



THE PROFESSIONAL EXCHANGE



INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage and Family Therapists)

NOVEMBER 2008

MONTHLY MEETING

Friday, November 21, 2008 (not the "Fourth Friday")

Coffee and Networking: 8:00 am
Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic
164 W. Hospitality Ln. Suite 15
San Bernardino, CA. 92408

COMPOUNDING PHARMACY:

Implications for Interpersonal Relationships

Presented by Raylene Mote, Pharm. D.

Presentation Objectives:

1. Learn the history of compounding pharmacy.
2. Identify symptoms of thyroid hormone imbalance and its impact on mood and behavioral functioning.
3. Basics of bio-identical hormone balance and its impact on mood and interpersonal relationships.

About the Speaker:

Dr. Mote has been helping doctors and their patients find solutions for their medical problems as a pharmacist for over 30 years at Loma Linda University Medical Center. She is also the owner and pharmacist-in-charge for Inland Compounding Pharmacy, based in Loma Linda (see <http://inlandcompounding.com/contact.html>). Dr. Mote received her Pharm. D from University of the Pacific, Stockton, in 1976. She did her internship at the Naval Regional Medical Center, San Diego. Her patients recognize her... (continued on page 3)

2 CEU hours free to IE-CAMFT members. See page 7 for membership form.

CHAPTER EVENTS TO REMEMBER

- December 12, 2008, 11:00 "Holiday Celebration" — at the Olive Garden; see pg 3 for details.
- January, 2009: Speaker To Be Announced
- February 27, 2009, on The Forth Friday: "What Does the Law Expect of Me, Part IV"—Dave Jensen, J.D., CAMFT Staff Attorney (see pg. 5)
- March, 2009: Speaker To Be Announced
- April 24, 2009: "CAMFT Update"—Mary Riermesma

BOARD OF DIRECTORS

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I have been pleased to see so many new faces at the monthly chapter meetings. It has been a pleasure getting to meet new and long time members. If there is anything I or any member of the board can do, please let us know.

For this month's president's message, I wanted to follow up on a topic I wrote about a few months back, regarding our boards decision to write to the state board and ask that the new CAMFT bylaws be reconsidered. Below is a letter from another chapter president I received, which I think does an excellent job summarizing what has happened and what is coming up. I'm a strong believer in "not reinventing the wheel," so I have decided to simply attach a copy of her letter. The Ventura CAMFT Chapter has taken a very similar position to our chapter on this issue. If there are any questions please feel free to contact myself or any board member.

STATE CAMFT BYLAWS REVISION AND HOW IT AFFECTS OUR CHAPTER

This past summer, the Board of Directors of the Ventura County Chapter of CAMFT became aware of proposed Bylaws revisions by the State CAMFT Board. Of particular interest was the concern that the revised Bylaws specifically stated that all Chapter Boards could only be comprised of LMFTs, except for the Prelicensed Board position. This brought a tremendous number of objections from other Chapters communicating back and forth on the Chapter Leadership Listserve.

It was clear that the majority, if not all, of the Chapters have multiple networking and/or pre-licensed individuals on their Boards. It was also made very clear in their e-mails that their very survival depended upon such talented individuals since they had a difficult time recruiting people to serve on their Boards. The decision was made to have the individual Chapters send a letter to the State CAMFT Board asking for reconsideration and further revision to allow individual Chapters, to decide the makeup

of their own Boards. Our Chapter along with about half of all the Chapters did send such a letter. The State CAMFT Board responded by allowing one networking member and two prelicensed individuals to become Chapter Board members.

The Ventura County Chapter Board has consisted of 12 – 15 members at any given time. Our Chapter Bylaws have required the Board to always consist of 2/3 LMFTs with the option of 1/3 consisting of prelicensed MFTs. As of this date, our Chapter has not had a networking member serve on the Board. We have found that our Prelicensed Board members are very bright and hard workers, bringing a wealth of experience, and energy for the wellbeing of our Chapter. The Ventura County Chapter Board highly objects to State CAMFT attempting to regulate who we can choose to serve on our Board. With that in mind, we need our Chapter members help.

