



THE PROFESSIONAL EXCHANGE IE-CAMFT

IE-CAMFT
Newsletter
February 2012

California Association of Marriage & Family Therapists — Inland Empire



IE-CAMFT Meeting Friday Feb. 24, 2012

Hilton Garden Inn
1755 S. Watermen Ave.
San Bernardino, CA 92408

Check-in 8:30 - 9:00 a.m.
Workshop 9:00 a.m. - 4:00 p.m.

What Does the Law Expect of Me? Part III (6 CEUs in law and ethics)

Learning Objectives:

1. To educate therapists about the contours of the psychotherapist-patient privilege.
2. To improve the level of discourse among therapists regarding the psychotherapist-patient privilege.
3. To prepare therapists to respond to subpoenas.
4. To inform therapists about the distinctions between percipient, expert, and treating-expert witnesses.
5. To educate therapists about the most common exceptions to the psychotherapist-patient privilege.

This is a lecture-format course that will satisfy the BBS's ongoing requirement of six (6) CEUs in law and ethics.

Cost: \$55.00 IE-CAMFT Member / \$75.00 Non IE-CAMFT Member / \$100 Non CAMFT Member
Attendees will be on their own for lunch.

SAVE MONEY on this workshop by joining Inland Empire Chapter of CAMFT. Enjoy the benefits of networking with your peers and attend monthly chapter meetings with free CEU training's from local experts. Mail registration and application, with payment, to the address below or bring completed application with you to the workshop. Send form with payment to: Inland Empire CAMFT, Attn: Garry Raley, P.O. Box 51591, Riverside, CA 92517 951-640-5899

Friday, February 24, 2012

Full Day special program. See flyer at end of newsletter.

What Does the Law Expect of Me? Part III

Dave Jensen has been Staff Attorney with CAMFT since April of 2002. Dave graduated from Brigham Young University with a Bachelor's Degree in History, and received his law degree from the Thomas Jefferson School of Law in San Diego, California. As an attorney with CAMFT, Dave consults with CAMFT's members regarding their legal and ethical dilemmas, and is a regular contributor to The Therapist magazine. Dave gives numerous chapter, school and agency law and ethics presentations and has developed What Does the Law Expect of Me? Parts I - IV.

Law and Ethics flyer at the end of this newsletter.

IE-CAMFT Mission Statement:

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, and couple and family relationships.

President's Message:

If you were not there for our January 27 IE-CAMFT program you may have missed a life changing experience---if you were not already moving in the same direction. Dr. Pejman Katiraei is no run-of-the-mill physician. His doctorate is in osteopathic medicine, and his residency in pediatrics led to his career as Associate Professor in Loma Linda's medical school. He founded and directs the Loma Linda University Wholistic Health Clinic and has a private practice in Life Span Medicine in Santa Monica.

Despite the fact that his thrust was physiological, I responded to his friendliness to natural foods, for back in the late 70's and early 80's I was the owner of Miller's Harvest in Santa Cruz, two stores which operate in spirit of Clark's on nearby Mountain View. My eldest son manages a GNC in Surprise, AZ. As it happens I am older than two thirds of the residents of retirement homes, partly because I was involved with living from the start, used vitamins, not drugs, and ingested foods which have over the long haul benefited me. Besides, I believe in action, giving and taking treatment through psychodrama, which I'm sure is old news for our regulars, and you who have been receiving my emails. I say no more.

I will not attempt to summarize what Dr. Katiraei told us clearly and succinctly---not that I could. Instead I shall pursue a parallel course on the psychological level. He drew many illustrations from addictions. Though I have not specialized in this area, I have, as I'm sure you have too, encountered addictions again and again in your professional practice, especially with regard to its impact on the family.

We've all attained at least a nodding acquaintance with alcoholism and drug abuse, but how many of us have had to deal with eating disorders, despite the fact that my half the population ruminates on the subject---to little avail. The other half of the population offers little sympathy, and finds it hard to understand why they just can't say "No." Don't all of us begin on the oral level? Some, it seems, have never graduated.

I've left to others the treatment of obesity (I am slightly overweight) and have concentrated upon anorexia and bulimia. The connection between the symptom and the underlying dynamics is metaphorical. It

President's Message (continued-1):

represents the culmination of a person's developmental history---especially in the early years. What a symbolic expression of a person's inability to swallow what the caretaker has thrust upon her. "No more, thank you. I've had plenty already". The speaker is skinny, but fails seeing in the mirror what everyone else sees. She insists she's too fat. It does no good to reason with her. She is saying what she believes to be true. Meanwhile the family and often the family physician are climbing the walls trying to save her life.

