

THE PROFESSIONAL EXCHANGE



INLAND EMPIRE CHAPTER OF CAMFT

(California Association of Marriage Family Therapists)

SEPTEMBER 2007

MONTHLY MEETING

September 28, 2007

Coffee and Networking: 8:00 am
Program: 8:30 am - 10:30 am

Loma Linda Marriage & Family Therapy Clinic
164 W. Hospitality Ln. Suite 15
San Bernardino, CA. 92408

CAMP GOOD GRIEF: TRANSFORMING TRAGEDY INTO HOPE

**Presented by: James C. Billings. Dorothy Clark Brooks. Dinah Evans
and Sarah C. Stuchell**

James Billings, Ph.D., LMFT, has been instrumental in the acclaimed "Camp Good Grief" program. He and his colleagues will use their experience and special skills to inform and provide practical techniques that will assist therapist in working with these circumstances.

The death of a parent or sibling can be a traumatic experience for children. This special presentation for IE-CAMFT will emphasize interventions and techniques that may be used by practicing professionals.

Goals:

1. Explain the process of developing and implementing a grief camp.
2. Review interventions and techniques used at camp.
3. Report data from research on the camp.
4. Provide skills, knowledge and information that may be used by therapists in practice.

Two (2) hours CEUs (free for members - \$10 for non-members)

BOARD OF DIRECTORS

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INSIDE THIS ISSUE:

| | |
|----------------------------------|----|
| PRESIDENTS MESSAGE | 2 |
| NEW MEMBERS TRAUMA NETWORK | 3 |
| ANNOUNCEMENTS | 4 |
| SPECIAL WORKSHOP FOR IE-CAMFT | 5 |
| PRE-LICENSED EXCHANGE | 6 |
| ADVERTISEMENTS | 10 |
| MEMBERSHIP FORM | 11 |

CHAPTER EVENTS TO REMEMBER

| | |
|--------------------|--|
| September 28, 2007 | Good Grief - Working with Children by James Billings, PhD. |
| October 26, 2007 | TBA |
| November 30, 2007 | Emotionally Focused Therapy with Couples by Mary Moline |
| December 7, 2007 | Annual Christmas Party—Lunch and Gift Exchange |
| January 25, 2008 | Significant events for MFTs by Mary Riemersma, Executive Director, CAMFT |
| February 23, 2008 | Annual Law and Ethics workshop by David Jensen, CAMFT |
| March 23, 2008 | Court Dispute Resolution Services by Hiram Toro-Rivera |



Greetings,

There is a hint of fall in the air. That means the "devil" winds will be here soon. As I write this, the fire is still north of Big Bear and may be controlled soon if the winds cooperate.

The winds of change buffet our profession. The "professional counselor" license is all but assured. Our state representatives lobby long and hard for our profession. Now we prepare for the submittal process to be "grandfathered" in. I'm familiar with the grandfather role for Caleb, Lia and Joshua. I doubt the PCL will bring as much excitement or joy. Still, I appreciate the recognition for us that our state representatives have garnered.

*So what does this mean to current Pre-licensed MFTs? That is negotiated and organized, too. Maybe our new page for Pre-licensed members will become a conduit for information. Please make a special note to check out page 6 of this newsletter. It is the inaugural event of dedicating a special page for trainees and interns. Board Member, Ben Zinke, has committed to seek answers and information for the standard bearers of our profession's future. Thank you **Ben!***

*Another change is our program for November. Please note that **Mary Moline** will be presenting on Emotionally Focused Therapy with Couples on November 30th. **Sheri** has been working to set this program for a year. Mark your calendar.*

One last area of change is blowing from AAMFT. Not only are they holding their conference in Long Beach, but a group is trying to get started in the IE (see page 7). Our local chapter board has decided that we will attempt to avoid the relationship conflicts that oft plague the larger parent organizations. We wish to take the high road. Our intention is to coordinate in a manner with the group so that our members get what they can from both. One example may be that we meet on different days. That may allow some members to network with those days and times. All the better. This board and IE-CAMFT intends to provide all we can as well as possible. If your needs are better met elsewhere, that is the important criteria. Personally, I'll check out both.

