outline above is the starting point for his thoughts on the subject. His live presentation includes numerous uproariously funny anecdotes that entertain and illuminate the facets of marriage.

**American Psychological Association Division 51
Society for the Psychological Study of Men and Masculinity
Is Pleased to Announce**

National Psychotherapy with Men Conference

Saturday, June 2, 2007 (8am-5pm)

California State University, Northridge

Come learn from the experts about the unique issues of male clients and ways to improve your psychotherapy skills with them

Keynotes

Who are those Masked Men:

Developments in the Diagnosis and Treatment of Men with Depression

Dr. Aaron Rochlen, Associate Professor of Psychology, University of Texas
Researcher and Psychologist, Austin's Men Center

Engaging Black Men in Psychotherapy

Dr. Anderson J. Franklin, Professor of Psychology, Boston College
Author: *From Brotherhood to Manhood: How Black Men Rescue Their Relationships and Dreams from the Invisibility Syndrome* (Wiley 2003)

Videotape Presentations of Psychotherapy Sessions with Men

Jon Carlson, Psy.D. Ed.D., ABPP

Distinguished Professor, Division of Psychology and Counseling, Governors State University
Producer of the APA Psychotherapy Video Series
Author of 40 books and named one of five Living Legends in Counseling by the American Counseling Association

Sam Park, Ph.D.

University Counseling Psychologist, University of California San Diego
Chapter author in recent APA published book *In the Room with Men: A Casebook of Therapeutic Change*

Practice Oriented Symposiums

An Integrated Psychoeducational and Motivational Interviewing Approach to Working with Depressed Men.

Michael Addis Ph.D., Associate Professor of Psychology and Chair, Clark University

Pushes, Pulls and Possibilities for Therapists Working with Men from Diverse Backgrounds

William D. Parham, Ph.D., ABPP (Chair) Dean, Graduate School of Professional Psychology John F. Kennedy University, President Division 17 American Psychological Association
Richard Rodriguez, Ph.D. Director University Counseling Services, University of Colorado
Rebekah Smart, Ph.D. Assistant Professor of Counseling, California State University, Fullerton
Chen Oren, Ph.D. Professor of Psychology, Phillips Graduate Institute
Chris Liang, Ph.D. Assistant Professor of Psychology, University of La Verne

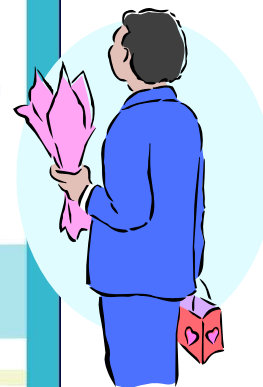
Engaging Men in Therapy: Learning from Research How to Improve Clinical Practice

Matt Englar-Carlson, Ph.D. (Chair)

Associate Professor of Counseling, California State University, Fullerton
Mark S. Kiselica, Ph.D., HSPP, NCC, LPC
Professor, Department of Counselor Education, The College of New Jersey
David Shepard, Ph.D.
Associate Professor of Counseling, California State University, Fullerton
Fred Rabinowitz, Ph.D.
Professor of Psychology, University of Redlands

To register, contact Dr. Mark Stevens @
mark.stevens@csun.edu

or visit
www.apa.org/divisions/div51/



California Coalition of Sexual Offending

Tenth Annual Training Conference—May 9-11

Getting Past the Pandemonium: Public Policy & Current Sex Offender Treatment & Management

Family therapists are increasingly challenged to provide care for families and individuals where sexual offenses have been adjudicated by the courts. We all note numerous articles in the press and news that have created an emotional uninformed public policy. This conference will focus on current issues, research, and treatment modalities that inform and support effective treatment approaches in California. <http://www.ccoso.org/conferences.php>



INLAND EMPIRE CHAPTER OF
CAMFT NEWS

Inland Empire—CAMFT
9708 SVL Box
Victorville, CA. 92392

We're on the Web!
www.ie-camft.org

COMMITTEE POSITIONS

Membership: Pam Hart- (760) 900-3852

Hospitality: Pam Hart – (760) 900-3852

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Garry Raley (951) 640-5899

Program Chair: Sheri Rambharose – (951) 778-3970

Webmaster: Patrick Griffiths- (909) 338-8253

If you are interested in serving on a committee, please contact Sheri,
President.

Get involved! It's fun and your input helps the chapter stay strong.

Inland Empire Chapter of CAMFT
(California Assoc. of Marriage & Family Therapists)
9708 SVL Box
Victorville, CA 92392