You may be too young to remember the Carpenters. I loved their music. The talented Karen succumbed to anorexia. For her it proved to be a fatal disease. She had everything to live for, but dying that way seemed to be a suicidal choice. Unfairly the public blame the family. That's sometimes a half-truth. It's not the family with her today, but the family of the past---even though it may include the same people.

Parents who have longed for children may be over-protective, which expresses itself in controlling behavior. The infant and toddler, long for expression, only to have it cut short, have just one way to retaliate, to control the feeder by refusing to eat. The patient is too dependent to fight in any other way. What apt revenge to deny the feeder the satisfaction of receiving what she has to offer. What a great way to control the controller.

Now I have been speaking as if literal food were the focus. Not necessarily---maybe not even usually. It may have been where the process got its start, but it is no longer what sustains it. Food is just one aspect of the total situation. We MFTs are familiar with the dynamics of intergenerational conflict and the interpersonal consequences of the whole addictive picture.

But professionals find that this addiction involves more mystery and frustration than more usual forms of addiction such as alcohol, drugs, gambling and sex. One may work toward a total cut off of any of these without any life threat (except maybe to other members of the family)! whereas we dare not abandon food altogether, and what one must learn to take in moderation, stretches the necessary balance out of reach.

Consider the role consequences of the symptom. One becomes the victim, requiring grudging care, and excusing oneself from the tumult of involvement beyond the self. The variation of bulimia is of special interest, with maybe a better prognosis. At least bulimia is less likely to be fatal. These patients are much more ambivalent than the anorectic. They please everyone by eating heartily, then sneak off to the bathroom to vomit. Amend the slogan of 'having

President's Message (continued-2):

one's cake and eating it too' to read 'having ones cake and losing it, then repeating the process.'

Of course, as with the above, it has its behavioral counterpart. These patients time after time are on the verge of completing something and then fail to do so. In sports we say they have "closure problems." Not limited to sports.

Back when I enrolled at Yale, I walked through the common room to find wise upper classmen puffing pipes and engaging in deep conversation, throwing around names I never heard of. To myself I said, "I don't belong here. I'll never be able to measure up to the standard." Four years later I passed through the common room again (I didn't go there often) only to find the same persons puffing pipes and making profound comments. But I had my degree. I wonder how many of them ever got theirs.

Yale finally resorted to desperate measures. New rule: "If you don't get your doctorate in ten years, you're out!" Tuition was much lower then. The story is intended to illustrate one way of keeping one's participation in life on hold. True, graduating can be a frightening experience.

Bulimia, despite the effort to please, can be an isolating condition. One must keep one's secret behavior (vomiting) a secret. Otherwise society will interfere, and worse yet, the patient must face the shame of such 'irrational' behavior. I've kept no statistics (it wouldn't be easy because it's so subjective), but my impression is that our eating disorder patients are more physically attractive than the norm (if there is one). Is this a frequently unnoticed complicating factor? Of course, males seek out attractive females, but is this what the women want? For some, men are anathema, for others, the candy that one dare sample at great peril. You see the parallel, and finally you may understand them better if you consider the most subtle, though commoner situation, where the attractive desperately and unsuccessfully diet.

Another of my unverified impressions, many obese women have beautiful facial features, and would enjoy more romantic opportunities, if they'd lose the weight. Here obesity is clearly an unsuspected defense against a conflict area. How sad. If nothing else, the weight problem allows them to avoid the real underlying issue. Now if a doctor is clever, enjoys good rapport and prescribes the right health foods or drugs, this may open the door to getting at some other kind of unfinished business in the person's life that needs to be taken care of. We should consult with (=conspire with) such physicians. The trouble is, the patient may decide to leave both of us.

What I'm saying is hardly new. When I was in psychoanalytic training so many years ago I can hardly remember, my analysis of the situation above was

President's Message (continued-3):

commonplace---and even a bit wider to include anal problems, such as constipation and colitis with their personality correlates. Trouble was, that the analysts were so focused on the intrapsychic level they neglected the interpersonal---which is our meat and potatoes. Now Dr. Katiraei has reminded us of the body, to keep us from blindness on the other side. Some of the connections I make are as clear as crystal when working with psychoses.

Years ago I was working with a hospitalized patient who required spoon feeding to survive, a blatantly symbolic situation. It even affected his spiritual life---he was a clergyman who passively stood in front of a locomotive expecting the Lord to save him. He was sure God let him down. Of course he was depressed, as was his mother.

