

THE PROFESSIONAL EXCHANGE



INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage and Family Therapists)

OCTOBER 2008

MONTHLY MEETING

Friday, October 24, 2008 — “The Forth Friday”

Coffee and Networking: 8:00 am
Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic
164 W. Hospitality Ln. Suite 15
San Bernardino, CA. 92408

INTRODUCTION TO NEUROTRANSMITTERS AND BEHAVIORS

Presented by Jan Hackleman, LMFT

Jan Hackleman practices psychotherapy in Grand Terrace under her corporate name, “The Family Connection.” She specializes in special needs children, trauma, and parent-child relationship issues of all ages. She is a registered nurse and she earned her MFCC Master’s degree at Loma Linda University. She is also a certified EMDR Therapist and a consultant in EMDR training. For more than twenty five years, Jan has provided the community with individual, couple, and family therapy, and with a variety of parenting skills groups: parenting for special-needs children, understanding temperaments, parenting teens, self-management, and the basics of parenting. She frequently consults and conducts seminars for schools, churches, business and professional groups.

In 1982, Jan founded and directed a non-profit, six-bed, group home reunification program for children with disabilities and severe behavior problems, and she started an outpatient counseling center specializing in parenting for high-risk, special-needs, and abused children. She developed one of the most comprehensive self-management and parenting intervention programs for high-risk and abusive parents offered in Southern California. In 1999, she was named “Alumnus of the Year” by Loma Linda University School of Nursing for her innovative contributions in those areas. ...

(continued on page 3)

2 CEU hours free to IE-CAMFT members. See page 7 for membership form.

CHAPTER EVENTS TO REMEMBER

- November 21, 2008 (*not* “the Forth Friday” due to Thanksgiving): Tentative Topic: “Differential Diagnosis”—Dr. Raja, M.D.
- December and January: To Be Announced
- February 27, 2009, on The Forth Friday: “What Does the Law Expect of Me, Part IV”—Dave Jensen, J.D., CAMFT Staff Attorney (see pg. 5)
- March, 2009: To Be Announced
- April 24, 2009: “CAMFT Update”—Mary Riermesma

BOARD OF DIRECTORS

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CHAPTER NOTES

This Newsletter Needs You!



We need your contributions to keep this publication interesting and current. This is your forum to connect with your fellow IE-CAMFT members.

We are interested in your perspective.

If you have a favorite psychology-related website, referral, book, song, movie, CD, insight, or therapy intervention, please share it with your fellow IE-CAMFT members.

Send us an inspirational or amusing quote from the therapy-related book you're reading. Post a question. Let us know about an upcoming event. Or, write an article.

We need you.

Please email your contributions to Heather, hbryga@familyservicerivca.org, by the last day of the month.



Welcome New IE-CAMFT Members!

Judith Besteman

Carol Bouldin

Kamela Elliott

Sara Evans

Kristy Labardee

Clement Osakue

Beth Pumerantz

And

Dayna Tevis

(Monthly Meeting—Jan Hackleman Biography and Goals, continued from page 1) ...

In 2005, she hosted her own live radio show on family issues. Her 10-hour CD series, "The Basics of Parenting," will be available soon.

Jan Hackleman has been married for thirty-one years to her writer/artist husband, Doug, and has two adult daughters, Hilary and Deirdre. She enjoys discussing issues related to spirituality, theology, sociology, psychology, politics, and how an integrated understanding of them affects personal growth, parenting, marriage and family relationships, and attitudes about the world at large. She loves staying up late and sleeping in, time with her family, good friends, good food, and good movies. She loves to share everything she knows that might be helpful, and, according to her children, often more than you want to know.

Goals: Utilizing the works of Daniel Amen, MD, we will review: information about the brain; behaviors and emotions that become problematic when brain function is abnormal; and some natural and prescription drug treatments for those emotions and behaviors. We will enhance the therapists' diagnostic and treatment abilities, as well as increase their understanding and awareness of their client's condition, to better evaluate the client's responses to prescribed medications, and to facilitate informed and useful conversations with the client's psychiatrist.

Objectives:

Participants will be able to:

- Identify five key areas of the brain that, when not functioning normally, highly correlate with common problematic behavioral and emotional symptoms expressed and demonstrated by our clients.
- State three symptoms experienced by clients who have abnormal function in each of the five key areas of the brain.
- State two common prescription medications and two natural remedies for each area of the brain that appears to be having difficulty, based upon symptoms expressed by clients.

UPCOMING EVENTS

Aging and Long Term Care Training

Fridays in October in Sun City.

Family Services Association is offering an opportunity for 3 hours of CEUs on Aging and Long-term Care each Friday in October, from 1-4pm. We are holding a Care-Givers Academy covering topics related to Aging and Long-Term Care. Speakers vary weekly. Trainings are held in our Senior Center in Sun City and cost only \$30/day. Call (951) 672-9673 to reserve your spot or for information.

