



THE PROFESSIONAL EXCHANGE IE-CAMFT

California Association of Marriage & Family Therapists – Inland Empire

MONTHLY MEETING March 25th

Law, Psychodrama and Family Therapy

Coffee and Networking: 8:00 a.m.

Program: 8:30—10:30 am

Board Meeting: 10:30 am

New Location!

LLU Behavioral Health Institute
1686 Barton Rd., Redlands, CA. 92373

PRESENTERS: Don Miller, PhD., Marriage and Family Therapist
Grover Porter, Esq., Attorney at Law

The reputedly arid academic world becomes less so when disciplines abandon their isolation from each other and enter freely into interaction. This is especially so with applied disciplines such as law and family therapy. This program will illuminate how psychodrama and law may improve one another and offer the best of both worlds. They both benefit directly from a method and array of techniques to broaden the context of our work. Mr. Porter will show how psychodrama facilitates his work in discovering and developing interaction between counsel and the jury in a unique and special manner. This is analogous to the family therapist ebb and flow of members as one or another come into focus within a session.

Donell Miller, PhD, TEP, LMFT is the leader of ongoing Psychodrama work in the Inland Empire. He has been an active member of IE-CAMFT for several years. Grover Porter, Esq. is a leading defense attorney in the San Bernardino Courts. He has used the tenants of Psychodrama to enhance his successful practice and enhance the interpersonal quality of his work. These two professionals will provide a preview of their presentation to be presented at the Psychodrama National Conference.

Objectives:

1. Educate attendees in basic elements of Psychodrama
2. Demonstrate methods that are useful for attorneys or therapists
3. Use experiences in shared work to explain how the professions may benefit common clients
4. Identify how the perceived barriers may be reduced by these methods

2 CEU Hours (free for IE-CAMFT members; \$10 for non-members)

IE-CAMFT Newsletter

March 2011

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Save the Date

April 22, 2011

IMAGO Couples Therapy

by

Doreen Van Leeuwen, LMFT

IE-CAMFT BOARD OF DIRECTORS

President: open

Past President: Ruth Dusenberry
951.961.4792

President Elect: Don Miller

Membership: Iris Cruz
icruz@ccsbriv.org

Financial Officer: Benjamin Zinke
626.665.5070

Secretary: Randy Stier
909.255.2877

Board Member At Large:
Carolyn Dodd 951.212.5003

Board Member at Large:
Doreen Van Leeuwen
951.847.7742

Board Member at Large: open

PRESIDENT'S MESSAGE

President's Message

March 2011

The Law & Ethics Workshop on February 25, 2011 was great! One participant, arriving a few minutes late thought she was in the wrong place as we heard laughter coming from the room. How could this be a workshop on Law and Ethics? Such a serious subject...guess she never attended one of David Jensen's presentations!! David does such an outstanding job presenting the facts but also real life examples, many very hard believe because they sound so far fetched. Thank you David for educating as well as entertaining us. I would also like to thank the many people who contributed to making this event a success, Garry Raley, Sarah Raley, Carolyn Dodd, Iris Cruz, Judy Jacobson, and Ben Zinke; I appreciate all of your help in making this happen.

This month's meeting will include our annual elections, there is still time to let someone on the Board know if you are interested in join the Chapter Board or one of the Chapter Committees. We welcome your presence and input.

In closing I would like to thank this Chapter for the opportunity to serve as Chapter President the past two years. It has been a wonderful learning experience for me and I hope to continue contributing to the Chapter leadership in the future.

Warmly,

Ruth Dusenberry, MS, LMFT

FSA 38th Annual Children's Conference: Tools for a Brighter Future: Education for ALL Generations

Saturday, May 21, 2011 @
California Baptist University 8 AM to 5 PM
To register, call 951.369.8036



New Meeting Location

Directions: Exit the I-10 Frwy at Alabama St. Go South (right for most of us!) to Barton Rd. Go Right (West) on Barton Rd. BHI is at the corner of Barton Rd. and Iowa St.

Park ONLY in the parking area around the BHI

ELECTIONS ARE COMING!