We should profit from giving bodily behavior our more careful attention. Posture, tics, habits are often clues to much else--if we think symbolically. We are so cognitive in psychology today. Always respect the affects. They are our first line of expression to what is before us. They have enormous survival value, which is the main function they serve. Also they let others know where we're coming from, even when we don't. The situational affects like fear or anger may become full scale emotions. Our positive or negative feelings represent how we construe the situation and plan to deal with it. Often this takes cognitive form, but if we don't involve ourselves in realistic actions all that innate equipment may have functioned in vain. As Dr. Katiraei reminded us, all such things can work in reverse direction.

Our roles in life surely affect our bodies quite as much as the other way around. I like to write novels which illustrate the web of interactions which characterize life stories. We who work with people everyday must get to know the client's story, if we are to understand them at all. And more than that, maybe we can help them write a better story for their lives.

- Don Miller

4donellmiller@gmail.com ; 909-798-2765)

(Let it ring several times. We take a while getting to the phone. I'm not as fast as I used to be.)

In our January IE CAMFT meeting, we had the pleasure of hearing from Dr. Pejman Katiraei DO, who told us about the physiological links with psychological disorders, specifically the link between the gastrointestinal tract (our guts) and the brain. Dr. Katiraei is a board certified pediatrician and integrative medicine practitioner who has a strong passion for helping people, and many endeavors in which he does this. He is currently an Assistant Professor of Pediatrics in the Loma Linda University School of Medicine. He founded and directs the Loma Linda University Wholistic Medicine Clinic, which helps children and adults become free of psychiatric and psychological disease through diet and supplementation. Dr. Katiraei also has a private practice in LifeSpan Medicine in Santa Monica, CA.

Dr. Katiraei did an excellent job of presenting his advanced, in-depth knowledge of the topic in a simple manner that we could all understand. The gastrointestinal tract is one of the largest organ systems in our body, controlling 80% of the body's blood flow and having direct ties with the central and peripheral nervous systems. Thus, infection and inflammation cause imbalance in the gastrointestinal tract, which often manifests as psychological disorders.

We have all heard that stress is a silent killer, and now we can understand the physiological reason behind that statement. The body's stress response is what causes this inflammation in the gastrointestinal tract. When we think of stress, we typically think of emotional stress. Stress that causes inflammation also often comes from toxins such as lead, BPA, methyl mercury, and phthalates; as well as processed foods such as fast food (no more McDonalds!). When the body is stressed it releases stress chemicals into the gastrointestinal tract such as histamine, chymase, trypsin, IL-1b, and TNF-a, which causes intestinal permeability (holes) in the gastrointestinal tract.

These stress chemicals and the intestinal permeability they cause is significantly associated with psychological disorders such as OCD, ADHD, schizophrenia, mood disorders and anxiety disorders. This is a continuous

vicious cycle in which angry/stressed person gives rise to angry/stressed cells and vice versa. Inflammation inside one's body stresses the person. When a person is stressed, their body produces more stress chemicals which cause further inflammation in the body...and the cycle continues.

So what can attenuate this vicious cycle? Dr. Katiraei taught us about proper diet and adequate vitamins, minerals and nutrients that can stop the cycle and improve psychological and physical well-being. 60% of the brain is made of lipids, which makes healthy fats such as omega-3 fatty acids essential for proper functioning. Omega-3 fatty acids strongly influence the metabolism of dopamine, with deficiency effecting vesicle formation by disrupting membrane formation and function.

Studies show that the vitamins and nutrients required for normal dopamine levels are vitamin C, iron, zinc, omega-3 fatty acids, folic acid, B6, B12, and magnesium. Diet suggestions for getting what the body needs in terms of these nutrients and avoiding stress-inducing foods are a gluten and/or dairy free diet, probiotics and prebiotics, and high doses of fish oils. Of course to ensure that we as MFT's do not make recommendations beyond our scope of practice, we can always refer our clients to wholistic practitioners, such as Dr. Katiraei, who specialize in treating psychological disorders with these diets.

This wholistic approach to psychological disorders is simply another option for client's who do not seem to respond well to traditional psychotropic medications or simply prefer to not take medications. Dr. Katiraei has had great success treating such clients in his wholistic medicine clinic. To learn more about wholistic medicine for psychological disorders you can contact Dr. Pejman Katiraei by phone at (909) 558-4993 or email him at pkatiraei@llu.edu. You can also get information about Dr. Katiraei's wholistic medicine clinic at www.wholistickids.org.

