















# THE PROFESSIONAL EXCHANGE

JANUARY 2008

# INLAND EMPIRE CHAPTER OF CAMET

(California Association of Marriage and Family Therapists)

# MONTHLY MEETING

January 25, 2008

Coffee and Networking: 8:00 am Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic 164 W. Hospitality Ln. Suite 15 San Bernardino, CA. 92408

# **HEAR IT FROM THE TOP**

# Mary Riemersma, CAMFT Executive Director

Mary Riemersma is the capable and effective Executive Director of the California Association of Marriage and Family Therapists (CAMFT), our state parent organization. Meet her in person and discuss the leading issues of our profession.

# Objectives:

Legislation for Licensed Professional Counselors

Discuss current trends in the field of MFTs

What you always wanted to know about business practices

Update on the licensing process and BBS

Q & A on Law and Ethics, Supervision or other areas of interest to our chapter

2 hours CEUs (free for members—\$10 for non-members)

# CHAPTER EVENTS TO REMEMBER

January 25, 2008 Significant Events for MFTs by Mary Riemersma, Executive Director, CAMFT Annual Law and Ethics workshop by David Jensen, CAMFT February 15, 2008 March 14 & 15, 2008 **Trauma Response Training** March 23, 2008 The Latest in in Court Dispute Resolution Services by Hiram Toro-Rivera April 25, 2008 Myers Briggs Temperament Inventory by Lu Ann Ahrens

### BOARD OF DIRECTORS

# Past President

Sheri Rambharose (951) 778-3970

Garry Raley (951) 640-5899

President Elect James Billings (909) 370-1293

Membership Pam Hart (760) 900-3852

<u>Financial Officer</u> Wendy Hallum (909) 239-8051

<u>Secretary</u> Tomoko Misawa (909) 591-9313

# Board Member At Large Benjamin Zinke (909) 796-6455

# Board Member At Large Carolyn Dodd (951) 212-5003

Board Member At Large Patrick Griffiths (909) 338-8253

Board Member At Large Ginger Gabriel (909) 338-6968

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# Greetings,

We are starting the new year well. Please welcome our new secretary, Tomoko Misawa, and Board Member at Large, Ginger Gabriel. The chapter is strengthened by these members volunteering to complete the remainder of terms for board positions.

Most members don't know that ANYONE in good standing may be nominated for a position if they are a chapter member. The only limitation is that the president must be an MFT. There are board positions and committee positions. Contact me or one of the board members because the process begins NOW. We vote at the March meeting and new positions are effective April 1st.

The next few months will be BUSY! In addition to our regular meetings, we will sponsor the "Law and Ethics" training on February 15<sup>th.</sup> This training is a staple of the chapter and well known as the best training value. Dave Jensen, J.D. and CAMFT attorney, sits in the "cat bird seat" fielding questions every day that give him a unique perception and range of experience on ethic and legal issues. He has a series of four subject focuses for his workshops, so each is new. You should have your flyer by now. If not, check out page 7.

Then we will sponsor "In the Eye of the Storm" training in March. This is a new and special venture for our Chapter. State CAMFT has promoted trauma response networks with special training to provide

critical services. Carolyn Dodd has worked diligently to bring this opportunity to the Inland Empire. Contact her to find out if this is for you. Living in the IE...you know the next emergency is just around the corner.

On a less positive note, I have resigned as newsletter editor after the March issue. If you value this tool for communication and networking, get involved by volunteering to take on part or all of this position.

Will we represent the best in MFTs of the Inland Empire? You can help as a board member, committee chair or just stepping up to volunteer. Join Tomoko and Ginger in the next bigger and better leadership group for the chapter. Call me or any board member.

See you on the  $25^{th}$  with our esteemed Executive Officer, Mary Riemersma.