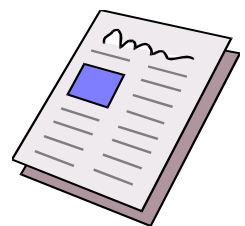
So I'll be seeing you on the 28th!

Garry

PRESIDENTS
MESSAGE

NEWSLETTER ARTICLES

As a reminder, if you have an article you would like to submit to the newsletter, please e-mail it to the newsletter editor by the last day of the month. Send to garal@sbcglobal.net The newsletter is e-mailed (unless a hard copy has been requested) to all members.



TRAUMA RESPONSE NETWORK

Thinking about joining the IE-CAMFT's Trauma Response Network?

If you are interested in donating your time and energy please consider if Trauma Response is right for you. We have available a private survey to help you – with your own decision making process. Trauma response is not for everyone and we all have times in our lives or with families when the timing does not work. We can help by providing this aid to you for your own use.

However, if you think you might be ready (with training) there is a definite need. The following statistics highlight the need:

Following the Oklahoma City Bombing –

8898 individuals received psychological first aid or support group services

53 people received counseling for every one death (mathematical ratio)

186,000 people received additional services* –

Contacts by outreach workers

“Debriefing” sessions

Educational services

Trial support services

* Mathematically, this number equals about 1000 mental health contacts per death. (1)

If you are not ready to commit but you are interested please send an email to:

cdodd@ie-camft.org

Email is the most efficient method of responding – cuts down on phone tag, I can send the same message to several at once, and all get the benefit of each other's questions/ comments.



MEMBERSHIP INFORMATION

Membership to the Inland Empire Chapter of CAMFT requires a membership to CAMFT. There are multiple benefits to belonging to both. For more information on membership benefits or how to join, contact Pam Hart or any of the board members for assistance. Phone numbers are on the first page of the newsletter.

Welcome New Members

Sandi Wasserman

Cecile Girgis

Jim Rogers



Give An Hour

Therapists who wish to donate counseling services to a veteran may do so by accessing www.giveanhour.org. Veterans receive services provided pro bono by the therapist and in exchange the veteran chooses from a list of community agencies where they may volunteer their time.

Aging and Long-Term Care

Three (3) hours CEU Opportunity
 September 28th, 2007 9am to 12pm
 At Family Service Association of
 Riverside County, Moreno Valley
 (951) 686-3706

Fee is \$25

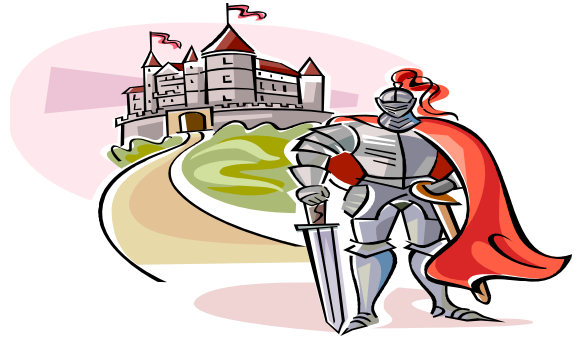
Please RSVP to 21250 Box Springs Road,
 Moreno Valley Ca 92557

(951) 686-3706



CALL for RESOURCES

If you have experience treating families with military service (with or without PTSD expertise) call or email State CAMFT to provide contact information and services you provide.



HELP WANTED

IE-CAMFT NEEDS YOU!