This January, State CAMFT is required to send to all CAMFT members the revised Bylaws to be voted on for approval. We ask that you take the time to read the State CAMFT Bylaws revision thoroughly and vote "NO". If the revision is not approved, then the CAMFT membership has spoken and the State CAMFT Board will have to take this into consideration and go back to the drawing board. Your vote is important – a non-vote is the same as a yes vote in this case.

Thank you for your support.

James Billings

PRESIDENT'S MESSAGE



CHAPTER NOTES

Committee Invitation

The IE-CAMFT Board would like to invite interested members to join our Website Committee. This will be a temporary committee with the goal of upgrading our chapter website. If you have an interest, please contact President-elect, Ruth Dusenberry, 951-961-4792, ruthd616@aol.com.



“ASK BEN”

The Board encouraged Ben Zinke to establish a pre-licensed exchange in the newsletter, giving interns and trainees a forum to discuss issues they often face. Please email your questions to Ben at ztherapist@gmail.com



IE-CAMFT Holiday Celebration ~ Please Attend! ~ Friday, December 12, 2008 at 11:00 a.m.

All members are heartily invited to a no-host lunch to celebrate the spirit of community.

We'll see you at the Olive Garden:

460 Hospitality Lane, San Bernardino, CA, 92408 (<http://www.olivegarden.com/locator/locationSearchAlt.asp>)

If you would like to participate in a friendly gift exchange, please bring a wrapped gift, valued approximately \$15.

For more information or to RSVP, please contact Wendy Hallum, (909) 239-8051, or Heather Bryga, hbryga@familyservicerivca.org

...“Compounding Pharmacy, About the Speaker” (continued from page 1).

... knowledge of pharmacy, her ability to listen and explain, her high level of quality of service, and her fair pricing. As well as being a pharmacist, Raylene is involved in Soroptomist International Dawnseekers of Yucaipa and has interests including sewing, gardening, camping, kayaking and bicycling.



Notable Resource

“The Parent Institute” is a web-based retailer dedicated to encouraging parent involvement in children’s education. At their “free resources” section, <http://parent-institute.com/educator/resources/>, you can register to download free articles for parents. They also offer newsletter subscriptions that can be customized to bear your name or your business name. — Submitted

by Janetta Peltz

UPCOMING EVENTS

Redlands Psychodrama Classes

Fridays at 7:30 p.m.

in the Youth Room, at the University United Methodist Church, 940 E. Colton Ave., Redlands.

Free to attendees. Guests welcome. CEU and psychodrama credits available .

For information, contact Don Miller at (909) 798-2765

CALPT Training — “Creative Approached to Play Therapy”

Friday, 11/14/08 in Riverside
Vicki Salvin, MSW, LCSW, BCD, CTS, SAP
6 CEUs

Contact Jennifer Wentz at jenniferwentz@hotmail.com or Sandra Herrera at sherreralcsw@gmail.com.

Shop and Support “Prevent Child Abuse Riverside County”

Saturday, 11/15/08

Join the “Giving Spree” at the Moreno Valley Mall. Make a minimum a\$5 donation and receive a special shopping pass with exclusive retail offers. Visit www.TheGivingSpree.com to get your saving and make a donation; 100% of the proceeds benefit the organization.

“Team Focus —High Expectations and High Standards”

Free Leadership Mini-Camp

For boys, ages 10 to 17,
without a father figure in their home.

Saturday, 11/29/08 in Perris

“Everything rises and falls on leadership. Develop God-given gifts. Become a person of influence for good.”

Contact Emmett Reid, 951-259-1361, Supt. Terrence Hundley (888)943-7625, or Paul Legan (952)684-6888. Or see www.teamfocusonline.com

Group — “When Your Relationship Ends”

A 10-week recovery group hosted by Loma Linda Medical Center’s Chaplain’s Services Department, for individuals experiencing a break up or separation. To support clients to build confidence and to inform better choices in relationships. Call 909-558-4367 or email Lance Tyler at lt Tyler@llu.edu for fee and schedule information.

