

THE PROFESSIONAL EXCHANGE



INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage and Family Therapists)

MAY 2008

MONTHLY MEETING

Friday, May 23, 2008

Coffee and Networking: 8:00 am
Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic
164 W. Hospitality Ln. Suite 15
San Bernardino, CA. 92408

PSYCHOTHERAPY WITH MEN Issues and Interventions

Dr. Tom Elliott, PhD

Tom Elliott is a licensed psychologist in Redlands. He has taught at both CSU Hayward and the University of Redlands. In private practice for 28 years, he now focuses on individual and group therapy, clinical supervision, and consulting with county agencies and with residential facilities. Dr. Elliott specializes in working with adult men, individually and in group settings. Along with co-leader Dr. Fred Rabinowitz, he has been leading men's groups for 21 years.

Presentation Objectives:

1. Become aware of particular concerns that male clients may bring to the therapeutic process.
2. Learn to assess male clients from a masculine-sensitive framework that accounts for male socialization and cultural norms.
3. Understand the concept of masked depression as it may relate to men's presenting problems in therapy.
4. Develop awareness of transference and counter-transference issues that often emerge during therapy. (continued on page 3...)

2 hours CEUs (free for members—\$10 for non members)

CHAPTER EVENTS TO REMEMBER

- June 27, 2008 Using the Myer Briggs Personality Inventory in Therapy—
LuAnn Ahrens, LMFT
- July 25, 2008, Board Retreat—all members are invited to attend
- August 22, 2008 Meeting at the Intersection of Spirituality and Psychotherapy—
Robert Connerly, MFT, PhD

BOARD OF DIRECTORS

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Garry Raley (951) 640-5899
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I am constantly amazed at how quickly things change. Although it seems like just yesterday, it's been over a year that I attended the annual Law and Ethics workshop hosted by our chapter. I graciously accepted the offer by Pam Hart to go out to lunch with the chapter board members and our workshop presenter, David Jensen, J.D. Somehow, before that lunch was over, I had agreed to fill the position of President Elect. Now, a little over 14 months later, I have the opportunity to serve as President of the chapter.

It is both an honor and a humbling experience. There have been many great and wonderful past presidents that have worked tirelessly to rejuvenate this chapter into it's now thriving state. From my limited historical knowledge, this rebirth started with the leadership and energy of Pam Hart, an incredible therapist, administrator, and person. Her consistent devotion to MFTs throughout the Inland Empire has greatly benefited many of us, to feel connected to one another and to receive high quality trainings and workshops.

Pam was followed by Marjorie Lucas and then by Sheri Rambharose. Sheri sought out—and continues to seek out—dynamic speakers and educators to edify us each month at our chapter meetings. Her up-beat

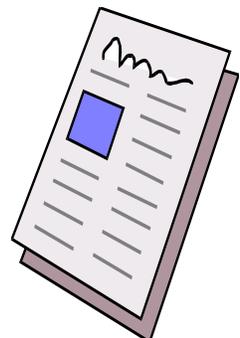
spirit and her willingness to serve has been felt by all those who have had the opportunity to meet her. Sheri was followed by our now past president, Garry Raley. It has been a true pleasure to work with and to watch Garry during this last year. His quiet strength and confidence is reassuring to those of us that have worked with him and have followed his leadership. This past year Garry was awarded and honored as an outstanding Chapter Leader at the annual CAMFT state leadership conference.

As you can see, I am following in the footsteps of many great therapists, leaders, and friends. I hope to serve the chapter to the best of my ability. As with most of you, my life is a busy one, with many responsibilities. However, I hope those who have been attending our monthly meetings will continue to do so—and that those who have not had the opportunity to do so, will take the time to come, allowing us the pleasure of getting to know you, and for you to get to know us. The CEU's you will receive are only part of the benefits you will gain for coming each month. If there is anything I or any of our wonderful board members can do for you, please let us know.

May this next year bring each of you peace and prosperity,

James

***PRESIDENTS
MESSAGE***



CALL FOR ARTICLES AND LETTERS

As a forum for professional exchange, this newsletter can best serve the local MFT community with member input. The newsletter editor enthusiastically invites your submissions for consideration for publication. Perhaps you recently read a book and keep thinking, "Everyone should know about this!" Or, maybe you went to a workshop and learned something new, something you cannot wait to tell your friends. Maybe you need to share your heart with peers who walk the same path.

If you have an article you would like to submit to have considered for the newsletter, please e-mail it to the editor by the 30th of the month. Send submissions to: hbryga@familyservicerivca.org.