Thank you Dr. Pejman Katiraei for your intriguing and informative presentation on the physiological links with psychological disorders!

By: Janell Gagnon



IE-CAMFT Sponsored Training Introduction to Emotional Transformation Therapy™ Friday, March 9, 201

Emotional Transformation Therapy™ (ETT™) is a form of therapy that uses precise visual brain stimulation to amplify principles of interpersonal neuroscience to achieve rapid recovery from a wide range of psychological disorders. ETT™ is both a means for diagnosing and treating for complex trauma, depression, anxiety disorders, ADD, and many more. Among the achievements of ETT™ are the following:

- Reduction of emotional distress in seconds
- Alleviation of physical pain in minutes
- Rapid identification and correction dissociation
- Rapid retrieval of relevant implicit memory and affect
- Rapid access and relief of somatic memory
- Rapid elimination of addictive craving
- Rapid facilitation of states of extreme wellbeing

Schedule

- Thinking outside the box about therapy
- Directing neural impulses to the circuits of the brain responsible for symptoms through visual stimulation
- The new eye movement psychotherapy
- Peripheral eye stimulation
- Spectral resonance technique
- Live demonstrations with volunteers
- Brain scan findings and other research related to ETT™

Learning Objectives

Participants will be able to:

- Identify how principles of interpersonal neurobiology are used to regulate emotions.
- Describe how visual stimulation is used to rapidly access neural circuits.
- List three outcomes observed from the use of multidimensional eye movement for rapid trauma recovery.
- List three therapeutic outcomes from the use of the spectral resonance technique.
- Describe how peripheral eye stimulation is used to rapidly reduce or eliminate physical pain.

What Can ETT™ and Multidimensional Eye Movement Do?

Address symptoms of the following: • Acute stress disorder • Posttraumatic stress disorder • Complex trauma • Phobias • Anxiety • Panic • Depression • Attention deficit hyperactive disorder • Migraine headaches • Physical pain from injuries • Fibromyalgia • Arthritis • Back pain

Who Can Benefit from this Introduction?

Professional Counselors: Steven R. Vazquez, Ph.D., is recognized by the National Board for Certified Counselors to offer continuing education for certified counselors. We adhere to NBCC continuing education guidelines. Provider #5935. 6.0 credit hours

Social Workers: Steven R. Vazquez, Ph.D., is an approved CE Sponsor through the Texas State Board of Examiners of Social Workers. Provider # 3677. Approved by the California Board of Behavioral Sciences #PCE1392. 6.0 credit hours.

Marriage & Family Therapists: Steven R. Vazquez, Ph.D., is an approved CE Sponsor through the Texas State Board of Examiners of Marriage & Family Therapists. Provider # 294. Approved by the California Board of Behavioral Sciences #PCE1392. 6.0 credit hours

Registration Details:

Date: Friday, March 9, 2012

Location: Loma Linda Counseling and Family Sciences, 1686 Barton Rd., Redlands, CA

Times: 9:30 a.m. - 5:30 p.m. (Lunch is on your own)

The workshop registration fee is \$79.00 for 6 CE hours. On-site registration if space allows.

Registration Form at end of this newsletter.

To establish oneself in the world, one does all one can to seem established there already.
- La Rochefoucauld

Academic an aristocratic people live in such an uncommon atmosphere that common sense can rarely reach them.
- Samuel Butler

Many promising reconciliations have broken down because, while both parties came prepared to forgive, neither party came prepared to be forgiven.
- Williams

IE-CAMFT Membership Has its Benefits:

Membership in the Inland Empire Chapter of CAMFT requires a membership in CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, see the membership enrollment or renewal form on page 8; or contact Garry Raley for assistance. Membership may be initiated or renewed any time during the year. But keep in mind the membership year runs from April to March 30.

Benefits: You get to

- Network
- Receive at no cost, 2 CEUs at each of 9 Monthly Meeting, and
- Attend special Law and Ethics Meeting and receive 6 CEUs at reduced cost.
- Stay Connected to Other Therapists
- Advertise for Free
- Develop Peer Relations to Reduce Isolation
- Give and Receive Consultation and Referrals
- Increase Your Knowledge

Dear Members: Who's next?

One of the best known ways to build your practice is to get into the community and speak about your expertise. And, your local association of therapists is interested in learning new theories, skills, tools, and approaches to treatment. Share your knowledge, experience and wisdom with us!