CALLS for RESOURCES

- To donate counseling services to veterans, see www.giveanhour.org. Veterans receive pro bono services and, in exchange, the veteran chooses from a list of community agencies where they may volunteer their time.
- If you have experience treating families with military service (with or without PTSD expertise) call or email State CAMFT to provide contact information and services you provide.
- Mental Health Network Government Services is also recruiting professionals as Marriage and Family Life Consultants. Go to <http://www.camft.org/mhnservices.htm> for more information.

Childhood Grief and Traumatic Loss

Conference in Los Angeles, March 26, 2009—information at <http://ican-ncfr.org/documents/Grief2009SaveTheDate.pdf>

MEMBERSHIP INFORMATION

Membership to the Inland Empire Chapter of CAMFT requires a membership in CAMFT—there are multiple benefits to belonging to both.

For more information on membership benefits or how to join, see page 7, or contact Pam Hart or any board member for assistance. Phone numbers are on the first page of the newsletter.

Dues were due in April, so if you have not renewed, your newsletter may be discontinued.



CLASSIFIED ADS

Therapist Needed — Banning

Christian therapist preferred, LCSW or MFT license. Rent office with 2 MFTs; warm, comfortable setting. Call Janetta (951) 922-0442.

Licensed Forensic Therapist Needed — Colton

To work with individuals and groups; to complete assessments. Experience working with sex offenders preferred. Contact Sharper Future at www.sharperfuture.com.

Office Space Available — Desert Area

Beautifully decorated, sound proofed office with window in a professional building occupied by other therapists and psychiatrists. The office has a call light and privacy exit. Possibility of group room use. Call Janet Rhodes 760-946-2070.

Trauma and Dissociation Therapy Training

Would you like to effectively and efficiently treat acute and chronic trauma and dissociation? Patrick Poor is organizing a 40 CEU training now. CEU provider #PCE2329 Call 951-818-6058 today for more information.

Office Space Available — Claremont

Share office in Claremont. Other office in suite is occupied by Psychologist. Nice quiet location. Newly painted and carpeted. Includes waiting area. For more information contact: Michelle Donaldson, MFT at (951) 522-6766.



CLASSIFIED ADS

Office Space Available — Redlands

521 W. Citrus Ave., Redlands—Small house in downtown Redlands on the West side of the Mall. The house has two offices, a small waiting room, kitchen, secretary/copier/filing area, and bathroom. Office for rent is 11'3" X 15'3". The house is networked for computer, fax/copier/printer/scanner in the secretary's area. Pleasant yard with trees. Clients seem to enjoy the "homey" atmosphere. Parking for two clinicians. Not much traffic, so good sense of privacy for clients. Single renter preferred. Sublet possible. Call Beth McGuire at (909) 793-7064 or (909) 831-6377.

Office Space Available — Corona

Serene private inner office for lease in Corona with waiting room, utilities included, and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066.

Therapist Needed — Hemet

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680.

Olive Branch Counseling — Rancho Cucamonga or Riverside

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030.

Licensed MFT, LCSW, or Ph.D. — Apple Valley

For clinical position in Apple Valley, CA. Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511 or call Nancy Hirst at (760) 946-2070.

Redlands Office Space ~Furnished or Unfurnished~

Peaceful and stylish furnished inner office for lease in Redlands—with waiting room, and utilities included. Easy I-10 freeway access. The office can be used 7:00 to 10:00 mornings, all day Fridays, and weekends, at \$65/day. Another office in the suite is unfurnished and available for full time use at \$600/month—utilities and waiting room included. Call (909) 226-5541

FREE YOURSELF FROM INSURANCE WORRIES!!!! We deal with your insurance companies

Quick Processing and Pay, Consistent and Reliable, Reasonable Rates,
References Available

We make life easier for you!!!!