According to Metropolitan State College of Denver, executive functioning, also known as self-regulation, "has a stronger association with academic achievement than IQ or entry-level reading or math skills." Executive functioning skills include cognitive, social/interpersonal, and emotional self-regulation. More information is readily available at:

1. Metropolitan State College of Denver, "Tools of the Mind" Program: <http://www.mscd.edu/extendedcampus/toolsofthemind/>
2. National Center for Learning Disabilities: <http://www.nclد.org/content/view/868/391/>
3. National Public Radio, <http://www.npr.org/templates/story/story.php?storyId=76838288>
4. About Kids Health—follow the links for the full series of articles on executive functioning: <http://www.aboutkidshealth.ca/News/Executive-Function-Part-One-What-is-executive-function.aspx?articleID=8024&categoryID=news-type>
5. Great Schools article: <http://www.schwablearning.org/articles.aspx?r=1153>
6. Learning Abled Kids: http://www.learningabledkids.com/learning_disability_LD/executive_functioning.htm

...Continued from page 1: Psychotherapy with Men: May Meeting

Presentation Objectives, continued:

5. Explore specific concerns men may bring to individual, family, and group therapy settings.

Description of Talk:

This presentation will address specific concerns and issues that men often bring to the therapeutic process. The audience will be invited to participate interactively, bringing their personal knowledge and experience with men's issues to the discussion. We will examine the social context of men, including social and cultural roles, stereotypes, and perceived expectations. We will consider the expectations and concerns that men often bring into therapy, including areas of possible resistance. We will address the topics of recognized and unrecognized depression in men. During the presentation, we will explore themes and topics that are often of particular significance to men, such as concerns with trust and emotional expression. There will be opportunities to explore particular issues that may arise with men in regard to cultural background, type of therapeutic setting, sexuality, age, and family history.

Give An Hour

Therapists who wish to donate counseling services to a veteran may do so by accessing www.giveanhour.org. Veterans receive services provided pro bono by the therapist and in exchange the veteran chooses from a list of community agencies where they may volunteer their time.

2008 APT International Play Therapy Conference

Tuesday, October 14 through Sunday, October 19 in
Addison (Dallas), Texas

Visit their website for more information: [http://
guest.cvent.com/EVENTS/Info/Invitation.aspx?
i=c65ac831-2063-4acf-872a-a1ca1ac527da](http://guest.cvent.com/EVENTS/Info/Invitation.aspx?i=c65ac831-2063-4acf-872a-a1ca1ac527da)

Visit CAMFT Website for More Training Opportunities and Events

Go to <http://www.camft.org> — check out the
“Educational Opportunities” and “Chapter News” sec-
tions for a range of interesting information.

CALL for RESOURCES

If you have experience treating families with military service
(with or without PTSD expertise) call or email State
CAMFT to provide contact information and services you
provide.

Psychodrama Classes

Wesley Lounge of the University United
Methodist Church, 940 E. Colton Ave., Redlands

Friday evenings: 7:30 PM

Free to attendees. CEU credits available.

For information, contact Don Miller at (909) 798-2765



The 35th Annual Mental Health Services Conference on Teens

“Foundations of the Future”

Thursday, May 22, 2008
at California Baptist College,
Riverside

Keynote Speaker
Dr. Lorraine Fox, PhD

Workshops regarding:
Law and Ethics, Resources, Relationships, Special Needs,
Substance Abuse, Teen Dating Violence, Self-Injurious
Behaviors, and More

Teen Hero Awards

Call Family Service Association at (951) 686-3706
for registration information

CEUs available

MEMBERSHIP INFORMATION

Membership to the Inland Empire
Chapter of CAMFT requires a mem-
bership to CAMFT. There are multiple
benefits to belonging to both. For
more information on membership
benefits or how to join, contact Pam
Hart or any of the board members for
assistance. Phone numbers are on the
first page of the newsletter.





CLASSIFIED ADS

Office Space

Serene private inner office for lease in Corona with waiting room, utilities included, and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066.

Therapist Needed

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680.

Olive Branch Counseling

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030.

Licensed MFT, LCSW, or Ph.D.

For clinical position in Apple Valley, CA. Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511.

Volunteer MFT Intern needed immediately for Claremont Unified High School seeing students during the school day until June. No pay but lots of hours. Flexible schedule available. Contact Catherine at ccaporal@aol.com

Office Space

521 W. Citrus Ave., Redlands
Small house in downtown Redlands on the West side of the Mall. The house has two offices, a small waiting room, kitchen, secretary/copier/filing area, and bathroom. Office for rent is 11'3" X 15'3". The house is networked for computer, fax/ copier/printer/scanner in the secretary's area. Pleasant yard with trees. Clients seem to enjoy the "homey" atmosphere. Parking for two clinicians. Not much traffic, so good sense of privacy for clients. Single renter preferred. Sublet possible. Call Beth McGuire at (909) 793-7064 or (909) 831-6377.