I am looking for presenters for this future IE-CAMFT meeting in 2012:

Friday September 28 9:00—11:00 am

I'd be thrilled with 1) your self-nomination, or 2) recommendations of other talented folks.

Call or text me at 951-347-1837, or e-mail me at Doreen@ABetterWayCenter.com

Doreen Van Leeuwen, LMFT
Program Chair

PROGRAM OUTLINE FOR IE CAMFT FEBRYARY 2012 – JUNE 2012

DATE	SPEAKER	TOPIC	TIME/LOCATION	COST
2012-02-24 February	David Jensen, J.D.	Law and Ethics: What Does the Law Expect of Me? Part III	8:30am-4:00 pm Hilton Garden Inn 1755 S Waterman San Bernardino, CA	6 CEUs \$25 IE CAMFT members \$50 CAMFT members \$75 Non-members
2012-03-09 Fri. Mar. 9	Steven Vazquez, Ph.D.	Introduction to Emotional Transformation Therapy™	9:30—5:30 Loma Linda BMI	\$79. for 6 CE Hours
2012-03-23 March	Linda Shestock	Collaborative Divorce	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-04-27 April	Jill Epstein	Take It From The Top!	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-05-25 May	Roger Nolan	Mindfulness	8:30am Loma Linda BMI	\$10/2 CEUS for non-members
2012-06-22 June	Dr. Tristan Morgan	Help for Treatment Resistant Teens	8:30am Loma Linda BMI	\$10/2 CEUS for non-members

IE-CAMFT

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4donellmiller@gmail.com

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Newsletter Editor: (C)

Ruth Dusenberry 951-961-4792
RuthD616@aol.com

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Doreen Van Leeuwen 951-847-7742
doreen4u2@sbcglobal.net

Dan Totaro 909-957-9169
dtotaro@gmail.com

Ilse Aerts 909-845-9947
ilseaerts76@gmail.com

Maria Luisa Ciaglo 909-659-7095
mlctherapeuticservices@gmail.com

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garra1@sbcglobal.net

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wedlucks@aol.com

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Jeanne_joslin@yahoo.com

Janeta Peltz 951-922-0442
psy_hlp_5cents@hotmail.com

In this newsletter, if you find errors such as name spellings, email addresses, phone numbers; or if you have suggestions you think might refine, make more accurate and improve future newsletters in form or content, convey them to

Theo Smith 951-359-1706
trsmith00@sbcglobal.net

NEWSLETTER NOTES, POLICY

Reminder: Please submit newsletter items to Ruth Dusenberry at ruthd616@aol.com. Deadline for submissions is the first of each month (except July and December when we do not publish a newsletter). The newsletter is e-mailed to all members.

Notice Regarding Ads: *Free* Member ads will run continuously for three consecutive newsletters if not cancelled earlier. After three NL they will be discontinued unless a renewal request is received.

DISPLAY AD RATES (per month)

BUSINESS CARD SIZE:

MEMBERS: \$10,
NON-MEMBERS: \$20

¼ PAGE:

MEMBERS: \$20,
NON-MEMBERS: \$40

CLASSIFIED AD RATES:

MEMBERS: free

NON-MEMBERS:

1 month: \$20
3 months: \$54 (10% off)
6 months: \$90 (25% off)
12 months: \$144 (40% off)

Column to "Strut your stuff"

We now have available a column, "Featured Service". Each month we want to feature a service or business associated with one of our members. Submissions should describe your business, special focus, or service offered.

One of the benefits of IE-CAMFT Chapter membership is the opportunity to promote your business; this column will give members an opportunity to go beyond a small business card ad (which is free to members) by giving you the forum to describe in more detail the business or service you provide. Take advantage of this new feature!

- Ruth Dusenberry, LMFT

IE-CAMFT Newsletter Editor

CLASSIFIED ADS

Class Now Forming - Trauma and Dissociation Therapy Training

Effectively and efficiently treat acute and chronic trauma and dissociation. 40 CEU training for MFTs and LCSWs; CEU provider #PCE2329 Contact Patrick Poor, MFT, 951-276-0616, for more information.

Office Space for Rent - North Upland

\$100 per day per month, 5 days a week available. 300+ sq ft. (big enough for therapy groups of 8 adults). Fully furnished. Utilities, Internet and phone included. Possibility of referrals.