Best Wishes

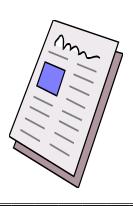
Garry

PRESIDENTS MESSAGE

# NEWSLETTER ARTICLES

As a reminder, if you have an article you would like to submit to the newsletter, please email it to the newsletter editor by the <u>last day of the month</u>. Send to:

garral@sbcglobal.net The newsletter is <u>e-mailed</u> (unless a hard copy has been requested) to all members.





# **NOMINATIONS ARE OPEN!**



# **ELECTIONS ARE COMING!**

The chapter is looking for bright, energetic members who want to become part of the leadership. Become involved with the goals, decisions, and direction of IE-CAMFT.

Volunteers and Nominations are open NOW. Contact Garry Raley or Pam Hart. The candidates will be announced in February and election of officers will be held at our March meeting. The new officers will take their positions in April 2008. If you are interested (or even willing) for an Open office, please let a current board member know.

# 2008-2009 Board

Past President (one-year term): Garry Raley

**President** (one –year term): James Billings

**President Elect** (one –year term): OPEN

(Duties: Succeed to the presidency after one year. Perform the duties of President in his or her absence or incapacity.)

# Board Members At Large (one –year term): ONE POSITION OPEN

(Duties: Liaison between the membership and the Board of Directors. Available to the President to perform assigned duties as needed.)

# Financial Officer (two -year term): OPEN

(Duties: Keep financial records and report all monetary activity for the Chapter.)

# **Membership** (two –year term): OPEN

(Duties: Solicits potential chapter members, receives new member applications, gives membership dues to the financial officer, keeps a file of new member applications and updates the membership list, informs the CEU coordinator of new members to update the sign in sheet.)

# 2008-2009 Committee Chairs:

**CEU Coordinator** (one - year term): OPEN

(Duties: Collect fees from non-members for CEU's, create and distribute CEU certificates, maintain sign-in sheets and speaker resumes in a file.)

**Hospitality** (one –year term): OPEN

(Duties: Call members before meetings to remind them of the meetings and greet members and prospective members at meetings)

# **Networking Lunches/Socials** (one -year term): OPEN

(Duties: Coordinate any networking lunches, parties, etc. and notify members of the events.)

**Newsletter Editor** (one -year term): OPEN

(Duties: Prepare and distribute the "Professional Exchange".)

**Program Chair** (one– year term): OPEN

(Duties: coordinate and schedule the presenters for chapter meetings.)



# Give An Hour

Therapists who wish to donate counseling services to a veteran may do so by accessing <a href="www.giveanhour.org">www.giveanhour.org</a>. Veterans receive services provided pro bono by the therapist and in exchange the veteran chooses from a list of community agencies where they may volunteer their time.

## **CHECK THIS OUT**

May 22, 2008

Conference on Teens

by:

FSA & California Baptist College

951-686-3706

## **CALL for RESOURCES**

If you have experience treating families with military service (with or without PTSD expertise) call or email State CAMFT to provide contact information and services you provide.

# Psychodrama Classes

Wesley Lounge of the University United Methodist Church

940 E. Colton Ave., Redlands

Friday evenings: 7:30 PM

Free to attendees. CEU credits available.

For information, contact Don Miller at 909.798.2765

# **CAMFT 2008 Annual Conference**

May 1-4, 2008

Controversy: Current Debates Within a Changing Profession

# **Marriott Los Angeles Airport**



## MEMBERSHIP INFORMATION

Membership to the Inland Empire Chapter of CAMFT requires a membership to CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, contact Pam Hart or any of the board members for assistance. Phone numbers are on the first page of the newsletter.

# **Welcome New Members**

Diana Kampa

Sarah Nunley

Janet Hacklemen

Susan Seidman



# INLAND EMPIRE CHAPTER OF CAMFT NEWS

# **CLASSIFIED ADS**

# Office Space

Serene private inner office for lease in Corona with waiting room, utilities included and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066

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# Therapist Needed

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680 Cell

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# **Olive Branch Counseling**

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030

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# Licensed MFT, LCSW, or Ph.D.