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We deal with your insurance companies

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We make life easier for you!!!!

Liz Scudder @ Escudder4@aol.com, (562) 335-7167 – Mobile
or (951) 778-0149 - Office

Redlands Office Space

~Furnished or Unfurnished~

Peaceful and stylish furnished inner office for lease in Redlands—with waiting room, and utilities included. Easy I-10 freeway access. The office can be used 7:00 to 10:00 mornings, all day Fridays, and weekends, at \$65/day. Another office in the suite is unfurnished and available for full time use at \$600/month—utilities and waiting room included. Call (909) 226-5541

DISPLAY ADS RATES

BUSINESS CARD SIZE

Members: Non-members:

\$10 \$20

¼ PAGE:

\$20 \$40

CLASSIFIED AD RATES

MEMBERS: FREE

NON MEMBERS:

ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF - \$90

12 MONTHS: 40% OFF - \$144



“ASK BEN”—PRE-LICENSED EXCHANGE

Ben Zinke is a pre-licensed board member for IE-CAMFT. The board encouraged him to start this section of the monthly newsletter. The purpose of the Pre-Licensed page is to give interns and trainees a forum to discuss issues they often face.

If you have a question for Ben, please email him at: ztherapist@gmail.com.

Q: Dear Ben,

How does my MFT program fit with the proposed legislation to have Licensed Professional Counselors in California? —Terri from San Bernardino

A: Hey Terri,

I was recently at an IE CAMFT meeting in which this topic was discussed at length. First of all, I'd like to say that Licensed Professional Counselors (LPCs) are expected to get state licensure within a year or two. They have licensure in the other 49 states and it is very likely that they will succeed in making California the 50th. Some have expressed concern that those with MFT degrees will have greater difficulty in finding jobs as a result of LPCs.

Fortunately for those of us in the MFT programs, LPCs are working with organizations such as CAMFT and others, so as to come up with legislative compromises that protect MFT jobs.

Probably the most important part of the legislation is that MFTs can be “grandfathered in” as LPCs if the requirements are met. Since the bill has not been passed yet, we don't know the exact requirements at this point, but it will likely include a certain number of hours of experience (that we may already have towards an MFT license) and certain classes (many of which we may have already taken). It is a good time for us to work towards an MFT license, because if we get enough experience it might qualify us for two licenses. Some may question the value of being dual licensed, but it's good to keep in mind that LPCs will likely have different job opportunities. Also, LPCs have more power in some states than MFTs, so dual-licensed individuals will likely have more options.

I want to thank you for sending me this question as I'm sure it is on the minds of many of our readers.

Best of luck in your program,

Ben Zinke

FRIENDLY REMINDER:

IE– CAMFT Dues were due in April. Please see Page 7 for the address to mail your dues and the form to update your contact information.





MEMBERSHIP APPLICATION
Inland Empire - CAMFT

Name and Degree _____
 Address _____
 City _____ State _____
 Zip Code _____
 Telephone Number () _____ Fax Number () _____
 E-Mail Address _____
 Business Name _____ Business Telephone Number () _____

MEMBERSHIP CATEGORIES (CHECK ONE)

- _____ Clinical (Licensed).....\$40
- _____ Prelicensed (Trainee, Intern, Social Worker Associate.....\$25
- _____ Associate (Licensed in a related mental health field).....\$40
- _____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # _____

Must be a member of CAMFT to join the local chapter, unless Affiliate member)
Dues are paid annually in **April**. MAKE CHECKS PAYABLE TO IE-CAMFT

Send this form with check to: Inland Empire Chapter of CAMFT
9708 SVL Box
Victorville, CA. 92392

IE-CAMFT Mission Statement



We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.



INLAND EMPIRE CHAPTER OF
CAMFT NEWS

Inland Empire—CAMFT
9708 SVL Box
Victorville, CA. 92392

We're on the Web!
www.ie-camft.org

*This newsletter is emailed
to all members unless a
hardcopy is requested.*

COMMITTEE POSITIONS

Membership: Pam Hart – (760) 900-3852

Hospitality: Open

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Heather Bryga – hbryga@familyservicerivca.org
or (951) 686-3706

Program Chair: Sheri Rambarose – (951) 778-3970

and Garry Raley – (951) 640-5899

CEU Coordinator: Carolyn Dodd – (951) 212-5008

Trauma Response Network Chapter Coordinator:

Carolyn Dodd – (951) 212-5008

If you are interested in serving on a committee, please contact James Billings
or any board member

Inland Empire Chapter of CAMFT
(California Assoc. of Marriage & Family Therapists)
9708 SVL Box
Victorville, CA 92392