















THE PROFESSIONAL EXCHANGE

MARCH 2009

Inland Empire Chapter of CAMFT

(California Association of Marriage and Family Therapists)

MONTHLY MEETING

Friday, January 23, 2009 (The "Fourth Friday")

Coffee and Networking: 8:00 am Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic 164 W. Hospitality Lane, Suite 15 San Bernardino, CA. 92408

VICTIM ADVOCACY SERVICES

Presented by Janet Hulse, Supervising Victim Advocate II, San Bernardino District Attorney Office on Victim Advocacy Services

According to the San Bernardino District Attorney's (DA's) office (http://www.sbcounty. gov), in the past, victims of crime often felt that they had few rights and too little support navigating a confusing legal system. Now, the Victim Services Unit helps to link witnesses and survivors to counseling and support services in the community, to short-term emergency services, and possibly to compensation for expenses related to the crime. They also help victims work with the DA's office and with law enforcement. The unit can be reached at 909-387-8309.

This Presentation's Objectives — Attendees Will:

- 1. Receive an overview of the Victim Services program and details about the types of services offered.
- 2. Learn about Victim Compensation, including:
 - A. The claim process,

 - B. Eligibility,

C. Benefits available.

D. And, the billing process.

About the Speaker:

Janet Hulse has spent more than a decade working with victims and witnesses in the Inland Empire. Her position has given her experience and specialized training to work with survivors of child abuse, of domestic violence, and of elder abuse.

CHAPTER EVENTS TO REMEMBER

- Friday, March 27, 2009: "Victim Advocate Services" Janet Hulse, San Bernardino District **Attorney Office on Victim Advocacy Services**
- Friday, April 24, 2009: "CAMFT Update"— Mary Riermesma
- Friday, May 22, 2009: "Sexual Addiction" Rebecca Deighan, LMFT

BOARD OF DIRECTORS

Past President

Garry Raley (951) 640-5899

President James Billings (909) 763-4976

<u>President Elect</u> Ruth Dusenberry (951) 961-4792

Membership Ginger Gabriel (909) 338-6968 and Pam Hart (760) 900-3852

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It has been my pleasure to serve as president of the chapter for the last year. March is the month we nominate new board position to start April 1. With this being my last President's Message, I would like to briefly touch on a couple things:

- Law and Ethics Workshop: I would like to thank all those that came out to our annual Law and Ethics Workshop. We had the largest turn out ever this year, close to one hundred therapists. I would like to personally thank our President Elect, Ruth Dusenberry, for all her hard work and planning, making this such a successful event.
- 2) New Chapter President: Starting next month, Ruth Dusenberry, LMFT will be our new chapter president. I have personally worked with Ruth at Catholic Charities for several years. She brings with her a wealth of experience working on boards and committees, but more importantly, she brings with her a sincere compassion for the work we do as therapists. I am confident and excited that under Ruth's leadership this chapter will continue to grow and thrive, meeting the needs of MFTs throughout the Inland Empire.
- 3) New CAMFT Bylaws: As some of you may recall we, along with many other chapters, sent a letter to CAMFT and asked them to reverse their recent decision regarding the restrictions they placed on who could be part of local Chapter boards. The CAMFT board did hear our concerns. With that in mind, I wanted to remind everyone of the upcoming vote on a proposed revision to the CAMFT bylaws concerning the composition of chapter

boards. This is an important vote — we strongly encourage you to vote in favor! A favorable vote will... "permit no more than 35 percent of a Chapter's Board of Directors to be CAMFT associate members or prelicensed members who will have the ability to vote while on the Board. Associate or prelicensed members may not serve as president elect, president, or past president. In case of necessity, however, a chapter would be able to request a variance from the CAMFT Board if the provision indicated above is not achievable. Such request is granted solely for a one year period. If a variance is needed in a subsequent year, it would require a separate request of the CAMFT Board."

4) The Chapter is Growing: As this chapter continues to grow, there is also a continued need for more volunteer support in board and committee members. Please talk with any board member or myself and let us know if you would like to help in an small way to support the chapter by joining the board or a committee.

Thank you all for the opportunity to serve this last year as your President. I look forward the continued success of this chapter in the years to come.

> Chapter President, James Billings, Ph.D., LMFT



"The Future is Not an Optional Event — Make Yours Intentional"

"Outstanding" is the word that comes to mind to describe my experience attending this years Chapter Leadership Conference hosted by CAMFT. The day began with CAMFT and legislative updates by Mary Riemersma. The next presenter, J.P. O'Conner, spoke on strategic thinking and planning. She inspired us to develop chapter vision and goals to promote our members, our organization, and our profession. The afternoon breakout sessions covered various topics, Financial Management, Technology/Website Issues, and Marketing, to name a few. I attended the Presidents Council Forum and Membership Recruitment. Both were informative and offered networking opportunities.