THE CHAPTER IS LOOKING FOR BRIGHT, ENERGETIC MEMBERS WHO WANT TO BECOME PART OF THE LEADERSHIP. BECOME INVOLVED WITH THE GOALS, DECISIONS, AND DIRECTION OF IE-CAMFT

The elections of officers will be held at our March meeting. The new officers will take their positions in April, 2011. If you are interested in running for an Open office, please let a current board member know.

2011-2012 Board Nominations

Past President (one year term): Ruth Dusenberry

President (one year term): Don Miller

President Elect (one year term): Michelle Martin

Duties: Succeed to the presidency after one year. Perform the duties of President in his or her absence or incapacity

Board Member At Large (one year term): One position open.

Board Member At Large (one year term): Carolyn Dodd

Board Member At Large (one year term): Doreen Van Leeuwen

Duties: Liaison between the membership and the Board of Directors. Available to the President to perform assigned duties as needed.

Financial Officer: (two year term): Benjamin Zinke

Duties: Keep financial records and report all monetary activity for the Chapter.

Secretary: (one year term): Randy Steir

Duties: Maintain the official records for the organization.

Membership: (one year term): Iris Cruz

Duties: Maintain the official list of members and promote active participation

2011-2012 Committee Chairs

CEU Coordinator (one-year term): Carolyn Dodd

Duties: Collect fees from non-members for CEUs, create and distribute CEU certificates, maintain sign-in sheets and speaker resumes in a file.

Networking Lunches/Socials (one-year term):

Open

Duties: Coordinate any networking lunches, parties, etc. and notify members of the events.

Newsletter Editor: (one-year term) Open

Duties: Prepare and distribute the "Professional Exchange"

Program Chair (one-year term): Doreen Van Leeuwen

Duties: Coordinate and schedule the presenters for chapter meetings.

Hospitality (one year term): Judy Jacobsen

Duties: Call members before meeting to remind them of the meetings and greet members and perspective members at meetings.



A Review of "To Be and How to Be. Transforming Your Life Through Sacred Theater"

By Rudin, Peggy (2010)

Wheaton, Illinois: Theosophical Publishing House No. 3228

When an author by choice of title has caught my attention, I consider whether this is a book for me. I focus on the subtitle. Maybe this will sustain my interest. Peggy Rudin writes: "Transforming your life through sacred theater." What kind of sacred theater has she in mind? Ritual plays a prominent part in religion and tradition. Much of it is spectacular. By sacred she is much more inclusive than a particular partisan religion. Here is where the word "spiritual" belongs.

I begin to tune in. She approaches the theater with awe. The vital happens on stage. We participate. This is not trivia. Our lives are at stake. Surely this is not limited to the formal theater. All our living is involved. On stage I initiate. I respond to what happens. I persist in how I am through what I do, the role I play, the story I live out. Everything about me is background to what I do now, and supports the choices I make. Again and again the often unexpected intrudes and I must cope with it, for whatever I do I will face the consequences of what I've done. I am accountable. To whom or to what? To who I am, that is, my incarnation.

Peggy begins with "Incarnation." A secular psychological parallel is identity, but somehow that falls far short of what is being implied with incarnation. I do not gloss over my gifts, for they lay a claim on me, and give me a mission to fulfill. I've been provided with a purpose, something that I can do. As a unique individual at a particular time and place, no one else can do it for me. If it is to be done I must do it. I have a purpose. I am not nobody. I stand out from the crowd in my incarnation.

I glance through the table of contents. Here is that word "Power" again. She prompts us to active agency, to a can-do frame of mind. To a risking forward motion rather than hanging back. For chapter 2 the word is "Story." How appropriate for theater, but no less appropriate for all our living. We live a series of stories all life through, and the trend of all my small stories culminates in the great story of my life. For better or for worse, I am the hero of my story. Knowing I've a story behind me, realizing I am in the midst of a story, and that the future will carry the completed---or incomplete story, I have gained a frame of reference. Everything that has ever affected me is encased in a story. This is how I remember. This is what informs me as I make choices, designed to meet a situation. They have a course, perhaps as resolution, or a least an opening to a new situation.