For clinical position in Apple Valley, CA Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511

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**Volunteer MFT Intern** needed immediately for Claremont Unified High School seeing students during the school day until June. No pay but lots of hours. Flexible schedule available. Contact Catherine at ccaporal@aqol.com

# Office Space

521 W. Citrus Ave., Redlands

Small house in downtown Redlands on the West side of the Mall. The house has two offices, a small waiting room, kitchen, secretary/copier/filing area, and bathroom. Office for rent is 11'3" X 15'3". The house is networked for computer, fax/copier/printer/scanner in the secretary's area. Pleasant yard with trees. Clients seem to enjoy the "homey" atmosphere. Parking for two clinicians. Not much traffic, so good sense of privacy for clients. Single renter preferred. Sublet possible. Call Beth McGuire at 909.793.7064 or 909.831.6377

# FREE YOURSELF From Insurance Worries!!!!!

We deal with your insurance companies

**Quick Processing and Pay** 

**Consistent and Reliable** 

Reasonable Rates

References Available

# We make life easier for you!!!!

<u>Contact</u>

Liz Scudder @ Escudder4@aol.com

(562) 335-7167 – Mobile

(951) 778-0149 - Office

# **Office Space**

Furnished office space available, Fri & Sat. \$65.00 a day. Unfurnished small office \$600.00 a month, A Redlands location near the Citrus Plaza

Call (909) 226-5541

# **DISPLAY ADS RATES**

**BUSINESS CARD SIZE** 

Members Non-members

\$10 \$20

1/4 PAGE:

\$20 \$40

CLASSIFIED AD RATES

MEMBERS: FREE

NON MEMBERS
ONE MONTH: \$20
3 MONTHS: 10% OFF \$54
6 MONTHS:25% OFF - \$90
12 MONTHS:40% OFF - \$144

All advertisements are provided by the subscriber or purchasing party. IE-CAMFT does not warrant or guarantee any party or advertisement.



# IE-CAMFT PRE-LICENSED EXCHANGE

# **ASK BEN**

My name is Ben Zinke and I'm a pre-licensed board member at large for IE-CAMFT. The board is interested in starting up a pre-licensed section of the monthly newsletter. The purpose of the Pre-Licensed page will be to give interns and trainees a forum to discuss issues that they often face.

Dear Ben,

I just started as a trainee a little while ago and I've noticed that the secretaries at my office do not handle client information confidentially. They mention names to each other loudly while they are working and people in the lobby can hear. I knew they're just doing their jobs but what should I do?

Karen from Redlands

Dear Karen,

This is a common problem, because some administrative assistants are not trained as rigorously in confidentiality as you are. The first thing I would do is try to see what your supervisor says or any administrator for that matter. They all have a duty if not an interest in maintaining confidentiality. You might also want to be aware of the politics of the situation. It's not going to improve your job experience if you are labeled as a 'snitch'. Sitting down to talk with a supervisor/administrator and telling them that you're not trying to get anyone in trouble might be a good idea. One other idea is to have a talk with the secretaries directly. When they mention names a little too loudly you might want to tell them that some of the clients in the lobby seemed to overhear them. Further it is always my advice to make friends with the administrative assistants. They run the world behind the scenes, so it's best to be on their good side. What's more, they deserve respect, because of the fact that they are often good and hard working people that are doing a very demanding and stressful job. If you develop this kind of relationship with them you might have a relationship that allows you to talk with them directly, much the same way I did when I first encountered this problem.

Good luck,

Ben

If you would like to Ask Ben any questions, please email him at ztherapist@gmail.com





# WHAT DOESTHE LAW EXPECT OF ME? PART 3

# FEATURED SPEAKER CAMFT STAFF ATTORNEY Dave Jensen, J.D.

Dave Jensen has been Staff Attorney with CAMFT since April 2002. Dave graduated from Brigham Young University with a Bachelor's Degree in History, and he received his law degree from the Thomas Jefferson School of Law in San Diego, California. As an attorney with CAMFT, he consults with CAMFT's members regarding their legal and ethical dilemmas, and he is a regular contributor to *The Therapist* magazine. Dave gives numerous chapter, school and agency law & ethics presentations and has developed What Does the Law Expect of Me? Part I, Part 2, and now introduces Part 3.