Liz Scudder @ Escudder4@aol.com, (562) 335-7167 – Mobile
or (951) 778-0149 - Office



Sandra Keller

- Claim Submission/Tracking
- Client Benefit Inquiry
- Apply to Join Insurance Panels
- And Much More

For more information...
Cell: 714-454-1030
E-mail jasaha@charter.net
www.germentalhealthinfo.com

**Support Services
For Mental Health
Providers**

Paid MFT Internships

Fulltime positions with Temecula area residential treatment facilities for male/female populations, ages 6-17.

Supervision and training provided. Paid vacation and medical/dental benefits.

Contact Bob Weck at 1-800-404-5516, ext. 213 for details

DISPLAY ADS RATES

BUSINESS CARD SIZE:

MEMBERS: \$10, NON-MEMBERS: \$20

1/4 PAGE: MEMBERS: \$20, NON-MEMBERS: \$40

CLASSIFIED AD RATES: Members: free

CLASSIFIED AD RATES: NON MEMBERS:

ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF - \$90

12 MONTHS: 40% OFF - \$144

Law and Ethics Training — *Save the Date!*

Friday, February 29, 2009, 8:30 to 4:30

“What Does the Law Expect of Me, Part IV”*

by Dave Jensen, J.D., CAMFT Staff Attorney since 2002

6 CEUs available, hosted by IE-CAMFT. Contact Ruth Dusenberry for more information,
(951) 961-4792

*Please note that although this is an advanced class, attendees are not required to have attended Parts I through III to attend Part IV



MEMBERSHIP APPLICATION

Inland Empire - CAMFT

Name and Degree _____

Address _____

City _____ State _____ Zip Code _____

Telephone Number () _____ Fax Number () _____

E-Mail Address_____

Business Name _____ Business Telephone Number () _____

CHECK ONE: New Member, IE-CAMFT Renewal, IE-CAMFT

CAMFT Member# _____ Active _____ Inactive

MEMBERSHIP CATEGORIES (CHECK ONE)

_____Clinical (Licensed).....\$40

Pre-licensed (Trainee, Intern, Social Worker Associate.....	\$25
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____ Associate (Licensed in a related mental health field).....\$40

_____Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

Must be a member of CAMFT to join the local chapter, (unless Affiliate member)

Dues are paid annually in **April**. MAKE CHECKS PAYABLE TO IE-CAMFT

Send this form with check to: Inland Empire Chapter of CAMFT
9708 SVL Box
Victorville, CA. 92392



IF YOU ARE A MEMBER OF CAMFT,
YOU MAY JOIN OUR LOCAL CHAPTER.

BENEFITS INCLUDE:

- Networking
- Free 2 CEU's at 9 Monthly Meetings. Reduced Cost for 6 CEUs for Law and Ethics
- Staying Connected to Other Therapists
- Low Cost Advertising
- Developing Peer Relations and Being Less Isolated
- Giving and Receiving Consultation and Referrals
- Becoming More Educated

IE-CAMFT Mission Statement

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.



INLAND EMPIRE CHAPTER OF
CAMFT NEWS

Inland Empire—CAMFT
9708 SVL Box
Victorville, CA. 92392

We're on the Web!
www.ie-camft.org

***This newsletter is emailed
to all members unless a
hardcopy is requested.***

COMMITTEE POSITIONS

Membership: Pam Hart – (760) 900-3852 and
Ginger Gabriel – (909) 338-6968

Hospitality: Open

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Heather Bryga – hbryga@familyservicerivca.org
or (951) 686-3706

Program Chair: Sheri Rambarose – (951) 778-3970 and
Garry Raley – (951) 640-5899

CEU Coordinator: Carolyn Dodd – (951) 212-5003

Trauma Response Network Chapter Coordinator:
Carolyn Dodd – (951) 212-5003

Webmaster: Garry Raley – (951) 640-5899

If you are interested in serving on a committee, please contact James Billings
or any board member.

Inland Empire Chapter of CAMFT
(California Assoc. of Marriage & Family Therapists)
9708 SVL Box
Victorville, CA 92392