A story involves a cast. I am not in this world alone. All the others have their stories too, which intersect with mine. They affect me, I affect them. Our interaction has its effect which takes us beyond the encounter moment. Living requires that I predict where all this will take me. I do not really have the option of standing aside like the uninvolved spectator in the balcony, but I am there on stage. At every moment I am being who I am. I may accept the me-in-motion, or I may seek to deny myself. "This is not the real me, This is the me I want you to see, I keep you at a distance. We're not involved with each other. At least not yet, until or unless something happens which makes a

difference, taking us beyond the murmuring background. Theater thrives on dialogue, which informs all who hear, especially you and me, who we are, The analysis of an individual fails when we ignore relationships, It is the relationships, coming and going, who allow us to predict, that is, to construct the living story. How much more we are than a receptacle for traits and habits. These are relatively distant abstractions that utterly fail to bring out who I am and who you are. Show a person in that person's story, if you would know who he or she is, Note where incarnation fits in here, I go in a particular direction, as I live out who I am.

Persons who live in the past or whoever fantasy the future miss the power of the present moment. It doesn't happen back then now, nor has it happened yet, and it may never happen. The moment may be slippery and transient, but on the other hand, it is ever with us. We cannot escape it, nor should we try to do so. Everything that has or ever will be participates in the now. Now is the arena of choice which contains everything that is, This reaches back to the primordial chaos and ahead to the fading star which sustains our living. It's all in the now. Grasp it. Enjoy it. Celebrate it.

When someone's behavior calls for an explanation we begin with a name, and ask of 'name's' orientation, Something has happened in a specific place, Only some things can happen here and not there. This is a human factor. I cannot ever be everywhere, My body ties me down to a place in the now, That is a scene, But a scene involves movement. It occurs at a particular time. The time and place of a scene have been well furnished. One may examine it closely and imagine how much it contributes to what is happening, what limits and opportunities it provides its players, Every scene has a setting. Fill it in, It may tell you something. It is here, not there. It is now, not then. And it will never be the same again.

I cannot not-act. My body speaks so loud one can hardly hear what I say. The telephone, the radio, the printed page short changes me. My body informs me of what I'm feeling. My nervous system spills out the chemicals that signify 'emergency,' or puts me under repair in rest and relaxation, when I feel safe, rather than under attack, Simultaneously this informs me, and all those about me, with eyes to see or ears to hear. Our expressiveness enters into our every contact and leads to what happens next. But I am not passive in all this, even when I seem to be. I am in the midst of reacting. I have a stake in outcomes, I have a preference as to where I want to go, I have a point of view that no one else on stage has. This is the most common interpersonal error, to presume that everyone else shares my point of view, How could they? We are not identical. You and I are unique individuals, which singularity enters into each one's distinctive perception, We react on the basis of very limited data. Life has trained us to be alert to this rather than that. Human beings live in a drastically different world than our pets at home---even though we're all on the same stage, Any dog knows scents we'll never experience. Any cat sees places to go we almost always overlook. The one ever seeks for our output in his direction, the other remains aloof, inscrutable, till she decides to honor us with her presence. Refer to scientific generalities. We see and hear only a very narrow range of the visual and auditory spectrum. We cannot afford to ignore temperature or pressure beyond another narrow

range. To exceed these limits modifies what happens on stage to the whole cast of characters.

Affects are internal signals informing us where we stand. The gross ones are fear and desire. Anger rises up with its demands. Love penetrates our loneliness. The coming and going of our cast of characters contributes to the ebb and flow of all these. We encounter opposition, experience conflict, and play through before an audience. Their being there is like a background chorus (as in an ancient Greek play) or like the musical accompaniment of a modern movie. We may attend to such, and react to its being there, experience their support or opposition. Are we like athletes playing for the home crowd? Do we hear their cheers and jeers?

There are those special moments, when we shed the past, enjoy the relief and release, let the tears fall. cry out in terror or exuberance, cringe in the face of the oncoming threat, mobilize ourselves to do what must be done, and savor the embrace. And now. as the end of my story draws near, reality confronts me, not of the death of someone else---we've experienced that again and again. but of my own imminent conclusion. Have I realized my incarnation? What is my legacy? Can I let my unfinished business be finished by another, perhaps another I've well prepared for the task. What surprises have been mine, leaving me devastated or exalted. I've received an abundance. What have I given? Are there regrets to lay to rest, pain to be transcended, an openness to appreciation, a cause for celebration, perhaps even a hope in the process of being realized.