Nonviolence Training "Creating a Culture of Peace"

October 17-19, 2008

Friday 6-9 pm, Saturday 8am-8pm, and Sunday 12-5 pm
South Pasadena

Alternatives to Violence Project's (AVP) workshops empower people to lead nonviolent lives. Enjoy a hands-on, activity based experience and connect deeply with others — laugh, share, and listen while learning new ways of approaching disagreements and of reducing conflict in your family, relationships, and workplace.

\$25-100 as you are able to pay (*not* a CEU class); includes materials, training, and a simple supper on Saturday. Call re: scholarships or information, Andrea, 951-347-8759, or email andrea briggs1@yahoo.com. See the AVP website, <http://avpcalifornia.org>

Free Parenting Forum in Temecula, "Today's Decisions = Tomorrow's Results"

Featured Speaker Clay Roberts

Tuesday evening, October 21, 2008

Call to RSVP, 951-320-1370, or see

<http://www.alternativestodv.org/aboutus/events.html>
to register

CALAPT Conference — Call for Volunteers

Deadline October 30, 2008

The California Association for Play Therapy needs volunteers for the 2008 Annual Southern California Regional Play Therapy Conference, Friday and Saturday, March 13 - 14, 2009 in Rancho Cucamonga. Volunteers will have their registration fees waived, but they must pay for their lunch (\$20) and be members of APT. Contact Ryan Froelich before October 30, froelich95@gmail.com

Redlands Psychodrama Classes Expanding

Twice weekly meetings at 7:30 p.m.

In October,

Thursdays in the Wesley Lounge *and/or*
Fridays in the Youth Room,
at the University United Methodist Church,
940 E. Colton Ave., Redlands.

Schedule may change in November; call for details.

Free to attendees. Guests welcome. CEU and psychodrama credits available.

For information, contact Don Miller at (909) 798-2765

Reactive Attachment Disorders Trainings

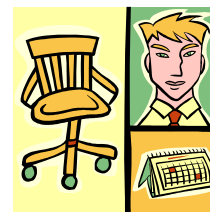
November, the 11th and 12th in Irvine, and the 13th and 14th in San Diego. Featuring Eric Guy, MSW, LSW. Contact CMI Education, 1-800-726-3888.

CALLS for RESOURCES

- Therapists wishing to donate counseling services to veterans may do so by accessing www.giveanhour.org. Veterans receive services provided pro bono by the therapist and, in exchange, the veteran chooses from a list of community agencies where they may volunteer their time.
- If you have experience treating families with military service (with or without PTSD expertise) call or email State CAMFT to provide contact information and services you provide.
- Mental Health Network Government Services is also recruiting professionals as Marriage and Family Life Consultants. Go to <http://www.camft.org/mhnservices.htm> for more information.

Childhood Grief and Traumatic Loss

Conference in Los Angeles, March 26, 2009—information at <http://ican-ncfr.org/documents/Grief2009SaveTheDate.pdf>



CLASSIFIED ADS

Trauma and Dissociation Therapy Training

Would you like to effectively and efficiently treat acute and chronic trauma and dissociation? Patrick Poor is organizing a 40 CEU training now. CEU provider #PCE2329 Call 951-818-6058 today for more information.

Office Space Available — Claremont

Share office in Claremont. Other office in suite is occupied by Psychologist. Nice quiet location. Newly painted and carpeted. Includes waiting area. For more information contact: Michelle Donaldson, MFT at (951) 522-6766.

Volunteer MFT Intern — Claremont

Needed immediately for Claremont Unified High School seeing students during the school day until June. No pay but lots of hours. Flexible schedule available. Contact Catherine at ccaporal@aol.com

Office Space Available — Redlands

521 W. Citrus Ave., Redlands—Small house in downtown Redlands on the West side of the Mall. The house has two offices, a small waiting room, kitchen, secretary/copier/filing area, and bathroom. Office for rent is 11'3" X 15'3". The house is networked for computer, fax/ copier/printer/scanner in the secretary's area. Pleasant yard with trees. Clients seem to enjoy the "homey" atmosphere. Parking for two clinicians. Not much traffic, so good sense of privacy for clients. Single renter preferred. Sublet possible. Call Beth McGuire at (909) 793-7064 or (909) 831-6377.

CLASSIFIED ADS

Office Space Available — Corona

Serene private inner office for lease in Corona with waiting room, utilities included, and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066.

Therapist Needed — Hemet

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680.

Olive Branch Counseling — Rancho Cucamonga or Riverside

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030.

Licensed MFT, LCSW, or Ph.D. — Apple Valley

For clinical position in Apple Valley, CA. Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511 or call Nancy Hirst at (760) 946-2070.