# What Does the Law Expect of Me? Part 3\*

- Attendees will acquire an in depth understanding of the psychotherapist- patient privilege
  - how it differs from other privileges
  - how and when it is created
  - how and when it is destroyed; and various exceptions to it
- Attendees will also be taught the ins and outs of responding to subpoenas

Although this is an advanced class, it is not necessary to have attended Parts 1 and 2

BENEFITS: This is a lecture-format course that will satisfy the BBS's on-going requirement of six (6) CEUs in law and ethics.

COST: \$55.00 IE CAMFT Members \$75.00 Non-IE CAMFT Members

# SAVE MONEY on this workshop by joining INLAND EMPIRE CHAPTER of CAMFT!

Enjoy the benefits of networking with your peers and attend monthly chapter meetings with free CEU trainings from local experts. See back of this brochure for IEC CAMFT Membership Application form. Mail application together with payment to the address below or bring completed application with you to the workshop registration sign-in desk where an IE CAMFT Representative will be happy to assist you.

DATE: FRIDAY, February 15, 2008

TIME: 9:00 a.m. -- 4:30 p.m.

PLACE: San Bernardino Hilton - Ballroom

285 E. Hospitality Lane – San Bernardino, CA 92408

PAYMENT – Make check payable to IE-CAMFT Mail to: 9708 SVL Box, Victorville, CA 92395

Questions? Please call Pam Hart at (760) 900-3852 for more information.



# INLAND EMPIRE CHAPTER

California Association of Marriage and Family Therapists (CAMFT)

# WHAT DOES THE LAW EXPECT OF ME? PART 3 **WORKSHOP REGISTRATION**

Name	Degree	
Street Address		
City	State Zip Code	
Phone Number ( )	Fax Number(  )	
Contact E-Mail Address - Check here if you	would like to be e-mailed about future IE-CAMFT events	
Business Name & Position		
Business Phone Number ( )	Cell Number()	
OPTIONAL - COST OF CHAPTER MEMBER	SHIP (YOU MAY ATTEND THE WORKSHOP WITHOUT BEING	A MEMBER)
Clinical (Licensed MFT)		\$40
Prelicensed (MFT Trainee, MFT Ir	ntern, Social Worker Associate)	\$25
Associate (Licensed in a related	mental health field)	\$40
Affiliate (Practitioner in another	field (e.g., RN, Attorney, DOA Counselor)	\$40
CAMFT Member #	(The ID number shown on your CAMF	T membership card)
Family Therapists (CAMFT) to join a local Chapter	the Inland Empire Chapter of CAMFT (IEC), you must also be a member of Dues for membership in CAMFT are paid annually in April and are segon, please complete this form and make checks payable to <b>IE-CAMFT</b> in amount	parate from fees for local chapter membershi
Workshop Registration Fee		
\$55.00 for chapter i	nembers, \$75.00 for non-chapter members	<b>\$</b>
Membership Fee (if you decide to joi	in now to get the discounted rate on Registration)	\$
Total Amount Enclosed		\$
	CHAPTER of CAMFT of Marriage and Family Therapists	



9708 SVL Box

Victorville, CA 92395



# In the Eye of the Storm... Essentials for Disaster Mental Health

Presented by
Diane Myers, RN, MSN, CTS

California is a beautiful state, however, it can also include: earthquakes, fires, mud slides, bio-chemical spills and possible terrorist's attacks. Unfortunately it is not a question of "if" we have a disaster but "when" and will we be prepared?

This workshop will provide training on essential knowledge and skills for intervening effectively with the aftermath of disaster. Attendees will learn about: types of disaster, trauma caused by disaster, risk groups, disaster recovery phases, how disaster mental health interventions differ from psychotherapy, and effective mental health interventions to be used in a variety of disaster settings and time phases.