I have in my own words set forth what I take to be Peggy Rudin's message to the reader on "To Be and How to Be." Maybe further study would reveal a difference between her point of view and mine, which I've yet to detect. But we're close enough to justify my recommending the book to my psychodrama trainees. I guess I'm a poor critic, for I find nothing at all to criticize. Specifics follow which I am eager to highlight.

Noteworthy Features

Her writing style appeals. She speaks directly to me throughout the book, and I'm sure it will seem so to other readers as well. This is more a first and second person rather than a third person view. She writes from her heart the truth as she knows it. This is no cookbook. True, she offers suggestions on how to do this or that, but one could hardly profit from them without a deep personal involvement. See her inevitable "Pause, Please" ploy through which she has us dip deep into our own life experience. She gives concrete examples, most of them from classical literature, which she digests for us, giving us only as much as we need to know to drive home her point. Students of the classics look for more, and so will persons encountering such stories for the first time, as they tumble to the fact they've been missing something. Even though educated persons have long heard of the characters referred to, perhaps we haven't realized how superficial our grasp of their stories may be.

For example, everyone in psychology knows of Oedipus. We are aware of the basic tragedy, that Oedipus killed his father and married his mother, but in both cases Oedipus was not aware of how these people were related to him. We realize the

Oedipus complex is, after all, an unconscious force, calling forth consequences *even* while we are innocent of the path by which the tragedy occurs. The ancients believed the gods were playing deadly games with us, as if they'd created us for their entertainment. Today this may be a way of saying the cosmos is in full swing, and we human beings *have* been caught in crossfire's, as much greater processes than ours are in motion. Oedipus made a futile effort to elude destiny, and failing that, upon making the shattering, shameful discovery, blinded himself. What we call 'denial' is a global primitive reaction to overwhelming trauma. The paradox is that blindness let him see as he hadn't seen before.

The final constructive solution shows a wise man people seek out for his help. The opening chapter on incarnation, though strongly related to identity, is much more. My particular body at this time in this space offers me a destiny unique. No one else can *ever* do quite as well as what I am called to do. We speak of religious and vocational callings. A sacred aura encloses them. Something bigger than me "expects" this of me. I can deny and resist the pull, but I'll *never* be what I might've been, had I heeded the call.

The next chapter extols the central place of 'story.' She cites eight classes of plots and illustrates each one, The examples provided *convey* instant recognition. Almost all of these *have* been drawn from personal experience or familiar literature, TV and movies. I am among the many *who've* tried to do the same thing. Instead of eight categories, I submit 24, and suggest a circular array with stories tending to overlap adjacents, and opposites nearly 180 degrees away. Taking the analysis a step further, the 24 may be grouped according to which of 5 kinds of affect predominate in each instance. My taxonomy conveniently classifies, as an aid to persons whose life blood is stories, such as writers, directors, artists, research scientists, therapists---and, indeed, *everyone* else.

Never minimize stories. All memory has been born in story form. When we learn by doing we are at that moment enacting a story such that the goal we strive for will remain, though the story itself is often forgotten. On the other hand, when the story we are living isn't serving us well, with a bit of help we seek to return to the story of origin in order to discover what has gone amiss. In carving out a future, we conceive of alternative stories, and make the selection which allows us to *move* forward.

Peggy Rudin views the inverse form of several common stories. Recognition of pairings, one negative and the other positive, offers a new direction to replace the old, or more profoundly, a way of combining the two into one rich whole.

Again and again she challenges us to live life to the full---why do less? Take charge of oneself in *every* situation. Insofar as possible, act rather than let circumstances flow *over* us. And if they do, then react, rather than sink deeper into the mire. This is the power of the stage, especially the sacred stage, where the issues are simultaneously *very* personal and widely shared. Mrs. Rudin is a founding director of the Center for Sacred Theater in Ashland, Oregon. An acting career focused on Shakespeare and the classics makes her mature perspective the *very* resource we need, especially if we are