HAVE YOU NOTICED THAT BOARD MEMBERS ARE DOING DOUBLE-DUTY? ARE YOU WILLING TO HELP? PLEASE SIGN UP FOR ANY OF THE FOLLOWING BY CONTACTING GARRY RALEY OR ANY BOARD MEMBER:

SECRETARY

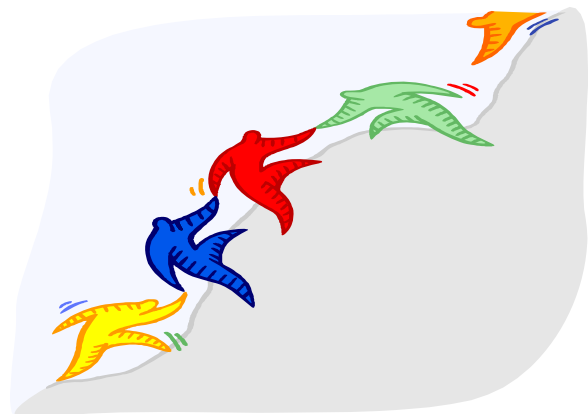
NEWLETTER

ADVERTISEMENTS

PROGRAMS

SPECIAL PROJECTS (e.g. Law and Ethics)

YOU DON'T NEED PRIOR EXPERIENCE. CURRENT OFFICERS WILL WORK WITH YOU TO TRANSITION. PLEASE STEP UP FOR THE CHALLENGE TODAY.



SAVE THIS DATE

September 28th - 8:30 am to 10:30 am

WORKSHOP

CAMP GOOD GRIEF:

TRANSFORMING TRAGEDY INTO HOPE

Friday, September 28, 2007

8:30 am - 10:30 am

Presented by **James C. Billings**
 Dorothy Clark Brooks
 Dinah Evans
 Sarah C. Stuchell

The death of a parent or sibling can be a traumatic experience for children. When children fail to confront and deal with their grief, they are more susceptible to making choices that lead to aberrant lifestyle behaviors, such as substance abuse, violence and criminal activities. This workshop will discuss the process of developing and implementing a grief camp, interventions and techniques used at camp, and outcome data collected.

This special presentation for IE-CAMFT will emphasize interventions and techniques that may be used by practicing professionals.

ATTENDANCE - FREE

CEUs: 2 Hours

Free for IE-CAMFT Members - \$10 all others

LOCATION: Loma Linda University, Marriage and Family Therapy Clinic
164 West Hospitality Lane
San Bernardino, CA 92408



NEW

IE-CAMFT PRE-LICENSED EXCHANGE

NEW

My name is Ben Zinke and I'm a pre-licensed board member at large for IE-CAMFT. The board is interested in starting up a pre-licensed section of the monthly newsletter. The purpose of the Pre-Licensed page will be to give interns and trainees a forum to discuss issues that they often face.

We have considered having a question/answer section called "Ask Ben" in which interns can write in with any questions they have. We expect that there would probably be many legal and ethical questions in the "Ask Ben" section, but we would also be interested in any other issues that trainees and interns may be interested in. We would also like to incorporate any suggests that you have regarding this matter. This is an example of what "Ask Ben" will look like.

Dear Ben,

What's the best way to get a lot of hours for licensure?

Jonathan

Dear Jonathan,

Getting a lot of hours is easier in a job that has a captive audience. School sites and retirement homes that offer therapy are excellent examples of these kinds of jobs. You don't have to worry about no shows, because even if your client is not there you can see someone else. The beauty of this is the fact that you can count just about every hour you spend at work towards your license which, as you may have noticed, does not happen often enough. However, I would caution against getting all your hours at one location no matter how convenient it might be. Not only do you want to have a number of jobs on your resume, but also a number of experiences under your belt and of course, quality supervision from a few well trained therapists.

Ben

MY QUESTION OR SUGGESTED TOPIC FOR BEN:

Send to IE-CAMFT or email Ben at ztherapist@gmail.com

AAMFT-CA INLAND EMPIRE DISTRICT

Save the Date: November 2, 2007

From Noon to 3 p.m.

Registration via the web available soon.