Additionally, self-care and prevention of secondary traumatization for disaster mental health professionals will be emphasized. Interactive work is included.

Dates: Friday, March 14, 2008/

8:30 am to 4:30 pm

Registration: 8:00 am

Day two is on:

<u>Saturday March 15, 2008</u> – 8:30 am to 4:30 pm

Where: Courtyard by Marriott, Riverside

1510 University Avenue - Riverside, CA 92507 Guest Room Rates: \$150 - \$160 Single or Double

For Room Reservations call: 951-276-1200

Diane Myers has her Master's Degree in psychiatric nursing from Yale University, she is Board Certified Expert in Traumatic Stress, and holds the credentials of Certified Traumatologist and Master Traumatologist from Florida State University Traumatology Institute. Because life isn't always balmy weather



It's necessary to be prepared

TWO DAY Trauma Response Network Training meets BBS requirements for

14 CEU's,

BBS# PCE2740 sponsored by Inland Empire - CAMFT

Pre-registration required by
February 25, 2008
No refunds after February 29,
2008 – Limited
seating, register early

Who Should Attend: Marriage and Family Therapists,

Counselors, Social Workers, Psychologists, Clergy, Police, Firefighters, EMT's, etc.

# Rates:

IE-CAMFT MEMBERS: \$195

ALL OTHERS: \$220

See page 2 for group rates



# INLAND EMPIRE CHAPTER of CAMFT (California Association of Marriage and Family Therapists) Presents Two Day training Eye of the Storm by Diane Myers, RN, MSN, CTS



Held at
Courtyard by Marriott, Riverside
1510 University Avenue
Riverside, CA 92507

**Questions**:

Carolyn Dodd, MFT

Email:

Rates: IE-CAMFT members: \$195.00 / All others: \$220.00

<u>Groups</u> of three or more: each attendee must have a separate completed registration form below with all forms and payments mailed together to qualify for group discount rate of \$30.00 each.

Please make check payable to: IE-CAMFT.

**IE-CAMFT** 

9708 SVL Box

Mail payment and registration to:

Victorville, CA 92395	*		cdodd	<u>@ie-camft.org</u>
***** ***** *****	** *****	*****	*****	****
	Return bottom secti	on		
Registration Form for "In the Eye of the Storm"				
March 14 and March 15, 2008				
Name				
License / Intern #				
Profession if not a therapist				
Address	<del></del>			
Phone				
Email				
Confirmation via email				
IE-CAMFT Member:				
YES \$195.00				
NO \$220.00				
Group Discount:				
How many in your group if three or mo	ore deduct \$30.0	0 from yo	ur categor	y rate.



# MEMBERSHIP APPLICATION

# **Inland Empire - CAMFT**

Name and Degree	
Address	
	State
Zip Code	
Telephone Number ( )	Fax Number ( )
E-Mail Address	
	Business Telephone Number ( )
Prelicensed (Trainee, Intern, Sociate (Licensed in a related meAffiliate Practitioner in another field)	ONE)
Must be a member of CAMFT to join	the local chapter, unless Affiliate member) AKE CHECKS PAYABLE TO IE-CAMFT  Inland Empire Chapter of CAMFT  9708 SVL Box Victorville, CA. 92392



# **IE-CAMFT Mission Statement**

We are professional visionaries dedicated to providing training, networking and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.



Inland Empire—CAMFT 9708 SVL Box Victorville, CA. 92392

# We're on the Web! www.ie-camft.org

# **COMMITTEE POSITIONS**

**Membership**: Pam Hart- (760) 900-3852

**Hospitality**: Pam Hart – (760) 900-3852

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Garry Raley - (951) 640-5899

*Program Chair*: Sheri Rambharose – (951) 778-3970

Trauma Response Network Chapter Coordinator: Carolyn Dodd (951-

212-5003)

Webmaster:

If you are interested in serving on a committee, please contact Garry Raley or any board member

Inland Empire Chapter of CAMFT (California Assoc. of Marriage & Family Therapists) 9708 SVL Box Victorville, CA 92392