drama therapists, bibliodramatists, and/or psychodramatists. She gives full attention to 'Othello,' 'Hamlet,' 'Romeo and Juliet,' and a 'Winter's Tale.' She whets our appetite for 'Much Ado About Nothing,' and 'All's Well that Ends Well,' along with passing reference to seven other Shakespeare works. She takes us through the pain of the aftermath of Troy and the voyage of Odysseus. Three of her classical references parallel Biblical stories of Japheth and his daughter, Abraham's near sacrifice of his son Isaac, and Laban's substituting at the bridal bed Leah for Rachel at Jacob's expense. She reminds healers of their special source of inspiration to be found in the story of Aeschylus waging the endless war against pain. I was especially pleased with her chapter on "point of view," inasmuch as everyone has one, and to the surprise of at least a few of us, no one else has exactly the same viewpoint. How painful it is to deal with recrimination among married couples who persist in supposing that the other sees, hears and feels as each does.

In psychodrama we speak of the ability to "role reverse," When we challenge an antagonist to take the role of the protagonist, often, at least at first, he cannot do so. Instead, without realizing it, he presents a caricature of the other, which exacerbates the conflict. We may need to provide a "double," to bring out into the open what a person suppresses or denies even from oneself. But soon the reaction to being doubled comes to be positive. Then we welcome the opportunity to speak freely and fully, which gives any "opponent" much more to work with, and invites a similar self-disclosure, a win-win situation, under the benevolent guidance of the couples' counselor. Rudin's chapter on conflict is a breath of fresh air. She shows conflict as the key to every dramatic scene, in the inevitable encounter on the way to realizing, or failing to realize, the immediate goal. She cites Joseph Campbell's 'Hero with a Thousand Faces', which for some, at least, represents a near universal quest for a treasure, snatched away from vigilant guards, fleeing for one's life to return home and share the gain for the benefit of all. Campbell visualizes the transcultural long view, but Rudin's genius is in her analysis of the everyday experience for everyone, where the very conflicts we avoid may turn out to be the basis for a life gain. The long married know that as each conflict is resolved our relationship deepens and we draw closer to one another.

She also takes into account the parting of the ways, where we let our resentment go, to the extent of forgiving others, and ourselves. Often this includes parents, whose burdensome disciplines, excesses and negligence have taught us to consider ourselves as unworthy of any good thing, and fully deserving of the pain that comes our way. Be gentle and kind to yourself if you are to be so to others, beware of being so locked in with those close at hand we miss the wider audience. Who may know us better than we know ourselves. They follow the course of our lives, thrill at our successes, suffer at our failures and lend a helping hand. She ends with a beautiful chapter on celebration, which for her is the culmination and meaning of life, and grants us the grace to face death with tranquility. Peggy Rudin's masterpiece belongs at the top of your reading list.

Review by Donell Miller

A Look at Imago Relationship Theory for Emotional Healing

Written by Gray Brainerd, Ph.D.

Adapted by Doreen Van Leeuwen, M.A.

APRIL PRESENTATION

Imago Relationship Theory maintains that when two people fall in love, something profound happens that goes far beyond a desire for companionship, physical attraction and compatibility. An unconscious agenda is activated, an agenda rooted in childhood hurts and unmet needs. That agenda, simply stated, is this: *We are all unconsciously looking for a particular someone who will help us finish (or repeat) childhood, so that we can become whole, happy adults, capable of loving relationships. Imago Relationship Therapists believe this to be nature's plan for emotional healing.*

It appears that nature consistently tries to heal itself. When there is a forest fire, nature immediately begins healing the scar by re-growing the forest. When there is an oil spill, nature begins a process to "clean up" that spill, although it may take 50 years or more. Imago theory suggests that where there are emotional wounds, nature begins a process of healing. Just as surely as when you scratch your arm, a scab forms and eventually new skin is created, when there are emotional wounds, nature sets into motion a drive to heal those wounds, too. *But since emotional wounds are invariably relationship wounds, they can only be healed in relationship - and only in a particular kind of relationship.* Imago Theory holds that:

We can only be healed by the one who wounds us, or a very reasonable facsimile.