The entire day was filled with great information and inspiration; as incoming Chapter President I look forward to sharing these with our chapter over the next year.

— Ruth Dusenberry, President Elect

PRESIDENT ELECT'S MESSAGE



CHAPTER NOTES

Board and Committee Nominations Are Open! Elections to be Held March 27, 2009!

Nominations will be accepted from the floor at the next Chapter Meeting and positions become effective on April 1, 2009.

Please feel free to also contact any Board member to submit a nomination or if you are willing to serve.





Committee Invitations

The IE-CAMFT Board would like to invite interested members to join our Website Committee. This will be a temporary committee with the goal of upgrading our chapter website. If you have an interest, please contact President-elect, Ruth Dusenberry, 951-961-4792, ruthd616@aol.com.

We would also like to invite you to help with the newsletter. You can help by assisting in publication formatting, writing articles, compiling email lists, contacting advertisers, or keeping us updated with upcoming events. Please contact Ruth or Heather, hbryga@familyservicerivca.org.

A Successful Law and Ethics Seminar

"Another stellar presentation!" "He is awesome..." "Great presentation!" — These were a few of the comments made by attendees at our annual chapter Law and Ethics workshop. "David (Jensen) was a wonderful presenter making a subject that could be cut and dried, lively, entertaining and very helpful!" Ninety-five professionals attended the workshop; all came away from the day better informed and better prepared to deal with the challenges we all face in our work with others. Mark your calendars now for next year's workshop, February 2010! — Ruth Dusenberry, President Elect

"ASK BEN"

The Board encouraged Ben Zinke to establish a pre-licensed exchange in the newsletter, giving interns and trainees a forum to discuss issues they often face. Please email your questions to Ben at ztherapist@gmail.com

Membership Information — Dues Renew in April

Membership to the Inland Empire Chapter of CAMFT requires a membership in CAMFT —there are multiple benefits to belonging to both. For more information on membership benefits or how to join, see page 9, or contact Pam Hart or any board member for assistance. Phone numbers are on the first page of the newsletter. Dues are due by April. Please renew to continue your newsletter.

Notable Resources

For those looking for a way to advertise an existing group, or for those looking for a referral for clients, take a look at http://www.findgrouptherapy.com/. This website started as a resource for northern California, but is expanding to serve all areas.

You can also access local groups by calling 2-1-1. — Submitted by Ruth and Heather





UPCOMING EVENTS

Childhood Grief and Traumatic Loss

Conference in Los Angeles, March 26, 2009 Information at

http://ican-ncfr.org/documents/Grief2009SavetheDate.pdf

Call for Nominations: "Teen Hero:" Magic of Believing Award Deadline April 2, 2009

Do you know a teenager that goes above and beyond in their lives, their families, their community? Do they give back to others and really make a difference in the world around them? The winner will be announced and the award will be given out on May 21 at the 36th Annual Riverside County Children's Conference (see below). Eligible nominees are currently under the age of 19 and live/reside in Riverside or San Bernardino Counties.

Contact Robyn Freeman at 951-369-8036.

The 10th Annual Case Management Symposium "Case Management in a Multi-Cultural Environment"

Thursday, April 23, 2009 Riverside County DPSS Training Facility, Moreno Valley Sponsored by CSUSB, School of Social Work

Exploring cross-cultural engagement, consensus building practices, case management knowledge and skills, and culturally competent practices.

For professionals, paraprofessionals and volunteers who work

Please contact Deanna Rinebolt, drinebol@csusb.edu.

in large and small private and public agencies.

Call for Resources

- Donate counseling to veterans they receive pro bono services and, in exchange, the veteran chooses from a list of community agencies where they may volunteer their time. See www.giveanhour.org.
- If you have experience treating families with military service (with or without PTSD expertise), call or email State CAMFT.
- Mental Health Network Government Services is also recruiting professionals as Marriage and Family Life Consultants — http://www.camft.org/mhnservices.htm.

Redlands Psychodrama Classes

Fridays at 7:30 p.m. in the Youth Room, at the University United Methodist Church, 940 E. Colton Ave., Redlands.

Free to attendees. Guests welcome. CEU and psychodrama credits available .

For information, contact Don Miller at (909) 798-2765

Traveling Through OZ: Journey Home in Sandplay and Play Therapy

Orange Co Chapter of the CA Assoc. for Play Therapy
Saturday, April 23, 2009 in Irvine
Distinguished Presenter, Gita Morena, PhD
Thursday, May 21, 2009 at Cal Baptist University in Riverside
Contact Jennifer Wentz, jenniferwentz@hotmail.com, or
Renna Patel, patel.reenac@yahoo.com

Children's Conference "Fostering Care Across Communities"

Thursday, May 21, 2009 at Cal Baptist University in Riverside For professionals, teens, and caregivers. Keynote Speaker: Dr. Faith McClure. Teen Hero Awards.