Contact: Kathryn Vannauker: 909-635-8077 or acceptance@live.com

Therapy groups offered: Upland

- Young Children's Therapy Group (Ages 2 -5)
- Children's Behavior and Emotion Management Therapy Group (Ages 5 - 12)
- Children's Social Skills and Self-Esteem Building Therapy Group (Ages 5 - 12)
- Teen Self-Improvement Group (Social Skills, Self -Esteem Building and Behavior and Emotion Management) (Ages 12 - 18).

Contact: Kathryn Vannauker: 909-635-8077 or acceptance@live.com

Office for rent - North Claremont

Two office suite. Includes bathroom and waiting area. Nice location.

Contact Michelle: 951-522-6766
mdmft@netzero.com

Office Space For Rent in Corona, CA

1128 E. 6th ST, Suite 8, Corona CA

Major Cross Streets: 6th ST at Rimpau AV
Close to downtown Corona; convenient to Norco, Eastvale, Riverside, South Corona

Specifics: Fully-furnished room; office available for sub-lease full or part-time; bi-monthly cleaning service; small kitchenette for tenant use only; facsimile and limited copy machine services; conveniently located near 15 and 91 freeways; waiting room with bell to alert you of next clients; amicable work environment; on site ample free parking; utilities pro-rated; flexible terms and rates. Contact Susan at 909-957-4357 or Kleszewski@aol.com for further details.

Classes for Counselors: LPCC Required Classes

Available Online Through CE at Alliant

Contact: ce@alliant.edu or 415-955-2029

Free consultation for MFTs who want to qualify for LPCC!!

Possible Classes Needed

- Psychopharm Survey
- Career Counseling Theories and Techniques
- Ethics for LPCC Licensure
- Group Counseling Theories and Techniques
- Understanding and Treating Addictive Disorders
- Domestic Violence: Assessment, Treatment, Evaluation
- Understanding Health and Illness in Older Adults
- Clinical Approaches to Addressing Human Sexuality in Couples
- Child Abuse: Introduction, Assessment, Treatment
- Grief and Trauma Counseling

Feeling Lost About Working With Couples?



What if couples therapy was actually *"fun"* for couples to come to every week?

If you've ever wanted a thriving couples therapy practice based on a research-proven method, then come learn Level 1 and 2 of Gottman Method Couples Therapy

Level 1 Gottman Couples Training: Bridging The Couple Chasm

San Diego, CA - March 16 & 17, 2012
Palm Springs, CA - April 27 & 28, 2012

Level 2 Gottman Couples Training: Assessment and Intervention

Los Angeles, CA - May 21-24, 2012

Presented by Salvatore Garanzini, MFT
Certified Gottman Method Couples
Therapist and Gottman Instructor



Early Bird Registration: \$380 | Standard Registration: \$425
13 CEU's: APA/BBS/NBCC

Additional Discounts:

10% off all Gottman couples therapy products and materials.

IE-CAMFT members use the coupon code "IECAMFT" to save \$25.

Pre-licensed (student/intern/psych-assistant) get another \$55 off regular tuition

More Info on the Method, Workshop, & To Register, go to:
<http://www.GayCouplesInstitute.org/gottman.training.htm>,
or call 877-424-1221.

CLASSIFIED ADS, cont.

Help needed:

I am looking for someone willing to do approximately 7 hours per week clinical supervision with MFT and LPCC students (masters & doctoral students) at the CFS Clinic at the BHI in Redlands. The person would need to have already taken the required BBS supervision course and be licensed as an MFT for two years.

The pay is \$45/hour. Hours must be during the day and would include two hours of group supervision. The person would also need to be willing to participate in a quarterly supervisors' meeting, which lasts about 90 – 120 minutes. The person would need to become credentialed by medical staffing on campus to be able to access the electronic medical record.

Ideally, the person would be able to speak Spanish. If you know of anyone, have them contact me directly at 909-558-9568.

Randall Walker, M.S., MFT, Director
Counseling & Family Sciences Clinic
Loma Linda University Behavioral Health Institute
1686 Barton Rd., Box B
Redlands, CA 92373
909-558-9568; fax 909-558-9593
Extension 39568; fax 39593
rrwalker@llu.edu

Mental Health Professional needed:

The University of Redlands Student Counseling Center is looking to hire a licensed mental health professional with significant experience working with clients with substance abuse or substance dependence diagnoses. certified substance abuse training is strongly preferred. This position is for five to ten hours per week to provide therapy for college students with substance abuse and dependence disorders in individual and group therapy.