We seem to be created so that the human psyche will only accept emotional healing from someone similar to the one who does (or did) the wounding. Inside each one of us is a striving for wholeness and completeness. To accomplish this, nature steers us to choose a mate that has a high potential for healing our past hurts, and satisfying any unmet childhood needs. We have to be with someone who activates our deepest needs **and** who is similar enough to our childhood caretakers that such healing becomes possible. To put it another way, *we choose someone like Mom and Dad, in good ways and bad, to get the healing we want and need.*

You may reasonably ask: Who in their right mind would ever choose someone that has negative traits similar to their parents? Who would consciously look for a life partner that is depressed, unavailable, distant or critical? Didn't we leave home just to get away from those characteristics? Of course, no one would consciously sign up for this!

As a solution, romantic love evolved. It's as though nature has to trick us into falling in love with someone who eventually also turns out to be painfully incompatible in ways specific to our hurts and needs. Romantic love puts us temporarily on a "drug", that suppresses our awareness of our partner's negative traits and raises our expectation of being loved "perfectly" - *finally I have found someone that will fill all my past, present and future needs and that will soothe all my wounds.* Some of us even stay in this blissful state until we are committed or married.

However, after we have been together for a while, the “drug” wears off, and we see more plainly our partner’s shortcomings, just as they begin to detect ours. Instead of experiencing our mate’s perfection, we now notice that they are critical, loud, absent-minded, irritating, or irresponsible....resembling our parents’ negative qualities more and more. We wonder, “What happened to the person that I committed to?” and conclude that we must have “picked the wrong partner.” We simply don’t know that this is part of a natural plan for emotional healing. This is where a lot of people bail out.

Nearly half of all couples split up between seven to sixteen years after “setting up house.” About 75% of these people move on to other committed relationships, but, tragically, six out of ten second partnerships end for the same reasons the first ones ended. This is an unnecessary consequence of misunderstanding the purpose of relationship. Often, the problem is not that we have picked the wrong partner. *The issue is that neither of us knows how to be the right partner, that is, the partner that my mate needs for his or her healing. What you need the most for your healing, I, your partner, am least able to give you.*

This leads us to a remarkable feature of nature’s selection process. Not only are we attracted to someone who could be a very powerful healer for **us**, but we are also attracted to someone for whom we can become a very powerful healer. How? By *inviting or challenging* us to grow and change specifically in those areas where we are now deficient, in order that we can heal **them**.

So, how do we as, a committed couple, get out of this seemingly hopeless trap, where I have attracted you, someone who is perfectly unsuited to heal me, and you have attracted me, equally unable to meet your needs?

The good news of Imago Theory is that there **is** a way out. When a couple recognizes what is happening when they select a mate, and **why** they choose the partner they choose, they start on the path toward appreciation, acceptance and forgiveness. When they decide to cooperate with the healing agenda, by stretching and changing to heal the other, each one becomes more complete in the process. As the receiving partner experiences those gifts of healing, they feel safer, and safer...and become more and more willing to stretch, grow and change in response. Consequently they enter into a process where wonderful things start happening. Happily married ever after?? Maybe that’s the stuff of fairy tales...but a genuine, joyful, love-filled relationship is entirely possible.

Recommended reading for couples is Dr. Harville Hendrix’s Getting The Love You Want. Visit <http://www.imagotherapy.com> www.gettingtheloveyouwant.com for information on Imago Relationship Therapy training and workshops.

Doreen Van Leeuwen M.A. has been licensed as a marriage and family therapist since 1986. She is a certified **Imago Relationship Therapist**, serving the Inland Empire at her office in Corona, CA. She has helped numerous couples achieve satisfying, committed relationships. **951-847-7742**

Call for Resources

Donate counseling to veterans—they receive pro bono services and, in exchange, the veteran chooses from a list of community agencies where they may volunteer their time. See www.giveanhour.org. If you have experience treating families with military service (with or without PTSD expertise), call or email State CAMFT. Mental Health Network Government Services is also recruiting professionals as Marriage and Family Life Consultants — <http://www.camft.org/mhnservices.htm>

COMMITTEE POSITIONS

Hospitality: Judith Jacobsen (909) 798-9525

Networking Lunches/Socials: Open

Newsletter Editor: Open

Program Chair: Doreen Van Leeuwen (951) 847-7742

Trauma Response Network Chapter Coordinator:

Carolyn Dodd (951) 212-5003

Webmaster: Garry Raley (951) 640-5899

If you are interested in serving on a committee, please contact Ruth or any board member.

Get involved! It's fun and your input helps the chapter stay strong.