Emotionally Focused Therapy

Rebecca Pack Jorgensen, PhD

Certified EFT Supervisor/Presenter

2 hours CE

For more information call, 800-662-2638

\$25 Members, \$15 Students, \$35 Non-Members

- Door prizes!
- Lunch
- Networking Opportunities
- Job Postings

California Baptist University

San Bernardino Campus

225 W. Hospitality Lane, Suite 108

San Bernardino, CA 92408-3244

909-890-5710



**American Association for
Marriage and Family Therapy**

*Advancing the Professional Interests
of Marriage and Family Therapists*



**11th Annual Inland Empire Domestic Violence Conference
Friday, Oct. 19, 2007**

**UCR Extension
1200 University Ave.
Riverside**

This one day conference focuses on enhancing the delivery of services for victims and perpetrators of domestic violence. The conference is designed for social workers, counselors, physicians, MFT's shelter workers, victim advocates, law enforcement personnel, nurses, mental health counselors and other helping professionals.

6 CEU

Fee: \$110 (includes lunch and parking)

Early Bird Registration \$95 (before Sept. 19)

For more information, call 951.827.5804 or email sciences@ucx.ucr.edu

CAMFT's Fall and Winter Workshop Series—Thought Leaders in Mental Health

Oakland—Nov. 2-4, Registration Deadline Oct. 15

Los Angeles—Jan. 11-13, Registration Deadline Dec. 30

Topics:

How to Build a Full and Rewarding Fee for Service Private Practice

Bridging the Gap: Emotional and Relationship Aspects of Pituitary Tumors and Neuroendocrine Disorders

Emotionally Focused Couples Therapy EFT: An Attachment Approach to Relationship Issues

Pharmacotherapy: Integrating New Tools in Practice

Untangling the Web: Understanding and Treating Sex and Pornography Addiction

MFT's in Public Mental Health: Rewards and Challenges

Children and Teens: Assessing Violent and Non-Violent Behaviors

Introducing What Does the Law Expect of Me? Part III

Call 888-892-2638 for details

IE-CAMFT always attempts to provide reference material for subjects to be presented. As our program for September is on Grief Work with children, I was referred to "LIVING WITH GRIEF: CHILDREN, ADOLESCENTS, AND LOSS", edited by Kenneth J. Doka and supported by the Hospice Foundation of America. Unfortunately, the copyright does not permit us to provide sections of the book. Upon reading chapters six and seven, I was inspired by the contributions.

In chapter six Rabbi Earl A. Grollman writes on the subject of "To Everything There Is A Season: Empowering Families and Natural Support System". He references the third chapter of Ecclesiastes and focuses on the board effects of a death in a school or community. Rabbi Grollman emphasizes the uniqueness of each person's experience and notes that the seasons of grief may include in no predictable time and sequence:

...a time to **CONFRONT ONE'S OWN FEELINGS**
PLAN
TALK
LISTEN
CRY
LAUGH
REACH OUT TO PARENTS AND SIBLINGS
ADDRESS PARENTAL CONCERNS
FAREWELLS
SUPPORT GROUPS
PROFESSIONAL HELP
REMEMBERING

In Chapter seven Play Therapists, Nurses and Professional Counselors, Dottie Ward-Wimmer and Carol Napoli, write about "being there" with adolescents and Children. They share examples of skills needed by therapists to create the best opportunity for the grieving child. They note the importance that therapists address such questions as:

What is dead?

Did I cause it?

Who will take care of me now?

Am I going to die, too?

Who am I now that I've lost this?

These are some of the issues that make therapists effective and valuable. I look forward to seeing you with our special program on September 28th as we garner skills and enhance strengths to be the therapists children need.