This position is funded through May 2012 and is paid at \$25 per hour; guaranteed five hours per each week worked with payment for no-shows. The position will very likely be renewed in September contingent upon funding.

The University of Redlands, located in Redlands, California, is a private liberal arts college with approximately 2500 undergraduate students. The Counseling Center provides psychotherapy, psychiatric services and psycho-education to approximately 10 – 15% of the student population as well as training to faculty, administrators and staff.

Mailing address:

University of Redlands
The Counseling Center Student Development
Center P.O. Box 3080
1200 E. Colton Avenue Redlands, CA 92373
Phone: (909) 748-8108 Fax: (909) 335-5297
Business hours: Monday through Friday, 8 a.m. to 5 p.m.

Director of Counseling - Lorraine Young, Ph.D. Lorraine is a licensed psychologist and a licensed marriage and family therapist, and has been a practicing therapist in the Inland Empire for many years. She has been a therapist at the University for six years. Before coming to the University of Redlands, she worked extensively in community counseling settings and in medical psychology. She is also a researcher in the area of sexual abuse.

Associate Director of Counseling - Matt Gragg, M.S., MFT Matt is a licensed marriage and family therapist and has worked with adolescents for seventeen years. He has been a therapist at the University for eight years. He is trained in EMDR therapy which is helpful in treating past traumas.

Inland Empire CAMFT MEMBERSHIP APPLICATION

Name and Degree _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

E-Mail Address _____

Business Name _____ Business Telephone _____

MEMBERSHIP CATEGORIES (CHECK ONE)

_____ Clinical (Licensed).....\$40

_____ Prelicensed (Trainee, Intern, Social Worker Associate).....\$25

_____ Associate (Licensed in a related mental health field).....\$40

_____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # _____

Must be a member of CAMFT to join the local chapter (unless Affiliate member).

Dues are paid annually in April.

MAKE CHECKS PAYABLE TO: IE-CAMFT

Mail to:

Inland Empire Chapter of CAMFT (California Assoc. of Marriage & Family Therapists)

P.O. Box 11846, San Bernardino, CA 92423

ADDRESS CORRECTION REQUESTED

Inland Empire Chapter of CAMFT
(California Association of
Marriage & Family Therapists)
P.O. Box 11846
San Bernardino, CA. 92423



ADDRESS CORRECTION REQUESTED



IE-CAMFT Sponsored Training

Introduction to Emotional Transformation Therapy™

Friday, March 9, 2012

Emotional Transformation Therapy™ (ETT™) is a form of therapy that uses precise visual brain stimulation to amplify principles of interpersonal neuroscience to achieve rapid recovery from a wide range of psychological disorders. ETT™ is both a means for diagnosing and treating for complex trauma, depression, anxiety disorders, ADD, and many more.

- **Cancellation/Refund Policy:** Requests for cancellations and refunds must be submitted in writing, by fax or email at least 2 weeks prior to the workshop. A \$10 processing fee will be deducted from the registration fee. No refunds will be issued for cancellations made less than 2 weeks prior to each workshop. Steven Vazquez, Ph.D., reserves the right to cancel a workshop due to low registration or emergency situations. Immediate notification of workshop cancellation will be given to the registered participants and full refunds of registration fees will be issued.
- **Satisfactory Completion:** Participants must have paid tuition fee, signed in and out, attend the entire introduction seminar, completed an evaluation in order to receive a certificate of completion. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available. Certificates will be sent after the seminar.
- **ADA Statement:** ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

Registration Form and Fees

Date: Friday, March 9, 2012

Location: Loma Linda Counseling and Family Sciences, 1686 Barton Rd., Redlands, CA

Times: 9:30 a.m. - 5:30 p.m. (Lunch is on your own)

The workshop registration fee is \$79.00 for 6 CE hours. On-site registration if space allows.

Eligibility: Licensed mental health, medical professionals only.

Name_____

Address_____

City_____ State_____ Zip _____

Telephone (H) _____(W) _____

Fax_____ E-Mail_____

Method of Payment: ☐ Check (make check payable to Steven Vazquez, Ph.D., PC)

☐ MasterCard ☐ Visa ☐ American Express

Name on Credit Card: _____

Credit Card # _____

Exp. Date_____ Security Number _____

Cardholder Signature_____

Send completed registration form to: Steven Vazquez, Ph.D., PC
2520 Harwood, Suite 100
Bedford, TX 76021

Or fax to 817-684-8555.