IE-CAMFT Mission Statement: We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.

NEWSLETTER POLICY

As a reminder, if you have an article you would like to submit to the newsletter, please e-mail it to the newsletter editor by the 21st day of the previous month. The newsletter is e-mailed to all members.

DISPLAY ADS RATES

BUSINESS CARD SIZE:

MEMBERS: \$10,

NON-MEMBERS: \$20

¼ PAGE: MEMBERS: \$20,

NON-MEMBERS: \$40

CLASSIFIED AD RATES:

Members: free

CLASSIFIED AD RATES:

NONMEMBERS: ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF \$90

12 MONTHS: 40% OFF \$144

Notice Regarding Ads: Free Member ads will run continuously for three consecutive newsletters unless rescinded earlier. They will automatically be discontinued unless a renewal request is received.

Maternal Adolescent Family Services: Are you pregnant or parenting? In need of services & support? Call Maternal Adolescent Family Services at 951-358-5250 or visit <http://www.rivcoph.org/mcah/>

Membership Information — Dues Renew in April

Membership to the Inland Empire Chapter of CAMFT requires a membership in CAMFT —there are multiple benefits to belonging to both. For more information on membership benefits or how to join, see page 8, or contact Iris Cruz or any board member for assistance. Dues are due by April. Please renew to continue your newsletter.

CLASSIFIED ADS

Office Space Available — Desert Area

Beautifully decorated, sound-proofed office with window in a professional building occupied by other therapists and psychiatrists. The office has a call-light and privacy exit. Possibility of group room use. Call Janet Rhodes 760-946-2070.

Class Now Forming - Trauma and Dissociation Therapy Training

Effectively and efficiently treat acute and chronic trauma and dissociation. 40 CEU training for MFTs and LCSWs; CEU provider #PCE2329 Contact Patrick Poor, MFT, 951-276-0616, today for more information.

New Practice and Groups — Upland

New private practice accepting referrals, no waiting list. Specializing in therapy for children and adolescents. Sliding scale available, rates offered for low income. Kathryn Vannauker, Licensed Marriage and Family Therapist. (909) 635-8077, 1538 Howard Access Rd, Ste. C, Upland, CA, 91786, acceptance@live.com, www.ranchocucamongatherapy.com Therapy Groups available at a low cost: Adult Coping Skills and Stress Relief; Teen Self-Improvement, ages 12– 18; Children's Behavior and Anger Management, ages 5 - 12; Children's Self-Esteem and Social Skills Building, ages 5 – 12; Children with Family Issues Therapy ages 5-12.

Office for rent—Banning: warm, friendly setting, Christian therapist preferred. Call Janetta @ 951/9220442.

Office Space for rent - Victorville/Hesperia. Fully furnished window office, with copy and fax machine, play therapy games, parking, and a waiting room. Fully disabled/wheelchair accessible. Available on weekdays, evenings, and/or weekends. Pay by the day or evening. Cross street Bear Valley Road and Heperia Road. Call Pam Hart 760.900.3852

\$450 for your own private office (300 sf inc. utils). A great deal! Share the waiting area with another therapist, free parking, weekend-evening hours, is restaurant and fwy close! Atmosphere is quiet and up-scale...Do it! Start your own practice—take advantage of the low rent! Contact Catherine at shrinkin@sbcglobal.net

Inland Empire CAMFT MEMBERSHIP APPLICATION

Name and Degree _____

Address _____

City _____ State _____ Zip Code _____

Telephone Number () _____ Fax Number () _____

E-Mail Address _____

Business Name _____ Business Telephone Number () _____

MEMBERSHIP CATEGORIES (CHECK ONE)

_____ Clinical (Licensed).....\$40

_____ Prelicensed (Trainee, Intern, Social Worker Associate).....\$25

_____ Associate (Licensed in a related mental health field).....\$40

_____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # _____

Must be a member of CAMFT to join the local chapter (unless Affiliate member). **Dues are paid annually in April.**

MAKE CHECKS PAYABLE TO IEC-CAMFT

Inland Empire Chapter of CAMFT
(California Assoc. of Marriage & Family Therapists)
P.O. Box 11846
San Bernardino, CA. 92423



ADDRESS CORRECTION REQUESTED