DISPLAY ADS RATES

BUSINESS CARD SIZE:

MEMBERS: \$10, NON-MEMBERS: \$20

¼ PAGE: MEMBERS: \$20, NON-MEMBERS: \$40

CLASSIFIED AD RATES: Members: free

CLASSIFIED AD RATES: NON MEMBERS:

ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF - \$90

12 MONTHS: 40% OFF - \$144



Redlands Office Space ~Furnished or Unfurnished~

Peaceful and stylish furnished inner office for lease in Redlands—with waiting room, and utilities included. Easy I-10 freeway access. The office can be used 7:00 to 10:00 mornings, all day Fridays, and weekends, at \$65/day. Another office in the suite is unfurnished and available for full time use at \$600/month—utilities and waiting room included. Call (909) 226-5541

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Liz Scudder @ Escudder4@aol.com, (562) 335-7167 – Mobile
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For more information...

Cell: 714-454-1030

E-mail jasaha@charter.net

www.gementalhealthinfo.com

**Support Services
For Mental Health
Providers**

Paid MFT Internships

Fulltime positions with Temecula area residential treatment facilities for male/female populations, ages 6-17.

Supervision and training provided. Paid vacation and medical/dental benefits.

Contact Bob Weck at 1-800-404-5516, ext. 213 for details

MEMBERSHIP INFORMATION

Membership to the Inland Empire Chapter of CAMFT requires a membership to CAMFT—there are multiple benefits to belonging to both.

For more information on membership benefits or how to join, see page 7, or contact Pam Hart or any board member for assistance. Phone numbers are on the first page of the newsletter.

Dues were due in April, so if you have not renewed, your newsletter may be discontinued.



Interns and Trainees, Please “ASK BEN”

The Board encouraged Ben Zinke to establish a pre-licensed exchange in the newsletter, giving interns and trainees a forum to discuss issues they often face.

Please email your questions to Ben at ztherapist@gmail.com



Law and Ethics Training — *Save the Date!*

Friday, February 29, 2009, 8:30 to 4:30

“What Does the Law Expect of Me, Part IV”*

by Dave Jensen, J.D., CAMFT Staff Attorney since 2002

6 CEUs available, hosted by IE-CAMFT. Contact Ruth Dusenberry for more information, (951) 961-4792

*Please note that although this is an advanced class, attendees are not required to have attended Parts I through III to attend Part IV



MEMBERSHIP APPLICATION
Inland Empire - CAMFT

Name and Degree _____
Address _____
City _____ State _____ Zip Code _____
Telephone Number () _____ Fax Number () _____
E-Mail Address _____
Business Name _____ Business Telephone Number () _____

CHECK ONE: _____ New Member, IE-CAMFT _____ Renewal, IE-CAMFT

CAMFT Member# _____ _____ Active _____ Inactive

MEMBERSHIP CATEGORIES (CHECK ONE)

_____ Clinical (Licensed).....\$40
_____ Pre-licensed (Trainee, Intern, Social Worker Associate.....\$25
_____ Associate (Licensed in a related mental health field).....\$40
_____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

Must be a member of CAMFT to join the local chapter, (unless Affiliate member)

Dues are paid annually in **April**. **MAKE CHECKS PAYABLE TO IE-CAMFT**

Send this form with check to: Inland Empire Chapter of CAMFT
9708 SVL Box
Victorville, CA. 92392



IF YOU ARE A MEMBER OF CAMFT,
YOU MAY JOIN OUR LOCAL CHAPTER.

BENEFITS INCLUDE:

- Networking
- Free 2 CEU 's at 9 Monthly Meetings. Reduced Cost for 6 CEUs for Law and Ethics
- Staying Connected to Other Therapists
- Low Cost Advertising
- Developing Peer Relations and Being Less Isolated
- Giving and Receiving Consultation and Referrals
- Becoming More Educated

IE-CAMFT Mission Statement

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.



INLAND EMPIRE CHAPTER OF
CAMFT NEWS

Inland Empire—CAMFT
9708 SVL Box
Victorville, CA. 92392

We're on the Web!
www.ie-camft.org

***This newsletter is emailed
to all members unless a
hardcopy is requested.***

COMMITTEE POSITIONS

Membership: Pam Hart – (760) 900-3852 and
Ginger Gabriel – (909) 338-6968

Hospitality: Open

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Heather Bryga – hbryga@familyservicerivca.org
or (951) 686-3706

Program Chair: Sheri Rambarose – (951) 778-3970 and
Garry Raley – (951) 640-5899

CEU Coordinator: Carolyn Dodd – (951) 212-5008

Trauma Response Network Chapter Coordinator:
Carolyn Dodd – (951) 212-5008

Webmaster: Garry Raley – (951) 640-5899

If you are interested in serving on a committee, please contact James Billings
or any board member.

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(California Assoc. of Marriage & Family Therapists)
9708 SVL Box
Victorville, CA 92392