For additional information call 817-268-7050



“What Does the Law Expect of Me?” Part III

Featured Speaker: David Jensen, J.D., CAMFT Staff Attorney

Friday, February 24, 2012, 8:30 to 4:00

Check-in 8:30 - 9:00 a.m. Workshop 9:00 a.m. - 4:00 p.m.

**Hilton Garden Inn
1755 S. Watermen Ave.
San Bernardino, CA 92408**

NEW LOCATION

Dave Jensen has been Staff Attorney with CAMFT since April of 2002. Dave graduated from Brigham Young University with a Bachelor's Degree in History, and received his law degree from the Thomas Jefferson School of Law in San Diego, California. As an attorney with CAMFT, Dave consults with CAMFT's members regarding their legal and ethical dilemmas, and is a regular contributor to *The Therapist* magazine. Dave gives numerous chapter, school and agency law and ethics presentations and has developed *What Does the Law Expect of Me? Parts I - IV*.

What Does the Law Expect of Me? Part III

Although the psychotherapist-patient privilege is one of the most important concepts in law for a therapist to understand, many therapists struggle with understanding the fundamental concepts of the doctrine because it seems so esoteric. In this third part of his popular What Does the Law Expect of Me series, CAMFT Staff Attorney Dave Jensen will focus on the psychotherapist-patient privilege. Attendees will acquire an in depth understanding of the psychotherapist-patient privilege, including how it differs from other privileges; how and when it is created; how and when it is destroyed; the difference between a limited waiver as opposed to a complete waiver of it; and, various exceptions to it. Attendees will also be taught the ins and outs of responding to subpoenas. Although this is an advanced class, it is not necessary to have attended Parts I and II to enroll and benefit.

Learning Objectives:

1. To educate therapists about the contours of the psychotherapist-patient privilege.
2. To improve the level of discourse among therapists regarding the psychotherapist-patient privilege.
3. To prepare therapists to respond to subpoenas.
4. To inform therapists about the distinctions between percipient, expert, and treating-expert witnesses.
5. To educate therapists about the most common exceptions to the psychotherapist-patient privilege.

This is a lecture-format course that will satisfy the BBS's ongoing requirement of six (6) CEUs in law and ethics.

Cost: \$55.00 IE-CAMFT Member / \$75.00 Non IE-CAMFT Member / \$100 Non CAMFT Member

Attendees will be on their own for lunch.

SAVE MONEY on this workshop by joining Inland Empire Chapter of CAMFT. Enjoy the benefits of networking with your peers and attend monthly chapter meetings with free CEU training's from local experts. Mail registration and application, with payment, to the address below or bring completed application with you to the workshop. **Send form with payment to: Inland Empire CAMFT, Attn: Garry Raley, P.O. Box 51591, Riverside , CA 92517 (951) 640-5899**



“What Does The Law Expect of Me?” Part III 2012 Inland Empire Chapter — CAMFT

REGISTRATION FORM: *Please Print Clearly*

Name _____ Degree _____
Address _____
City _____ State _____ Zip Code _____
Phone # _____ Cell Phone # _____ Business Phone # _____
E-Mail _____ Want future IE-CAMFT emails: Yes _____ No _____
Business Name and Position _____

Workshop Registration Fee:

Non CAMFT Member ... \$100

CAMFT member (but not IE-CAMFT) ... \$75

IE-CAMFT member ... \$55

IE-CAMFT MEMBERSHIP

Clinical (Licensed)..... \$ 40

Pre-licensed (Trainee, Intern, Social Worker Associate)..... \$ 25

Associate (Licensed in a related mental health field) \$ 40

Affiliate Practitioner in another field (e.g. RN, Attorney).....\$40

CHECK ONE: IE-CAMFT New Member _____ ; IE-CAMFT Renewing Member _____

CAMFT Member # _____

Note: You must be a member of CAMFT to join a local chapter. Annual dues for membership in CAMFT are separate from annual dues for local chapter membership. To join the IE Chapter of CAMFT, please complete this form and make checks payable to IE-CAMFT in the amount shown above for the appropriate membership category.

Workshop Fee	\$ _____
IE-CAMFT Membership (renewal or new)	\$ _____
TOTAL	\$ _____

Please note: attendees are on their own for lunch

Option 1: Paypal and submit form electronically to Garry Raley (garry.rale@sbglobal.net)
Form and Paypal link are located on www.ie-camft.org

Option 2: Mail form with payment to: Inland Empire CAMFT, Attn: Garry Raley
P.O. Box 51591, Riverside, CA 92517

Registration must be received by February 17, 2012