Review submitted by Garry L. Raley

**CLASSIFIED ADS****Office Space**

Serene private inner office for lease in Corona with waiting room, utilities included and easy freeway access. Can be used evenings and weekends. Other office in suite is occupied by an MFT. \$500 month (909) 687-6066

Therapist Needed

Inland Psychiatric Medical Group, Hemet Work 3-5 days each week. Primarily adolescent and adult clients. Current insurance panel membership preferred. Contact: Suman Mudunuri, M.B.A. (951) 652-8107 Office (951) 776-7680 Cell

Olive Branch Counseling

Certified DV or Licensed MFT (insurance panels preferred) for cases in Rancho Cucamonga or Riverside. Contact Ken Olson (909) 989-9030

Licensed MFT or LCSW

For clinical position in Apple Valley, CA Managed care and EAP work. Practice setting with ownership possibilities. Must be licensed 2 years. Fax resume to (760) 946-1511

Kaiser

Qualifications: Master's degree in a related behavioral health field required. A minimum of two (2) years supervised and related (Adolescent, Codependent or Family, as applicable) work experience in the field of chemical dependency treatment required. If recovering from chemical dependency, must have three (3) years continuous sobriety at time of hire, and must maintain continuous sobriety as a condition of employment as a CDRC Counselor. Preferred Qualifications: Bilingual (English/Spanish) preferred. LCSW or LMFT preferred. If unlicensed, ASW/MFT Intern preferred. If unlicensed, will consider successful completion of a KP internship in lieu of experience. Basic computer skills. Notes: Schedule may vary according to department needs including day, evening, weekends, and holidays. This is a Repost of FN.0700937. Sound Interesting? <http://kaiserext.kaiserpermanentejobs.org/joblist.html>

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Contact:

Liz Scudder @ Escudder4@aol.com

(562) 335-7167 – Mobile

(951) 778-0149 - Office

Office Space

Furnished office space available, Fri & Sat. \$65.00 a day. Unfurnished small office \$600.00 a month, A Redlands location near the Citrus Plaza

Call (909) 226-5541

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\$10 \$20

1/4 PAGE:

\$20 \$40

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ONE MONTH: \$20

3 MONTHS: 10% OFF \$54

6 MONTHS: 25% OFF - \$90

12 MONTHS: 40% OFF - \$144

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MEMBERSHIP APPLICATION

Inland Empire - CAMFT

Name and Degree _____

Address _____

City _____ State _____

Zip Code _____

Telephone Number () _____ Fax Number () _____

E-Mail Address _____

Business Name _____ Business Telephone Number () _____

MEMBERSHIP CATEGORIES (CHECK ONE)

_____ Clinical (Licensed).....\$40

_____ Prelicensed (Trainee, Intern, Social Worker Associate.....\$25

_____ Associate (Licensed in a related mental health field).....\$40

_____ Affiliate Practitioner in another field (e.g., RN, Attorney).....\$40

CAMFT Member # _____

Must be a member of CAMFT to join the local chapter, unless Affiliate member)

Dues are paid annually in **April**. MAKE CHECKS PAYABLE TO IE-CAMFT

Send this form with check to: Inland Empire Chapter of CAMFT
9708 SVL Box
Victorville, CA. 92392



IE-CAMFT Mission Statement

We are professional visionaries dedicated to providing training, networking and advocacy for Marriage and Family Therapists to promote healthy individual, couple and family relationships.



INLAND EMPIRE CHAPTER OF
CAMFT NEWS

Inland Empire—CAMFT
9708 SVL Box
Victorville, CA. 92392

We're on the Web!
www.ie-camft.org

COMMITTEE POSITIONS

Membership: Pam Hart- (760) 900-3852

Hospitality: Pam Hart – (760) 900-3852

Networking Lunches/Socials: Wendy Hallum – (909) 239-8051

Newsletter Editor: Garry Raley (951) 640-5899

Program Chair: Sheri Rambharose – (951) 778-3970

Webmaster: Patrick Griffiths- (909) 338-8253

If you are interested in serving on a committee, please contact Garry Raley or any board member

Get involved! It's fun and your input helps the chapter stay strong.

Inland Empire Chapter of CAMFT
(California Assoc. of Marriage & Family Therapists)
9708 SVL Box
Victorville, CA 92392