Workshops related to foster children and the foster care system: law and ethics, grandparents raising grandchildren, core issues in adoption, grief and loss, preparing children for adulthood, IEPs, child abuse, teen dating violence, team decision making, mandated reporting, cultural competency, using art therapy, and setting limits.

CEUs available.
Call 951-686-3706 for information and registration.

International Conference on Violence,
Abuse and Trauma,
"Promoting Peace in the Home, Your
Community, and the World: Linking
Practice, Research,
and Policy Across the Lifespan"

September 21 - 26, 2009, San Diego

Contact information: 858-527-1860 ext. 4030 or ivatconf@alliant.edu; also see www.IVATCenters.org





Redlands Office Space ~Furnished or Unfurnished~

Peaceful and stylish furnished inner office for lease in Redlands—with waiting room, and utilities included. Easy I-10 freeway access. The office can be used 7:00 to 10:00 mornings, all day Fridays, and weekends, at \$65/day. Another office in the suite is unfurnished and available for full time use at \$600/month—utilities and waiting room included. Call (909) 226-5541

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Support Services For Mental Health Providers For more information... Cell: 714-454-1030 E-mait jasaha@ charter.net www.germentalhealthinfo.com

Paid MFT Internships

Fulltime positions with Temecula area residential treatment facilities for male/female populations, ages 6-17.

Supervision and training provided. Paid vacation and medical/dental benefits.

Contact Bob Weck at 1-800-404-5516, ext. 213 for details

CAMFT Annual Conference

April 30 through May 3, 2009 in San Jose More information, following the link on CAMFT's website: http://www.camft.org/scriptcontent/index.cfm?displaypage=../Conf Workshops/2009Con/Greeting.htm.



DISPLAY ADS RATES

BUSINESS CARD SIZE:

MEMBERS: \$10, NON-MEMBERS: \$20

1/4 PAGE: MEMBERS: \$20, NON-MEMBERS: \$40

CLASSIFIED AD RATES: Members: free

CLASSIFIED AD RATES: NON MEMBERS:

ONE MONTH: \$20 3 MONTHS: 10% OFF \$54 6 MONTHS: 25% OFF - \$90

12 MONTHS:40% OFF - \$144



MEMBERSHIP APPLICATION **Inland Empire - CAMFT**

Name and Degree			
Address			
City		_State	Zip Code
Telephone Number ()	Fax Nu	ımber ()
E-Mail Address			
Business Name	Business	Business Telephone Number ()	
CHECK ONE:New	Member, IE-CAMFT		Renewal, IE-CAMFT
CAMFT Member#			ActiveInactive
Pre-licensed (Trainee, InAssociate (Licensed in a natural)			\$40
	mber of CAMFT to join the local d annually in April . MAKE CH	•	
Send this form with check to:	Inland Empire Chapter of CAM 9708 SVL Box Victorville, CA. 92392	IFT	

IF YOU ARE A MEMBER OF CAMFT, YOU MAY JOIN OUR LOCAL CHAPTER.



BENEFITS INCLUDE:

- Networking Free 2 CEU 's at 9 Monthly Meetings. Reduced Cost for 6 CEUs for Law and Ethics

- Staying Connected to Other Therapists
 Low Cost Advertising
 Developing Peer Relations and Being Less Isolated
 Giving and Receiving Consultation and Referrals
- Becoming More Educated

IE-CAMFT Mission Statement

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.



INLAND EMPIRE CHAPTER OF CAMFT NEWS

Inland Empire—CAMFT 9708 SVL Box Victorville, CA. 92392

We're on the Web! www.ie-camft.org

This newsletter is emailed to all members unless a hardcopy is requested.

COMMITTEE POSITIONS

Membership: Pam Hart – (760) 900-3852 and

Ginger Gabriel – (909) 338-6968

Hospitality: Open

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Heather Bryga – hbryga@familyservicerivca.org

or (951) 686-3706

Program Chair: Sheri Rambarose – (951) 778-3970 and

Garry Raley - (951) 640-5899

CEU Coordinator: Carolyn Dodd - (951) 212-5003

Trauma Response Network Chapter Coordinator:

Carolyn Dodd - (951) 212-5003

Webmaster: Garry Raley – (951) 640-5899

If you are interested in serving on a committee, please contact James Billings or any board member.

Inland Empire Chapter of CAMFT (California Assoc. of Marriage & Family Therapists) 9708 SVL Box Victorville, CA 92392